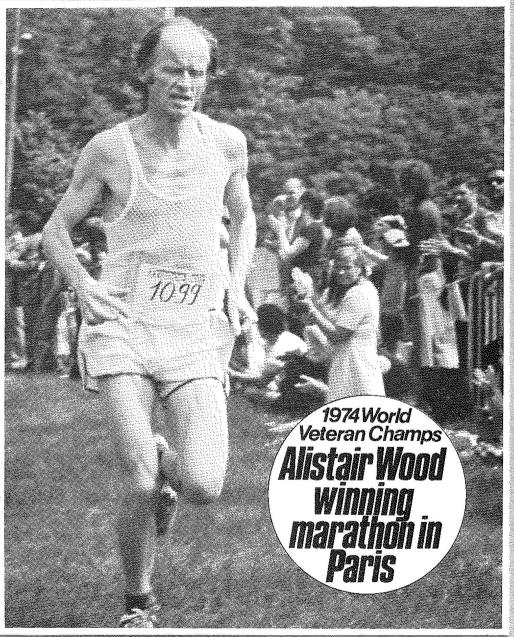
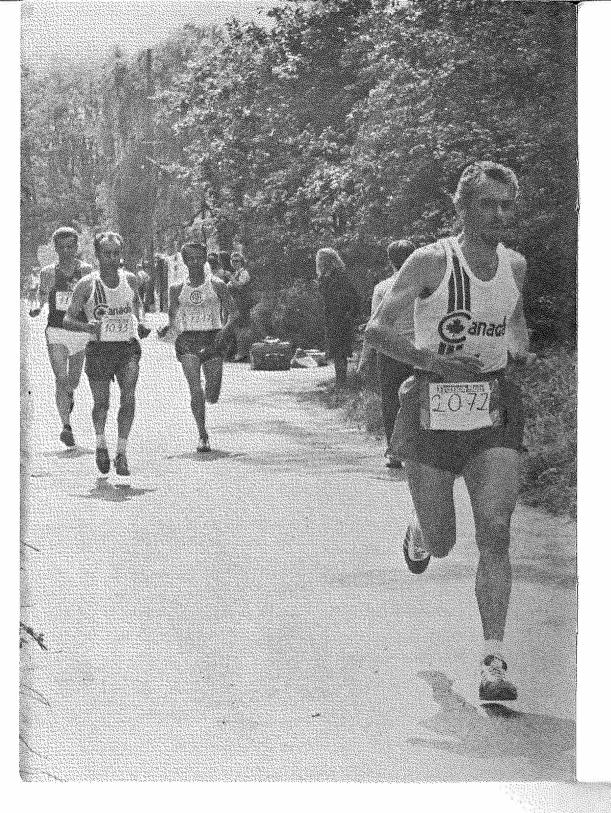
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THE MAGAZINE OF THE ASSOCIATION OF Veteran Athletes

JULY 1974 30p



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Frontispiece: (Photo by Jaffré "Miroir de l'athlétisme"). A. Taylor (Canada) leads Doyle (Canada), Holmroos (FIN) and Van Alphen (HOL) 1217 in World Vets Marathon.

FIXTURES

Aug	3	A.A.U. Masters U.S.A.15km road running
		champs, Michigan City, Indiana.

- Aug 11 British Veterans Track & Field Champs Copthall Stadium, Hendon. Entries—20p per event to G. Harrison, 75 Gallows Hill Lane, Abbots Langley, Herts.
- Aug 11 Sierre-Zinal 27 Km (1850 m ascent) 6 am start. Classes 40-49, 50+ Teams: 5 to run, 3 to score. Office du Tourisme, 3961 ZINAL, Switz.
- Aug 31 Crawley AC 10 miles road race.
 All classes. Entries to:— J. Cook
 15 Johnson Walk, Tilgate, Crawley, Surrey
 Fcc, 25p + s.a.e. Teams (3 to score)
- Aug 31 A.A.U. Masters 50km road running champs, Seattle, Washington, U.S.
- Sept 7 South London Harriers 30 miles (See advert, p. 54)
- Sept 7 London to Brighton Walk.
- Sept 14 Southern Counties Marathon Champs, Copthall Stadium, Hendon.
- Sept. 28 2nd Half Marathon of Charenton—St. Maurice. (Classes 1, 2 and 3). Entries to:
 René Villeneuve, 32 Avenue Léon Maurice
 Nordman, 94360—BRY S/Marne, France.
- Sept 28 Highgate Harriers Veterans Cross Country Relay, Parliament Hill Fields.
- Oct 26 Veterans A.C. Marathon Champs, Harlow,
- Nov 2 A.A.U. Masters 50 miles road running Champs, New York, U.S.A.

Nov 9 A.A.U. Masters 25km road running Champs, Tulsa, Oklahoma, U.S.A.

- Nov 16 A.A.U. Masters country Champs, Los Angeles, California, U.S.
- Dec 20-31 U.S. Masters I.T.T. Christmas Tour-Florida & Jamaica. Tour extension to Ian 12th. Details from David Pain.

1975

- y 23 U.K. visit by members of Masters Sports Association (New York)
- June 1 Track meetings provisionally planned for Leamington & Parliament Hill Fields. Midweck Cross Country at Parliament Hill Fields.
- Aug 11-16 First World Masters Track & Field Champs, Toronto.
- Aug 17 Marathon & 25km Walk, Toronto Island, Canada. Details of touring party from Jack FitzGerald, 6 Tyers House, Aldrington Road, London S.W.16.
- Sept 15 8th World Best Veteran Long Distance
 Runners Competition over 25km at Lake
 Yamanaka, Yamanashi Prefecture Japan.
 Entries 3000 Yen (approx £4) to Nippon
 Turtle Ass. Tokyo C.P.O. Box No 1137,
 Japan by 20th July 1975.

1976

9th World Best Veteran Long Distance Runners Champs. Marathon at Coventry. Details from Jack Selby, 15 Tamworth Road, Coventry.

AREA & NATIONAL ORGANISERS

GREAT BRITAIN

Southern Vets: Fred Cuthbut, 37 The Meadway, Cuffley, Potters Bar, Middlesex. Midlands Vets: Jack Selby, 15 Tamworth Road,

ds Vets: Jack Selby, 15 Tamworth Road, Coventry, Warwicks.

Northern Vets: Norman Ashcroft, 16 Davids Ave., Lane Ends, Warrington, Lancs.

Scottish Vets: Walter Ross, 10 Thornley Ave., Glasgow, W3.

N. Ireland Vets: E. Johnston, 126 Ballygomartin Rd., Belfast 13-3NE

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Editorial

AN INTERNATIONAL VETERANS FEDERATION?

As each issue of VETERIS is prepared for publication and news comes in from all parts of the world, it becomes more and more apparent that the growth of veteran activity is fast outstripping the few efforts being made by the establishment to cater for its needs.

The friendly 'open house' attitude to sport displayed by veterans has produced such a response that major competitions are already experiencing difficulty in handling the numbers of entrants. The Isle of Man in 1973 and Paris in 1974 both had their problems. Will Canada and Japan in 1975 and England (Coventry) in 1976 learn from those experiences and be able to produce enough officials to make their organisation foolproof? The international veteran community is entirely in the hands of the local organisers on such occasions, as there is no official body to approve or disapprove the arrangements. Is this a satisfactory situation? Would such a body have permitted the Paris marathon to be run on so many miles of uneven forest

The German Association of Long Distance Runners did a service to veterans when they initiated their bi-annual 'championships' at 25km and marathon. The venues for these events have, so far, been agreed amicably amongst a few of the European nations. This year there were misunderstandings and the seeds of dispute before Japan was accepted for 1975 and Coventry for 1976; with Switzerland missing out. But unless the international 'set-up' is rationalised chaos will ensue as more and more national bodies become involved. The U.S. and Canadian Masters have taken it upon themselves to provide for the track and field fraternity what the Germans did for the distance runners and walkers—a World Championship in Toronto next year. Included is a marathon and a road walk. How do the Germans view this? And does it not suggest that the two organisations should get together?

There is no doubt that our pace of expansion calls for a World Veterans Federation of some sort and the logical place to hold an inaugural congress is at Toronto next year. If necessary, and to ensure full representation, some of the sponsorship money could possibly be spent on subsidising the travelling expenses of each national delegate. It is particularly vital that the non-English speaking world is well represented so that any resulting federation is not regarded as the mouthpiece of the Americans, Canadians, Australians, New Zealanders and British.

There are many aspects of competition and organisation which need regularising before National bodies become too firmly entrenched in their own rules. We must do all we can to avoid schisms within our ranks and this is best done by formulating rules which are in keeping with the nineteen-seventies and reflect the desires of veteran athletes everywhere. An international federation could achieve this object.

Here are some areas for consideration by such a body:-

- 1 Are we to be "Masters" or "Veterans"?
- Is the entry age to be 40? If so, what provision will be made for the 'pre-Vet' or 'sub-Master' groups?
- 3 The age groupings. Should they be called Divisions or Classes; in 10 year or 5 year groups; and how numbered or lettered?
- 4 Should exact date of birth, or year of birth, decide a veterans age?
- Events should not necessarily follow the Olympic programme. Which events are reasonable for each class of veteran and which hurdle heights or implement weights should obtain?

(Continued overleaf)

- 6 Should women's events be included in the programme and, if so, how many and for what ages?
- 7 How often should 'World Championships' be held and should each venue be decided at the previous event?
- Should the Federation embrace cross-country and road racing as well as track and field, or should the Association of Veteran Long Distance Runners—and possibly an international R.R.C.—continue to handle the non-track events?
- 9 How would such a Federation function; what would be the voting powers of member nations and how would international officials operate?
- 10 Looking well ahead. Do we wish to develop the Olympic concept, administering multiple sports, or merely restrict ourselves to track and field?

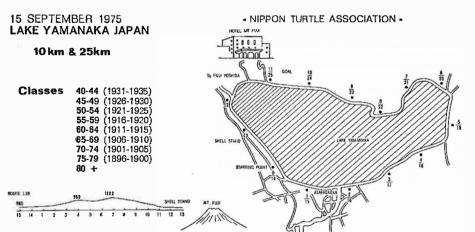
No doubt there are many more areas for consideration that will come readily to the minds of readers. Those who are interested in the proper administration of our sport are invited to write to the Editor who will pass their views on to the Toronto organisers and publish a selection of letters in the next issue. If you are an active veteran your future plans are affected.

IOIN IN THE DEBATE AND LET US HAVE YOUR VIEWS-NOW!

At a meeting in Draveil, France, held after the Championships on May 19th, it was decided that as the original host country, Switzerland, had had to back out for 1975, next year's Championships be allocated to Japan, and 1976 to be held at Coventry as originally planned. This is going to be a little difficult from the British standpoint, as many had planned to go to Switzerland in May and Canada in August. The date of the Japanese venture (September 15th) makes an extension of the Canadian trip to Japan even more remote. It would be a pity if Britain were not represented, particularly in view of the Japanese participation in past championships, so perhaps some enterprising Vet who is not envisaging joining the Canadian trip may consider taking the project on

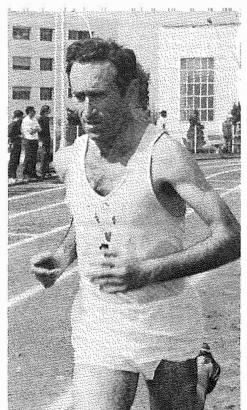
The Japanese brochure looks very attractive. The course skirts Lake Yamanaka at the foot of Mount Fuji, and rises from 960 feet above sea level at the start to 1102 feet at 7 & 21 Kilometres. One complete lap of 14 Kilometres is traversed, then a further 11 Kilometres to finish outside Hotel Mount Fuji. This is about 2 Hours car ride from Tokio, but there is also a fast electric train service. The race is being held at 10 a.m. on a Monday, which is a national holiday. Classes are five year age groups for men from 40 years, and five year age groups for Women from 30 years. Both sexes have an 80 and over section, making 20 classes in all.

At Coventry, Jack Selby is taking bookings now for the 500 places allocated to Lanchester College. Although a committee has been formed among members of Godiva Harriers, Jack would not spurn offers of any additional help, so remembering the entry at Paris, now is the time to write to him offering your services.



VETS NEWS

MANUEL AUGUSTO ALONSO (11-6-30) This one time Spanish International and Record Holder is seen here during a race at La Coruna on May the 19th, when he turned in a fine performance and lowered the World Vet's Best Performance in the 3000m Steeplechase to 9434.4.



Manuel is a Professor of Physics at Vigo and was Spanish Champion from 1956 to 1961. His personal bests were 8:48.6 (S/Ch.), 14:14.6 (5000m) and 3:50.4 (1500m). His record run above was followed on May 23rd. with a speedy 1500m of 4:00.3 at Pontevedra.

HOWARD PAYNE (43) One almost feels embarrassed, in more ways than one, in mentioning that this magnificent athlete is still breaking records and obviously has not retired (as mentioned in issue No. 4). He not only won the Intercounty Championship Hammer title on 27-5-74 for the 12th. time!!!! 66.48–218'-1"...—but on 29th June in Warsaw upped his personal best to 70.88/232'-6".

He continues to represent Great Britain at full international level and his consistency is quite remarkable. Early marks this season are as follows:-

April 20th - Hammer 69.76/228'-10" - Johannesburg
April 24th - Hammer 68.80/225'-9" - Port Elizabeth
" " Shot 14.67/48'-1¼" - Discus 51.62/169'-4" - Pretoria
April 27th - Hammer 68.88/226'-4" - Pretoria
May 22nd - Hammer 67.22/220'-6" - Grystal Palace
May 27th - Hammer 66.48/218'-1" - Unne 29th - Hammer 70.88/232'-6" - Warsaw

GERHARD WEIDNER (40) set a new World 20 miles walk record of 2:30:38.6 in a West Germany v U.K. match at Hamburg on May 25th,

Australia's TOM ROBERTS became a veteran on February 26th and in a matter of weeks he had run 53.6/1:57.5/4:06.5/16:20.0. His 800 and 1500 marks were Aussic records and he threw in a third best with a 4:22.1 mile. Tom is a certain starter for Toronto and is sure to make his presence felt.

THEO ORR, no mean runner during the European tour of Europe in 1972—and often referred to as Jenny Orr's father—has now reached the Class 2 ranks. And what an impact he has made! Fifty years old Theo won the Victorian Vets 1500 in a Class 2 world best of 4:15.0, and just 15 minutes later ran the 3,000 steeple-chase to notch another world mark of 10:23.2. Looks as though Jenny will have to revert to being "Theo Orr's daughter"!

DR KONSTANTY MAKSIMCZYK (GB) (10-6-14) Has made it at last, for on 11th Junc, •ne day after 60th birthday, he consented to use the Class 3 implement and set an age record of 170'9"—a mighty improvement on the old 143'10"—but quite befitting of one who last year (age 59) sent the senior discus out to 150'8" (45.92) for a number one spot on the class one lists!!!!!

HERNAN HADDA (5-10-28) is doing a Howard Payne in Chile—for in April at Santiago he won their DISCUS Championship with a throw of 47.12—154'-7". Later that month he improved his Vets. p.b. to 49.48—162'-4".

ENGLISH INTERCOUNTIES CHAMPIONSHIPS—a trio of prominent veteran performers were Jim Dixon (400mH) 55.6, Sid Clark (Shot) 15.38—50'-5½" and Howard Payne as mentioned above.

You can't keep that man LAURIE O'HARA down! Just as observers were beginning to remark on his unimpressive start to the 1974 track season Laurie (42) popped up with a scintillating 8:24.8 in the Southern Counties 3,000m track championship at Crystal Palace. With that sort of pace he can be expected to improve on his only other track runs this year – a 5,000m in 15:02 and a 10,000m in 31:41.6.

LES BATT (GB 61) hit top form at Copthall Stadium, London, in the Barnet Sports Gala on June 15/16. He won the 200m Class 3 final with a sharp 27.4 secs and then scorched round the full circuit in a World record 61.2, beating by one fifth of a second the former mark held by F. Sjostrand (USA).

OTIS CHANDLER USA (45). Sixth in the 1973 Ranking Lists SHOT (13.92) was one Otis Chandler—the 'Blond Bomber' of the early fifties who often pushed the likes of Parry O'Brien—but never quite made the Olympic Team. They were the days when no one had beaten 60' let alone 70'. Otis ranked 7th in 52 (16.85 55'-3½'') and 11th in 53 (16.41-53'-10'').

ROYAL NAVY A.C. TRIALS 4-5-74—Two new faces to the British Vets scene came to light in S. Robinson who had a fine throw of 51.94—170°-5° in the Hammer and A. Cronin with an equally good 15.5 in the 110mH. Chief Petty Officer Robinson also recorded throws of 40.74—133°8° in the DISCUS and 11.85—38°-10¾° in the SH•T.

SOUTHERN COUNTIES VETERANS A.A.A.

The above body was formed at the Regents Street Polytechnic, London, on 24th June. The inaugural meeting extended a vote of thanks to VETERANS AC which, for 40 years, had provided competition for Southern Veterans. The time had now come though for an Area Association to be formed which would look after the interests of all veterans in the South of England. Competitions and Area Championships would be organised, and negotiations at National level with the Midland, Northern and Scottish representatives regularised, Affiliated athletic clubs would be kept informed of S.C.V.A.A. activities so that their veteran members could enjoy the full benefits of the programme.

The following officers were elected:-

Chairman:
Ilonorary Secretary:
Honorary Treaswer:
Honorary Championslups
Secretary:
Committee:
Dave Dellar (Cambridge H); Wally Hill (Blackheath H);
John Hayward (Woodford Green AC); Ken Roost
(Stevenage & N.H.); Ted Hefford (Orion H.); Alau
Horne (Ranelagh H.); Ron Franklin (Thames Valley H);
Al Rockall (Highgate H) Sylvester Stein (Veteraus AC).

In the U.S. Track & Field Federation's First National Age Group DECATHLON Championship at the University of Wisconsin, (17th., 18th., May '74), outstanding performers proved to be JACK GREENWOOD (48) in Class 1 and BUD DEACON (63) in Class 3. They both achieved good scores over the two days with final totals of 4835 and 4039 respectively.

GREENWOOD'S fine performance was made up of: 100m: 11.8, L.J.: 19'-04', Shot: 26'-9', H.J.: 5'-4', 400m: 53.9, 110 II: (3'-3'') 15.8, Disc.: 76'-10'', P.V.: 8'-6'', Jav.: 100'-7'', 1500m: 5:10.8.

DEACON'S went: 100m: 13.6, L.J.: 15'-84", Shot: 33'.11½", H.J.: 4'-6", 400m: 62.3, 110II: (2'-6") 17.9, Disc.: 105'-9", P.V.: 10'-0½", Jav.: 100'-5", and if that wasn't enough for a great 63 year old he then ran 1500m in 5:17.2--brilliant!

On May 31st. in Raleigh, North Carolina, Bud broke the 60+ class record for the 880 yards when he clocked 2:23.1. His other best marks so far this year are as follows: 200m-28.6; 120yH(36") 19.8; Mile-5:38.4; 440y-62.6; TJ--32'-8"; Discus (1.0kg) 107'-10½"; Jav. (800gm) 103'-3".

GEORGE BROWN (GB 40) celebrated his return to the track scene, after many years in the wilderness, with a fine win in the Barnet 3,000 metres, clocking 8:48.9.

TOM FARREL (41) One time British 400mH. Record Holder is still helping his club out in the British National League with times of around 57/58; performances that seem about to be improved upon.

Those clubs with veterans amongst their members, and who have not yet contacted the S.C.V.A.A.A., are requested to do so now for the benefit of their members.

APPEAL

Thanks to the generosity of our readers we are still able to maintain the standard of VETERIS. As expected, we made a heavy loss on our first year but we intend to put that right by finding more advertisers and by increasing our circulation. If you can put us on to a potential advertiser or can sell a subscription then you will have played a large part in keeping us going.

Since our last acknowledgement list, the following have generously contributed to income.

generously contributed to income.										
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The 7th World Veteran Marathon Championship AND THE 10Km WORLD VETERAN CHAMPIONSHIP

More than 1,000 veterans from 28 nations lined up for the 7th International road running championships for veterans at Draveil, near Paris, on May 19th.

The first event, over a 10,000 metres course, was won by Alfons Ida of Germany; and 39© runners completed the course. The second, and main event, was the marathon which was won by Scotland's Alistair Wood in a time very much slowed by conditions underfoot and the hot sun. Five hundred and seventy runners still managed to complete the course though, which was an achievement in itself as only the first 59 broke 3 hours.

A tremendous amount of time had obviously been spent on the organisation and, in many respects, it was first class. But as so often happens on these occasions it is the race itself and the presentation ceremony which suffer most from any weaknesses in the organisation. Regrettably Draveil was no exception. How the first 50-odd runners in the 10,000 metres race were allowed to go off course is anyone's guess.

The race had cycling pilots and there appeared to be a pointswoman at the critical junction, yet the runners swung left at the roundabout, following a distinct white line which was intended for the later marathon race COMING THE OTHER WAY! Not until they met a surprised pointsman further down the marathon course were they turned back. No one knows why the points-

woman was struck dumb or where the pilots disappeared

The reception could easily have been highly successful, thereby erasing the memories of the day's errors, but that too disintegrated into a shambles as the hundreds of veterans hung around until 11.00 p.m. for their trophies, medals or certificates, some going away with the wrong awards some with none at all. Few knew what was going on as the proceedings were sadly lacking in discipline.

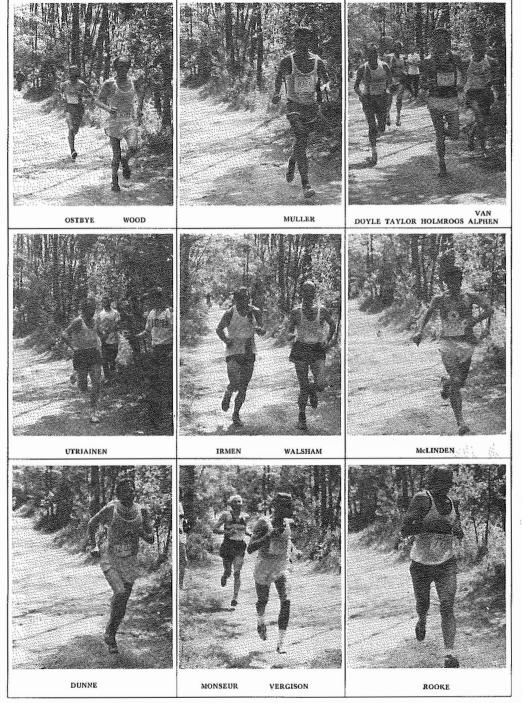
Despite the disappointments of the day, it was a memorable occasion which few would have wanted to miss. The friendship which endures amongst the veteran community truly blossoms forth at these gatherings and each one seems to be a guarantee for the success of the next. We can only hope that the scale does not reach such proportions that thorough organisation becomes impossible.

A field day for the Veteris team

"Just your size sir!" shrieks Seymour Izzard as he prepares to envelope an unsuspecting German with a 'VETERIS tecshirt (the poor chap was only trying to read our magazine too). Al Rockall serves the dual role of model and sales manager, while George Hartison is absorbed in counting the "loot". Paget & O'Hara are baffled by it all. Some shirts are still available (medium & large) at £1.50. The inscription reads "World Veterans Marathon Paris 1974".

Photo: C. Shippen

At 22Km Alistair Wood leads Erik Ostbye. Arthur Taylor 7th behind Dovle, begins to work through the field

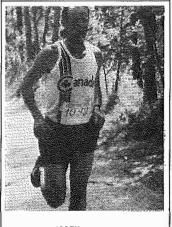


Photographs by Al Rockall and Clive Shippen





DE MEYER



ALLEN

Alistair Wood wins the Paris Marathon

Running in 80 degrees of unaccustomed heat, with a phenomenal Swede dogging his heels for much of the way, Alistair Wood ran out a convincing winner of the 1974 World Veterans Marathon Championship at Draveil, Paris, on 18th May. Wood ran an intelligent race, lying back at the start and hitting the front at halfway to go clear. When Erik Ostbye shook everyone by regaining contact to hang on like a limpet, the Scotsman kept cool and made his decisive break before the turn on the final lap.

"It clearly wasn't a day for a fast time" said Wood, who had travelled down from the cool climate of Aberdeen, "so I let the others make the running to begin with". The time was indeed slower than expected, but considering that 50% of this "Animal marathon", Wood called it, was run over forest tracks with stretches of grass and gravel, it was a wonder he was able to clock a respectable 2:28:41 at all. In fact, only 50 of the 570 finishers ran under 3 hours.

Fortunately, the race started at 10.00 hrs, well before the sun took effect. Over 600 veterans, including a sprinkling of women, raced across the minute stretch of grass in the village of Draveil, took a sharp left hand turn after just 200 metres, and with the crowds clapping and the bunting bobbing set off on the long "road" to the finishing point just 4 Kilometres away.

The finishing area, in green fields, was already enjoying a carnival atmosphere, with sky-diving parachutists undoubtedly having the best view of the race, as the runners weaved their way thro' the cheering throng. A group of about 15 led the field, with most of the favoured runners included; 40 metres back another group led by Arthur Taylor of Canada, were watching the leaders with close attention.

Over the next 10 Kilometres the leading group steadily diminished in size until only Wood and Ostbye remained. Alistair took up the running with an injection of pace, but at 22 Kms they were still together, well ahead of the field. The running order at this point was as follows:

1. A Wood (SCO) 4. B. Holmroos (FIN) 7. A. Taylor (CAN) 2. E. Ostbye (SWE) 5. P. Van Alphen (HOL) 8. M. Utriainen (FIN) 3. H. Muller (GER) 6. J. Doyle (CAN) 9. A. Walsham (ENG)

Alistair Wood wins in style, a delighted Arthur Taylor finishes second and Erik Ostbye (52yrs) is third



Taraino Continue

10, W, Irmen (GER)

11.	C. McAlinden (IRL)	19.	H. Hinderks (GER)
12.	W. Dunne (IRL)	20.	W. Allen (CAN)
13.	W. Vergison (BEL)	21.	J. Milne (SCO)
14.	R. Monseur (BEL)	22.	J. Hagen (AUT)
15.	T. Rooke (ENG)	23.	R. Kerninghan (ENC
16.	P. Amdal (NOR)	24.	M. Rascalon (FRA)
17.	R. Wambst (FRA)	25.	R. Desnoues (FRA)

18. E. de Meyer (BEL)

Wood shook •ff Ostbye for a spell but the Swede fought his way back and Alistair began to wonder what he had to do to dispose of this 52 year old phenomenon. In fact he just worked on relentlessly piling on the pace until the gallant Swede cracked.

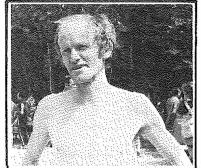
From then on the Scotsman sailed along enjoying the exhilaration of knowing that the title was his. But for Ostbye there was no respite. The hungry Arthur Taylor had ploughed his way through to 3rd place and at the 33 Kms turn saw Ostbye in his sights. Three Kilometres later he burst past the Swede to secure the silver medal, finishing the happiest looking competitor of them all. "Phew! that was the longest cross-country course I have ever run" were his first words after drawing breath!

Forty seconds later a very tired Ostbye ran up the grass finishing straight as though the grass had grown knee high since his brief absence.

Three minutes elapsed before Utriainen of Finalnd appeared in fourth place, spearheading his winning team of Holmroos (7th) and Parkkoten (25th). Ireland's Willie Dunne finished a distressed 5th and was still missing from the Irish party late into the evening. The holder of the title, Arthur Walsham, was a disappointed 6th, but still has a fine record in these championships.

The first three achieved the unique distinction of gaining the category 1, 2 and 3 titles respectively. They had also travelled from much colder climates, finding the 80° heat something of a surprise. "This is the first time this year I have experienced a temperature higher than the fifties" said a perspiring Arthur Taylor as he downed his third ice-cream!

The evening's presentation was, to say the least, chaotic. No one knew what was going on — the right awards were going to the wrong persons and the wrong awards to the right persons. The Canadians were given third place on points whereas the entry form had decreed total time as the basis for team placings, which would have switched the Canadian's to second. But for all the confusion everyone knew that the favourites had proved themselves decisively on the day and nothing could take away from Alistair Wood, Arthur Taylor, Erik Ostbye, Tom Buckingham, John Wall and Thedde Jensen the fact that they were deserving champions.



"I don't care too much for the cult of the personality" said Alistair Wood when we asked him for some details of his career. "I don't exactly object to statistics, but I'd rather see races decided by differential times. After all, it's man versus man really when you get down to it."

Despite those comments the good humoured Wood managed to dig out some interesting stats. for us. They are reproduced here as received.

Date of Birth: 13th January 1933

Nationality: Scottish (occasionally British!)

Occupation: Lecturer

Family: One wife and 3 children (Wouldn't it be fun the other way round!)

Took up athletics for fun in 1954. Became unbalanced about it on joining the R.A.F. in 1956.

Best Performances (Pre-Vet):

	(, .
440 yards	-	53.5
880 yards	-	1.58
Mile	***	4.10.0
3 Miles	322	13.39
5,000 metres		14.07
6 Miles	22	28.19
10 Miles (road)		48,30
Marathon	-	2.13.44
40 Miles		3.49.49



The 7th World Veteran Marathon 19.5.74 Paris

1	Wood A.	SCO	2:28:40(1)	75	Martins A.	POR	3:06:05(2)	149	Nicolas M.	BEL	3:24:30(1)
2	Taylor A.	CAN	2:32:24(2)	76	Diehl II.	GER	3:06:15(2)	150	Conrad W.	GER	3:24:39(2)
3	Ostbye E.	SWE	2:33:04(3)	77	Lindblad G.	SWE	3:06:20(3)	151	Andrews E.	ENG	3:24:41(1)
4	Utriainen M.	FIN	2:35:04(1)	78	Winter H.	GER	3:06:28(1)	152	Schnoor K.		3:24:29(1)
5	Dunne W.	IRE	2:37:31(1)	79	Buckingham T.		3:06:41(4)	153	Wuhrer K.		3:24:55(1)
6	Walsham A.	ENG	2:37:36(1)	80	Weisgerber F.	GER	3:06:56(2)	154			
7	Holmross B.	FIN	2:38:27(1)	81	Duda O.	GER		1	Ammavuta R.		3:25:19(1)
8	Van Alphen P.	HOL.	2:38:49(1)	82	Reitter A.	LUX	3:07:52(1)	155	Aubron R.		3:25:25(2)
9	McAlinden Ch.		2:39:43(1)	83	Goransson A.	SWE	3:08:03(3)	156	Krejci A.	TCII	3:25:37(3)
10	Hagen J.	GER		84	Ramın II.	GER	3:08:48(1)	157	Oberbeck M.		3:25:37(1)
11	Amdal P.		2:40:06(1)	85	Sandell S.	FIN	3:09:13(1)	158	Mcrveitle J.	BEL	3:26:07(2)
12	Desnoues R.	FRA	2:40:32(1)	86	Gottardo S.	IL	3:09:23(1)	159	Hoppe F.	GER	
13	Irmen W.	GER	2:40:38(1)	87	Brady G.	ENG	3:09:35(1)	160	Polanc H.	GER	3:27:10(1)
14	Allen W.	CAN	2:41:17(1)	88	Wall J.	USA	3:09:35(5)	161	Lanestroff E.	GER	3:27:11(1)
15	Demoyer E.	BEJ.	2:41:17(2)	89	Russel W.	SCO	3:09:53(1)	162	Hermann G.	GER	
16	Kail F.	LIB	2:42:54(2)	90	Daumain A.	FRA	3:09:59(3)	163	Henze H.	GER	
17	Hinderks H.	GER	2:44:29(2)	91	Jug J.	FRA	3:10:11(2)	164	Van Der Horst		
18	Clarke F.	GER	2:44:39(1)	92	Ekstrom II.	SWE	3:10:11(2)	165	Lemke P.	GER	3:28:11(4)
19	Hallberg G.	SWE	2:45:18(2)	93	Fitzgerald J.	ENG	3:10:41(3)	166	Wehrwein A.	GER	3:28:17(1)
20	Rascalou M.	FRA	2:46:41(1)	94		FRA		167	Masl V.	TCH	3:28:22(1)
21	Berggren V.	SWE	2:47:03(1)	95	Curty J.		3:11:02(2)	168	Van Rymenant		3:28:24(1)
22	Thoren E.	SWE	2:47:41(1)		Jones B.	ENG	3:11:07(1)	169	Manguin R.	FRA	3:28:30(2)
23	Greenlees Ch.	SCO		96	Donnet J.	FRA	3:11:22(1)	170	Jurgensohn H.		
24		ENG	2:47:42(1)	98	Hefford A.	ENG	3:11:32(2)	171	Paletta G.	GER	
25	Kernighan R. Parkkoten V.	FIN	2:48:05(2)		Jensen I	SWI	3:11:26(6)	172	Junfand G.	SWE	3:29:05(3)
			2:49:27(1)	99	Lawton A.	ENG	3:11:38(3)	173			3:29:17(3)
26 27	Mikalsen S.	NOR	2:49:33(1)	100	Heinze H.	GER	3:11:52(2)	174	Bromley M.	ENG	3:29:41(.3)
	Норр В.	GER	2:49:45(1)	101	Pertcous G.	SCO	3:12:19(5)		Mirovsky F.	TCH	3:29:55(5)
28 29	Wallingford R.		2:50:44(1)	102	Braver R.	GER	3:12:37(1)	175	Matern E.	GER	3:30:14(3)
30	Jarnhester B.	SWE	2:51:23(1)	103	Sundebrandt A.		3:12:45(2)	176	Cabeke E.	FRA	3:30:19(1)
31	RookeT.	ENG	2:51:23(1)	1 04	Duchauffour G.		3:12:52(1)	177	Petersohn K.	SWE	3:30:20(1)
	Wetzel H.		2:52:46(1)	105	Serruys J.	BEL	3:12:57(2)	178	Hinterscheid G.		3:30:32(1)
32	Muller Λ.	GER		106	Wutsch K.	GER	3:13:02(1)	179	Thiel L.	GER	3:30:37(3)
33	Mc Lean J.	SCO	2:53:44(2)	107	Mottram W.	ENG	3:13:16(2)	180	Gicquel R.	$FR\Lambda$	3:30:49(1)
34	Milne J.	SCO	2:53:46(1)	108	Bertolini G.	1 1.	3:13:27(3)	181	Schlee A.		3:30:52(2)
35	Nilsson B.	SWE	2:54:06(3)	109	Camille A.	FRΛ	3:13:28(1)	182	Aaltonen V.	FIN	3:30:55(5)
36	Nordstrøm L.	SWE	2:54:11(3)	110	Thiel B.	GER	3:13:49(1)	183	Tidecks II.	GER	3:30:57(3)
37	Blastland R.	ENG	2:54:47(1)	111	Makowski R.	AUS	3:15:18(2)	184	Jakobs P.		3:30:59(2)
38	Golliot J.	FRA	2:55:07(1)	112	Kalos J.	GER	3:15:39(4)	185	Podlich A.	GER	3:31:01(1)
39	Wambst R.	FRA	2:55:35(1)	1 13	Le Peltier Y.	FRA	3:15:43(2)	186	Reitinger K.	GER	3:31:09(3)
40	Hentik A.	FIN	2:55:39(1)	114	Larsson H.	SWE	3:15:47(3)	187	Camilli C.	ISL	3:31:14(1)
41	Muller H.	GER	2:55:05(1)	115	Schouten P.	HOL,	3:16:22(1)	188	Cecconi G.	ISL	3:31:26(1)
42	X	-	2:55:53(3)	116	Kystad J.		3:16:34(2)	189	Legras R.	FRA	3:31:26(2)
43	Nicolas J.	BEL	2:55:57(1)	117	John R.		3:16:38(1)	190	Kevlin C.	USA	3:31:30(2)
44	Monscur R.	BEI.	2:56:16(1)	118	Muller W.		3:16:55(2)	191	Kivikke E.	FlN	3:31:41(2)
45	Ramage W.	SCO	2:56:28(1)	119	Callheim E.	SWE	3:17:00(2)	192	Robertson M.	ENG	3:31:48(2)
46	Thibaudeau R.	FRA	2:56:48(2)	120	Nyman K.	SWE	3:17:22(3)	193	Desbled A.	FRΛ	3:11:54(1)
47	Felcaud F.	FRA	2:57:36(3)	121	Migell B.		3:17:55(1)	194	Lee S.	ENG	3:33:16(5)
18	Carlsson L.	SWE	2:57:55(2)	122	Pettersen T.		3:17:57(3)	195	Kinnari H.	FIN	3:33:25(2)
49	Nylander S.	SWE	2:58:16(1)	123	Rousseau A.		3:17:57(1)	196	Ronnefeldt P.	GER	
50	Diethelm A.	SWI	2:58:20(1)	124	Rupp K.	GER	3:18:02(1)	197	Debelut J.		3:33:47(1)
51	Liot A.	FRA	2:58:28(2)	125	Ryo N.	COR	3:18:05(5)	198	Schaerer E.	SWI	3:34:01(1)
52	Burcau P.		2:58:39(1)	126	Schillitto P.	ENG	3:18:06(1)	199	Gross M.		
53	Siren A.	FIN	2:58:55(1)	127	Schneider O.		3:18:35(1)	200	Ostbrant L.	SWE	3:35:08(3)
54	Schick W.		2:59:21(1)	128	Orlowski F.	GER	3:18:38(2)	201	Schottler K.		3:35:42(2)
55	Alama P.		2:59:29(1)	129	Vichera R.	TCH	3:18:46(4)	202	Durrant L.		3:35:44(2)
56	Dubreuil M.	FRA	2:59:35(1)	130	Hansson A.	SWE	3:18:51(1)	203	Lammer G.		3:36:08(4)
57	Haran J.		2:59:36(1)	131	Baudisch H.	GER	3:18:55(2)	204	Guignard R.		3:36:26(1)
58	Gicquel R.		2:59:41(1)	132	Besau G.	GER	3:19:04(1)	205	Foucault J.		3:36:36(3)
59	Novotny A.		2:59:55(1)	133	Otte G.	GER	3:19:19(2)	206			3:36:49(1)
60	Berge R.		3:00:04(2)	134	Limouzi M.	FRA		207	Lacorre P.		3:37:02(3)
61	Brecht H.		3:00:47(3)	135		CAN	3:19:31(1)	208			
62	Douglas J.	IRL	3:00:47(1)	136			3:20:00(2)	209			3:37:11(4)
63	Schmalz D.		3:00:47(1)	137		GER GER	3:20:00(1)	210	Asselin G.		3:37:20(2)
64	Reckers F.		3:01:29(1)	138			3:20:18(5)	211	Roose		3:37:23(2)
65	lohn H.		3:01:32(2)			SCO	3:20:23(3)	211			3:37:27(1)
66	Serafin R.		3:01:59(1)				3:21:00(2)			GEK	3:37:34(1)
67	Schwarz H.				Duquesnoy L.		3:21:42(4)	213		SCO	3:37:44(3)
68	Andersson G.		3:02:22(3)		Thompson J.		3:21:10(2)	214		GEK	3:37:46(1)
69			3:02:52(3)		Letour C.		3:22:03(1)	215	Durrschnabel R.		3:37:56(2)
70	Karlsson K,		3:02:52(3)		Schweickart H.		3:22:45(2)	216			3:38:19(2)
	Kadlec F.		3:02:53(1)			RE(3:23:00(1)	217			3:38:23(3)
71	Manem JC		3:03:18(1)			SWI	3:24:06(3)				3:38:46(2)
72	Smits T.		3:03:57(1)	146		BEL	3:24:10(2)	219			3:39:05(1)
73	Kremling F.		3:04:42(3)		Coffi-Nketsia B.						3:39:21(3)
74	Blois R.	E IV G	3:05:36(2)	148	Strobl J.	AUS	3:24:24(6)	221	Schwab O.	GEK	3:40:00(2)

222	Rengteron R	SWE	3:40:03(3)	300	Pictsch J.	CER	3:52:26(1)	378	Salobert J.	FRA	4:10:09(6)
	Bengtsson B.			301	Domenichelli V		3:52:55(3)	379	Volny J.	TCH	4:10:18(2)
223	Garnier R.	FRA	3:40:12(2)						Poyer G.	FRA	4:10:40(2)
224	Dij J.	HOL	3:40:17(1)	302	Sjoberg B.	SWE	3:53:06(5)	381	Schrubasch K.		4:10:49(3)
225	Nooven M.	HOL	3:40:30(1)	303	Maillet A.	FRA		382	Sonker E.	GER	4:10:52(1)
226	Deborger J.	BEL	3:40:38(3)	304	Gormann H.	IRL	3:53:26(2)				
227	Wirker S.		3:40:45(3)	305	Haule F.		3:53:29(2)	383	Bodet M.		4:11:11(2)
228	Gehrke N.	GER	3:40:48(2)	306	Gnest M.		3:53:32(1)	384	Couturier J.		4:11:32(3)
229	Veret	FRA	3:40:51(1)	307	Baehr G.	FRA	3:53:35(2)	385	Roll F.		4:11:48(6)
230	Convery W.	ENG	3:40:53(1)	308	Van Zijp J.	HOL	3:53:39(2)	386	Kauser E.	GER	4:11:49(3)
231	Dolch K.		3:40:57(1)	309	Rudnick A.	GER	3:53:48(6)	387	Schiwon W.	GER	4:12:20(1)
232		FRA	3:40:59(1)	310	Polzer M.	GER	3:53:48(2)	388	Merotto F.	FRA	4:12:35(1)
			3:41:18(5)	311	Busse F.		3:54:24(1)	389	Burkardt G.		4:13:22(2)
233 234		FRA		312	Trasmondi P.	ISL	3:54:33(2)	390	Zerrek K.		4:13:39(4)
	Kalus H.		3:41:28(2)	313	Cottin C.	FRA	3:54:41(2)	391	De Voest A.		4:13:44(2)
235			3:41:35(-2)	314	Hult A.	SWE	3:54:43(4)	392	Roscher W.	GER	4:13:51(7)
236			3:41:36(1)					393	Ruffer W.	SWI	4:14:07(3)
237	Hellebois M.	FRA	3:41:47(3)	315	Gunkel F.		3:55:02(2)				4:14:31(1)
238	Haden J.	ENG	3:41:51(3)	316	Touzeau P.		3:55:19(2)	394	Phillippe J.		
239	Wir G.	SWE	3:41:51(6)	31 7	Tunders L.		3:55:30(1)	395	Hoeppner E.		4:14:44(3)
240	Gaillard M.	FRA	3:42:05(4)	318	Never W.	GER	3:56:05(1)	396	Stoule B.	HOL	4:14:48(4)
241	Loreau M.	FRA	3:42:13(4)	319	Ridder A.	GER	3:56:09(4)	397	Ranes R.		4:15:00(4)
242		SWI	3:42:20(1)	320	Blumemsaat A.	GER	3:56:18(5)	398	Hermann L.	GER	4:15:34(3)
243	Jochum R.		3:42:23(2)	321	Misch L.	GER	3:56:19(5)	399	Royer C.	FRA	4:15:49(1)
				322	Fokkema W.	HOL	3:56:19(4)	400	Cardon P.	FRA	4:16:04(3)
244	Alberti Jp.		3:42:24(1)	323	Gabriel A.	GER	3:56:28(3)	401	Haberl J.		4:16:10(1)
245		GER	3:42:33(1)	324	Pech Z.	TCH	3:56:39(3)	402	Hoern C.		4:16:23(1)
246			3:42:42(1)	225		SWE	3:56:55(5)	403	Bruckschen F.	GER	4:16:31(2)
247	Walschap J.	BEL	3:42:51(1)		Ekerstahl G.			404	Seiler S.	GER	4:16:35(1)
248	Matravers E.	ENG	3:42:55(1)	326	Payne M.	ENG	3:57:02(1)	405		CAP	
249	Klappacher W.	AUS	3:43:23(2)	327	Schroder W.	GER	3:57:31(3)		Sakaguhi T.		4:16:47(2)
250	Moyabrts J.	BEL	3:43:30(2)	328	Tschiedel W.	SWE	3:57:32(5)	406	De Jager K.	HOL	4:16:48(3)
251	Henriksson K.	SWE	3:43:41(1)	329	Breen J.	ENG	3:57:33(4)	407	Donzetti P.	ISI.	4:17:41(1)
252		٨LL	3:43:52(2)	330	Kruit P.	HOL	3:57:38(2)	408	Menzel K.		4:17:45(1)
2.53		FRA	3:43:58(1)	331	Chretien M.	$FR\Lambda$	3:57:41(2)	409	Beck G.	SWI	4:17:58(4)
254		GER	3:44:06(1)	332	Ciesielski R.	GER	3:58:00(1)	410	Suter A.	SWI	4:17:58(2)
			3:44:06(1)	333	Noury C.	FRA	3:58:08(1)	411	Matthey P.	SWI	4:18:07(2)
255	Piontek F.	GER		334	Schauder A.	GER	3:58:12(4)	412	Graffard L.	FRA	4:18:25(1)
256	Lehtonen T.	FIN	3:44:11(1)	335	Sander K.		3:59:13(1)	413	Baillard G.		4:18:40(1)
257		FRA	3:44:18(1)	336	Charrettier R.			414	McNeill J.	SCO	4:18:56(1)
258		TCH	3:44:33(1)			FRA	3:58:16(1)	415	Kothe W.		4:19:03(2)
259	Schreiner B.	GER	3:44:42(4)	337	Klinke H.		3:58:18(1)	416	Operti W.		4:19:07(3)
260	Altamyra V.	ITY	3:44:56(1)	338	Deboucs R.		3:58:28(2)	417			
261	Tonesi I.	TY	3:44:56(1)	339	Moller W.	GER	3:58:39(1)		Moriette		4:19:10(1)
262	Renn H.	GER	3:45:00(2)	340	Eriksson I.		3:58:45(3)	418	Coeuret P.		4:19:15(3)
263	Logan D.	USA	3:45:02(5)	341	Sohn H.	GER	3:59:04(1)	419	Bossmann J.		4:19:55(5)
264		SCO	3:45:21	342	Gregetz J.	GER	3:59:23(3)	420	Gernikeitis W.	GER	4:19:59(2)
265	Ress W.	SCO	3:45:21(4)	343	Caminada A.	FRA	3:59:31(3)	421	Bartolomeus H.		4:20:03(5)
266	Taylor G.	sco	3:46:00(5)	344	Schinzel R.	GER	4:00:06(2)	422	Lusdin G.	SWE	4: 20:04(6)
267	Weiler G.	GER	3:46:17(4)	345	Latzke B.	GER	4:00:08(1)	423	Farrell J.	SCO	4:21:03(6)
268	Schmidt D.	GER	3:46:19(1)	346	Leperd E.	FRA	4:00:19(3)	424	Schurmann K.	GER	4:22:17(1)
269	Crowley E.	ENG	3:47:06(2)	347	Bernard J.		4:00:24(1)	425	Oshima K.	JAP	4:22:20(7)
270				348	Purvot R.		4:00:33(3)	425	Beault M.	FRA	4:22:24(1)
	Sicwert H.	GER	3:47:07(3)	349	Minarik Z.		4:00:36(1)	427	Bevcic T.		4:22:28(3)
271	Brunner J.	SWI	3:47:18(2)	350	Hahn H.		4:00:51(1)	428	Boulanger M.		4:22:42(1)
272	Vaillant A.	FRA	3:47:27(2)	351	Tresch H.	SWI	4:01:10(1)	429	Mannaioni G.	ISL	4:22:54(2)
273	Schiek R.	GER	3:47:37	352	Santen I.			430	Machy J.		4:23:07(1)
274	Thiemann A.	GER	3:47:37(2)				4:01:34(2)	431	Ommeren P.		4:23:29(2)
275	Arnouls A.	BEL	3:47:42(2)	353	Lejal M.		4:01:49(1)	432	Sonntag W.		4:23:42(2)
276	Bernard R.	FRA	3:47:45(2)	354	Laiho M.	FIN	4:01:51(6)	433	Ber Strom	SWE	4:23:42(2)
277	Eriksson S,	SWE	3:48:00(3)	355	Kurz R.		4:01:55(1)				
278	Tempel F.	GER	3:48:12(7)	356	Mierow H.		4:02:07(2)	434	Burdan J.		4:25:25(2)
279	Krause H.	GER	3:48:18(3)	357	Valke G.	BEL	4:02:25(1)	435	Missine H.	BEL	4:25:33(3)
280	Claussen O.	GER	3:48:31(5)	358	Sorgel T.	GER	4:02:33(2)	436	Jansen E.		4:25:57(1)
281	Majling Nils	SWE	3:48:53(3)	359	Blank M.	GER	4:03:01(3)	437	Hanton J.	SC●	4:26:27(3)
282	Timmermans J.		3:48:56(3)	360	Wester CL.	GER	4:03:42(2)	438	Goldrach F.	GER	4:26:39(3)
				361	Letellier G.		4:04:09(5)	439	Vang G.	NOR	4:26:37(7)
283	Zilken H.	GER	3:49:01(3)	362	Ammon H.		4:04:32(4)	440	Heibertshausen		
284	Rezac Z.	TCH	3:49:08(3)	363	Schweigert F.		4:04:53(3)	441			4:27:05(1)
285	Bidaux H.	FRA	3:49:26(2)	364	Dessenne S.		4:05:31(1)	442			4:27:32(3)
286			3:50:00(2)					443			4:27:37(1)
287	Linschmann G.			365	De Klerck J.		4:05:38(2)		Garnier M.		
	Grenzebach H.	GER	3:50:22(2)		Le Morvan H.		4:06:00(3)				4:27:41(1) 4:28:00(4)
289			3:50:39(2)		Huth N.H.		4:06:24(1)				
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291			3:50:47(5)	369	Protzel R.	GER	4:06:30(5)				4:28:42(5)
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299	Kieres M.	GEK	3:52:21(- (=/ =

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457	Peck W.		4:31:23(1)	505	Noack W.	GER	100	553	Cahen G.	FR/	
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464	Hakker C.J.A.	PB	4:32:24(2)	512	Uzzan A.	FRA	110	560	Dicraver A.	SWI	
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318	Thibault P.	FRA	53:54(1)
319	Jury R.	FRA	54:14(6)
320	Stef C.	FRA	54:23(2)
321	Rizaucourt J.	FRA	54:26(3)
322	Hehdriks H.	HOL	54:27(1)
323	Rimon D.	ISL	54:28(5)
324	Legros L.	FRA	54:33(1)
325	Aillet A.	FRΛ	54:35(3)
326	Hofer R.	GER	54:52(2)
327	Rath T.	GE:R	54:59(6)
328	Stille W.	GER	55:04(7)
329	Lambert A.	GER	55:13(9)
330	Devallec R.	FRA	55:17(3)
331	Goerts P.	GER	55:18(2)
332	Devon R,	ENG	55:18(6)
333	Mathe G.	FRA	55:28(2)
334	Meyers L.	HOL	55:40(5)
335	Grassot J.	FRA	55:50(6)
. 336	Sassatelli N.	FRA	55:55(2)
. 337	Offenhau E.	GER	55:56(2)
338	Althaus A.	GER	56:40(7)
339	Kiene W.	GER	56:48(4)
. 340	Weerd A.	HOL	56:53(2)
341	Jansen K.	GER	56:55(2)
342	Gomo M.	FRA	56:57(5)
343	Fiori G.	LLA	57:18(4)
344	Guillon R.	FRA	57:28(4)
345	Krempel H.	GER	57:31(4)
346		FRA	57:36(2)
347		JAP	57:41(7)
348	Dochrn W.	GER	57:41(6)
	SI 250		200 PM

34 9 350	Le Bec B. Klarenbeck K.	FRA HOL	57:51(6) 58:05(4)	385 386	Pernoud M. Ito K.	FRA IAP	71 :1 9 72 : 1 9	
351	Ropper P.	GER	58:06(5)	387	Hofmann S.	GER	75:10	o`´
352	Takashima M.	JAP	58:13(4)	388	Takeharu A.	IAP	77:1	(8)
353	Plaschke E.	GER	58:23(5)	389	Eppel P.	GER	77:10	5(4)
354	PijP-Jansen MM.	HOL	58:33	390	Schneider K.	GER	78:20	5(7)
355	Branke F.	GER	58:33(4)					. ,
356	Heinecke T.	GER	58:43(5)	Inter	national Team Re	sult:		
357	Wiseman R.	ENG	58:50(7)	1	Germany (1,3,6)		10	Pts
358	Cauvin D.	FRA	59:02	2	France (7.8.10)		25	10

GER 59:05(5)

FRA 59:09(5)

GER 59:16(3)

FRA 59:35(5)

GER 61:19(5)

HOL 62:21(5)

SWE 62:32(3)

GER 62:47(5)

GER 62:55(6)

FRA 63:05(6)

SWE 63:18(4)

GER 63:26(7)

HOL 65:57(7) GER 67:03(6)

JAP

GER 69:09

SWE

63:17(9)

64:38(7)

65:01(7)

67:03(6)

67:51(5)

69:27(2)

FRA 61:38

FRA 62:05

60:35(5)

60:37(7)

GER

JAP

365 Zimmermann O, GER 60:41(2)

Int	ernational Team Result:		
1	Germany (1,3,6)	10	Pts
2	France (7,8,10)	25	13
3	England (2,9,20)	31	91
4	Sweden (26,31,45)	102	22
5	Belgium (28,32,44)	104	2.5
c	Halland (E EA 60)	101	24.

153

223

634

7	Scotland (42,47,64)			
8	Switzerland (59,80,84)			
9	Japan (21,299,314)			
Club Team Result:				

Club	Team Result:		
1	Asc Wella D. (GER)	31	Pts
2	CMS XVI (FRA)	116	. 65
3	Belgrave H. (ENG)	133	31
4	Polisei S. (GER)	174	3.0
5	Tsr Olympia W. (GER)	185	31
6	Highgate H. (ENG)	216	13
7	US Thomson R.1 (FRA)	260	D
8	Asc Chrysler F. (FRA)	311	20
9	Smcc Metz (FRA)	345	**
10	Northern Vets. AC(ENG)	365	10
11	US Thomson R.2 (FRA)	494	**
12	Asptt Toulouse (FRA)	540	99
13	Sam Auffargis (FRA)	649	
14	Aas Sarcelles (FRA)	746	35
15	US Thomson R.3	740	
16	Vga St. Maur (FRA)	866	73
17	Tsv D. Oberkassei (GER)	874	91

The ladies... God bless'em

384 Schuberack L. GER 70:16

359 Haman W.

360 Piquois C.

362 Boulay R.

363 Schmitt R.

364 Oxada II.

366 Fums O.

367 Gaillard M.

368 Dessenne G.

369 Huismann L.

376 Jellbratt S.

371 Honolne W.

374 Schreiber F.

376 Grundkann F.

375 Hazard S.

377 Koulinie I.

379 Leenen P.

381 Ufer O.

382 Brauns E.

378 Toshiyuki M.

380 Vierheller W.

383 Gusmann B.

372 Boege J.

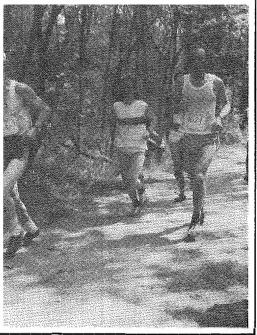
373 Didier P.

361 Hofmann W.

	RATHON = W	•MEN	Clas	ss 2 (46+)
	s 1 (35–45)	000	1	Von Dem Berg GER
1	Greig D.	SCO	2	Westphal E. GER
2	Schiek R.	GER	3	TANIS. JAP
3	Kieres D.	GER	4	Rasmussen A. DAN

HATANO (Japan) and SCHIER (GER)





...that10 km race

A curtain-raiser to the marathon this may have been. but it very nearly ruined the whole show. Fortunately the first five survived the traumatic experience of going off course - managing to light their way through the masses to their rightful position at the front. The individual title went to Alfons Ida of Germany who beat the favourite, Laurie O'Hara (GB), with Helmut Jesburg (GER), 3rd and former Finnish international Paavo Pystynen 4th. Pet Majoor (HOL) completed the quintet before the mass of back markers interspersed with genuine front runners hit the finish.

What a start! With 400 runners looking down a 250 metre straight with a sharp left hand turn at the end, it was no wonder that the start line crept forward as the competitors sought every bit of advantage they could find. And when the gun did go it was a veritable stampede that struck those spectators foolish enough to encroach upon that sharp turn. How many bruised ribs and blackened eves were suffered in that mad scramble is anyone's guess, but the field soon sorted itself out once it got clear of the narrow village street.

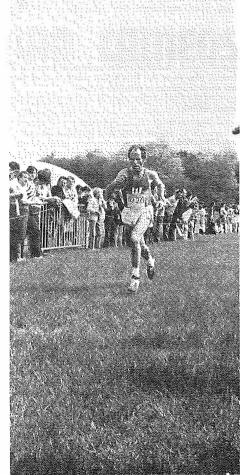
O'Hara was soon clear of the field, running with his usual bouncy confidence but eased after the first Kilometre or so to settle in with the leading bunch.

At 4 Kilometres the leaders passed the finish for the first time, crossing the gravelled circulation area and heading out into the forest tracks for the 6 Kilometres loop. Jesberg was now setting the pace, with O'Hara and Ida tucked in.

At 8.3 Kms the position was unchanged as the leaders reached a roundabout junction. And it was here that the unplanned diversion occurred. The runners turned left, following the marathon marking, when they should have gone straight on. No-one at this important junction called them back, so on they raced taking the field with them. The first 50, at least, took this route before the main field righted itself and headed across the roundabout for the finish just over a mile away.

Meanwhile the leaders had encountered a marathon pointsman who turned them back. As they returned to the roundabout some of that first 50 turned with them, others went on to the pointsman - but no more than a handful regained their rightful places. When Ida, O'Hara and Jesberg got back to the roundabout again they were confronted with the sight of hordes of runners pouring from right to left directly over the centre of the roundabout and disappearing into the trees along the narrow track which took them to the finish.

Ida took off. Cutting diagonally across the roundabout he caught his two opponents unawares and tore through the mass of runners with O'Hara in hot pursuit and Jesberg trailing. It seemed doubtful that they would ever reach the front of the field without running out of ground first, but with the stadium in sight Ida regained the lead, finishing strongly from a fast finishing O'Hara and a protesting Jesberg. Pystynen and Majoor just made it before the first of the backmarkers appeared.



ALFONS IDA (GER) WINS FROM LAURIE O'HARA (ENG)

Ron Franklin, who was 6th at the diversion, ran like a madman to fight his way back to 9th and was the true category 2 winner (45-49). Of the remaining categories the true position is anyone's guess, for from 6th position to about 150th position the result contains a mixture of "true-course" runners and "diversionaries".

In addition to the bitterness and disappointment which prevailed amongst the finishers there was a feeling of relief that at least the front five had recouped something - and fervent prayers that the marathon would not suffer a similar fate.



Several parties of British Veterans headed South in May for the World Marathon and 10 Kilometre races at Draveil, near Paris. AL ROCKALL was in one of those groups and you will see from his account of the trip that there is more to it than just a race!

Where's O'Hara?

Jack Fitzgerald, Mother hen to this ageing brood anxiously scours Victoria Station in search of his most celebrated chick.

With only seconds to spare O'Hara's past the barrier and on the train. A good bet surely for the 10,000 metres.

Meanwhile, our leader (he could have represented Ireland, as his grandfather was Irish) successfully overcame another Irish problem, as he persuaded an Irish priest and his flock to clear out of the carriages reserved for us.

Paris, at last, here we come! Ron Franklin, the bubbling Welshman, who's not even Welsh, checked his nuts, his juice and his running shoes. When satisfied, he issued forth with the first of the endless Franklin race epics.

On the boat, off the boat-an uneventful crossing, highlighted only by Ron Franklin, a vegetarian, picking out the ham from his omelette. Ron please note that [ambon means plain!!

Another train! Seats reserved and waiting this time, and so is the first money shock. Clive Shippen ashens as he parts with £1 for a drink and sandwich.

Gare du Nord and its 5.30 p.m. The end of the line. Surely the longest platform in Europe. Jack lead us. down into the Metro where, near to exhaustion, we struggled to find our way around the bowels of Paris. What seemed hours later, we emerged, shattered, a stone's throw from our hotel. It was unbelievable, that it should have taken twelve hours to get to Paris.

Sunday (Race Day) Continental breakfast and out into the coach and it's still not 7.30 a.m. No depression in the group, as it's bright outside, F.11 in fact, bright enough for Dave Dellar and his assistant Iris to snap away at pigeons standing in kerbside puddles.

With hindsight its easy now to reflect that a French guide wearing a Tam O'Shanter meant trouble. We got it! Outside Paris and we're immediately lost, though thankfully we stumbled upon the marathon course and then promptly lost it again. Nearly two hours after leaving our hotel we arrived, every bit of fifteen miles! First impressions were frightening. Southend or Blackpool on Bank Holiday Monday, had nothing on this place. Forcing our way through the masses, we took possession of our carrier bags, numbers and pins. A quick encounter with continental plumbing and then back to find a little space amongst the masses to warm up.

A ten minute warning triggered off the brass band and the French officials in their hopeless task in clearing the start

More officials, like police, ushered the competitors back into the narrow starting pen. Derrière! Derrière! deux minutes Bang! and the 10,000m was under way. Three hundred yards of grass before the road and everybody's clapping us. The leaders hit the road and O'Hara's already in front. It's fast, very fast! Spectators everywhere, all clapping, very continental. Further along the road an athlete (definitely not British) stepped out of a doorway and slipped in behind the leaders. Why didn't somebody trip him up instead of clapping?

At about two miles, the British Vets were very much in evidence. O'Hara still lead and Franklin was running a blinder. Also close up were Rhodes, Harrison and Shippen as the race swung left over loose shingle into the woods. (Odd for a road race.)

Through the five kilometre mark and not a recorder in sight. A roundabout marked the eight kilometre mark and the race was nearly over. The pilot, on a bike, stopped at the roundabout and Lauric O'Hara swung left, followed by the pack. Some minutes later a startled pointsman, enjoying a smoke before the arrival of the marathon men much later, hurriedly turned the leaders round his van back up the road from whence they came. A German now took over from O'Hara, who looked fed up with the hopelessness of it all. Franklin, much more vociferous, tried fist waving to stop runners turning before the 'turn'. Then all at once chaos set in with everybody doing a turn, all that is except Shippen and Izzard who went on to the van, 'Cos they're British. Meanwhile, back at the roundabout the backmarkers had got wise to the mix-up and were streaming across the roundabout hell bent for home. The original leaders just managed to get through the backmarkers to their positions. Laurie O'Hara, with his fast finish failed to catch the German, losing first place by a mere five yards. A word of warning for the leaders. In future watch out for the classy class 3 Frenchman, who mysteriously appeared at the finish a respectable fifteen seconds or so behind the second man.

Protest! With typical shoulder shrugging and hand waving, the officials made it quite clear that the result

Let's hope that the Japanese, next year's promoters, were taking notes. Finally a picture of this day of mixup. A fit looking American gent, the Class III winner in the marathon, with the trophy that the Mayor presented to him ... you've guessed it, the 10,000 metres trophy, Ah Well!

Tony Weeks-Pearson

Blackheath Harriers celebrated their centenary in 1969. Besides being a force in the athletics world for most of their 105 years, with the names of Walter George, Sydney Woodeson & Ernest Neville featuring on their membership lists, the club also has a long history of veteran running. TONY WEEKS-PEARSON joint author of "The Centenary History of the Blackheath Harriers" gives an insight into a trio of veterans whose names are almost legendary.

VETERAN CAMEOS

As we have active Victorian and Edwardian athletes still competing it may be of interest a). to Jack Williams and his fellow-stalwarts who may like to hear something of three of their earlier contemporaries; b), to young Veteran striplings who-at the tender age of forty, and at this Brave New Flourishing stage of Vets. athleticsmay suppose that Veterans are some recently emerged animal and therefore need to be reminded that they have really been around for some time.

Witness to the long-standing Blackheath Harriers Veteran tradition is the fact that they are today one of the most numerous and thriving clubs in this field. The three personalities described here were all Vets. of the Club.

TREVOR DAVIES was competing in the 1880's and at the end of the 1914-18 War was biking fourteen miles after the Club Opening Run to his 2 a.m. duties in the City Police. Years after the mid-Victorian era he was still winning Club Championships as a veteran. In 1922 his entry for the Southern was objected to on the grounds that he'd been running since the 1880's. but it was curtly dismissed by the Blackheath representative with the remark that "the time of the meeting should not be wasted with such nonsense". In the mid-1930's he was still running full courses of ten miles in his fiftieth year of membership. He celebrated his 73rd birthday with a walk from London to Brighton.

TOM CRAFTER who joined in 1882 was chiefly famous in his office as Blackheath's 'Chief Trail Layer'. Larger than life, he was less renowned as an athlete than as a 'character'-though he was in fact a water-polo player of heroic dimensions, weighing 18 stones of genial humanity. Through his inspiration Blackheath was one of very few running clubs to provide a team which could win a county water-polo championship, so that Crafter could boast with customary zest: 'Six goals in rapid succession from my own goal line!

No one was ever left in doubt as to his opinions: There are no Misters in this Club. Call me Tom! But there was no bite behind the bark; he would send a Club tie to each new member on their first Christmas after joining and he knew every member personally in a period when the membership already ran into hundreds. This lends point to the tale of how, at 'The Swan', West Wickham-a former Blackheath Headquarters-when news was brought that there was an old Club member outside. Crafter greeted him: 'I don't know you. You must be W. W. Davis.'

His greatest hour was at the time of the First World War when he was President. He himself had six children serving in the War, not all of whom emerged from it alive. He kept the Club going instead of closing down like so many others, even though at times he would cat alone at the Club Room on a Wednesday or Saturday evening waiting for any serving man to turn up rather than risk disappointing an unexpected member. He organized a War Emergency Fund and saw to it that whatever other post-war handicaps they might suffer the Club would have no financial ones.

As an old man he went at the outbreak of the 1939 War to the Club's Headquarters at Hayes to persuade them to stay open throughout hostilities again, at all costs. No one regretted following his advice.

His sayings were famed and pungent:

'Gentlemen, we of the Blackheath Harriers know about these things. We don't want to talk about these things we know.....

....Spikes! Must have spikes. Edwards-lookatim, he wears spikes. No man can run unless he wears spikes! No, I don't wear spikes-I'd bend em!'

Best known and most recently remembered is the third of these figures, ERNEST NEVILLE. The length of Ernest Neville's career of athletic involvement was something staggering. His recent promotions of Road Running Club events like the London to Brighton Running Race are well-known. What some may not be aware of is his initiating the London-Brighton Walk as far back as 1902.

He was the first Blackheath member to become a 'Centurion' and was in fact Number Seven in that select body. The end of the 1914-1918 War saw him equally active in organizing mid-Summer strolls to Brighton, while, from the austerity period of the end of the Second World War there is the memory of him supplying duck's eggs for the ladies' spoons at a Club meeting.

He was, of course, in effect, founder of the R.R.C. in 1951. In 1953 when Master of Ceremonies at the 24 Hour Run attempt it was remarked, 'He seemed to be continually appearing at the starting post, announcing with a great voice, 'Another New Record!' then disappearing into a little hut where, it appeared, was the very necessary store of refreshments'

.....It's Veteran figures like these three who make Veteran figures like me feel more Veteran than

U.K. RESULTS

		THE RESERVE THE PARTY OF THE PA			
1			1		
I		March 1974	- 1		DS 6 x 3 mile Cross-Countr
ı	Cann	ock Chase '21'		Rour	ndhay Park
ı	(Und	er atrocious conditions)	- 1		
l	` _	,	- 1	1	ROCHDALE 101:49
ı	U	P. Goodfellow	2:11:19		A. Hughes
ı					
ı	27	R. Bentley	2:16:34		B. Crook
ı	70	C. Kembell	2:31:57		T. Sykes
ı	7]	W. Hammond	2:31:57		S, Salt
ı	78		2:34:53		
ı	87	W. Mottram	2:38:18		J. Moorhouse T. Smythe
ı					1. Sillythe
ı	107	B. Boyce	2:45:56	320	
ı	108	Warley	2:46:23	2	LEEDS CITY 106:23
ı	111	R. Evans	2:50:51		D. Hodson
ı	117	H. Hadeu	2:56:18		G. Hird
ı	117	is. Fracei	2.50.10		
ı					J. Lawton
ı	24th	March, 1974			G. Smith
ı	Sprin	gfield Park, Rochdale			J. Bloor
ı					B. Gomersali
ı	Ī	J. Salt (Rochdale)	27:44		D. Comersum
ı				360	014 TECHE A D. 100.20
ı	2	R. Allen (Harrogate)	28:08	3	GATESHEAD 106:38
ı	3	J. Wild (East Ches)	28:16		N. Robson
ı	4				D. Joynson
ı	5		29.57		C Halman
ı	20	T. Smythe (Rochdale)	20.57		C, Holmes
ı	6	R. Kernighan (Pembroke)	29:20		C. Carter
ı	7	G. Aldred (Salford)	29:25		T. Robs•n
ı	8	R. Norman (East Ches)	29:57		D. Robson
ı					D. KOOAOH
ı	9	F. Valentine (Bolton)	30:03		
ı	Į 🛊	K. Hall (Wirral)	30:15	4	BINGLEY H. 108:55
ı	11	T. Seanor (Sutton)	30:18		G. Spink
ı	12	B. Grook (Rochdalc)	30:33		
ı					D. Dyer
ı	13	N. Ashcroft (Sutton)	31:09		J. Dean
ı	14	S. Smith (Pembroke)	31:13		R. Groven
ı	15	D. Ilowarth (Leigh)	31:16		D. French
ı	16		31:20		
ı		R. Elsby (Bolton)			G. Garnet
ı	17	J. Moorhouse (Rochdale)			
ı	18	J. Lynch (Wallasey)	31:25	5	EAST CHESHIRE II. 11
ı	19	J. Betney (Clayton)	31:34		J. Wild
ı	20	A. Etches (Sheffield)	31:37		C Di . I . I
ı					S. Blankely
ı	21	A. Gerrity (YMCA)	31:39		W. Brown
ı	22	L. Whitehead (Pembroke)	31:40		J. McKeon
ı	23	F. McGrath (ASVAC)	31:51		B. Palkinton
ı	24	W. Convery (Harrogate)	31:55		
ı					E. Nerman
ı	25	J. Foster (Bury)	32:09		
ı	26	II. Smith (Clayton)	32:19	17th	March 1974
ı	27	P. Shillito (Pembroke)	32:24	Word	ester Beecon Race
ı	28	A. Byers (Border)	32:47	15	cater beccon Ruce
ı	29	A. Dycis (Dorder)		- "	
ı		A. Walker (Clayton)	33:04	15	M. Capewell
ı	30	D. Wood (Leeds)	33:08	33	W. Mottram
ı	31	R. Shires (Oldham)	33:30	41	K. Weatley
ı	32	E. Wallace (Wirral)	33:30	41 .	. K. Weatley
ı		E. Wallace (William)			
ı	33	J. Lawton (Leeds)	33:32	March	h 24th
ı	34	J. Smith (ASVAC)	33:42		borough '20', Checkheaton
ı	3.5	H. Thornton (Spenbro)	33:51	apeni	or D 1 41 (M 0 41)
ı	60 10	nished		11	T. Rooke 41 (M & C)
ı	.76 11	manecc		Marci	h 30th
ı		=0			
ı	Over				ford Half-Marathon
ı	l	K. Hall (Wirral)	30:15	18	R. Coxon 42 (W.Gn)
ı	2	K. Hall (Wirral) N. Ashcroft (Sutton)	31:09	19	G. Knox 40 (Hill,)
ı	3	A. Etches (Sheffield)	31:37		
ı	3	A, Faches (Sherrield)	31:07	Marc	h 24th
١				Tvne	mouth '10' Boundary Race
١	Over	60		13	R. Balding (Heat.)
١	1	E. Wallace (Wirral)	33:30		
١			35:05	37	W. Pickles (Salt.)
١	2	A. Locke (UMGA)	30.00	Marel	30th
١					h 30th
١	Team	n			H, Road Relay
١	3	Rochdale (1,4,5)	10 Pts	1	Ealing & Southall
١	2	Pembroke (6, 14, 22)	49 0		(M. Barratt 16:41, J. H
١			T4		18:31 D Care 17:57\
١	3	East Ches. (3,8,44)	55	<u></u>	18:31, D. Case 17:57)
١	4	Harrogate (2.24,38)	64 ''	2	Belgrave Harriers
١	5	Clayton (19,26,29)	74 ''		(C. Shippen 18:33, J. I
١	6.		76 "		19:07, 1. Newall 18:21
ĺ		Sutton (11,13,52)	70	3	
ı	7	ASVAC (23,34,37)	94 "		Thames Valley Harriers
Ī	8	YMCA (21,43,45)	109 "	8	(R. Franklin 18:35, J.
l	9	Salford (7,47,55)	109 "	1	19:35, S. Charlton 19:
					,
1)2				

ry Relay	March 31st 1974	
, ,	Chas. Kendall 15 Kilos	
	33 K. Halt (Wirral A C)	52:43
	49 F. Yalentine (Bolton)	56:53
15:49	49 F. Yalentine (Bolton) 54 R. Thompson (Gosforth)	57:46
16:59	Krimpson (Gosto) (II)	3,110
	April 6th	
18:59		
15:52	Pendle Fell Race (Cat. B) 26 J. Salt (Rochdale)	
17:42	20 J. Sait (Rochdale)	34:57
16:28	April 13th	
	Cambridge & Coleridge '10'	
	28 R. Franklin 46 (TVH)	55:27
16:31	30 A. Layton 40 (Luton)	55:37
18:11	30 A. Layton 40 (Luton)	33:31
17:59	April 15th	
17:46	Chippindale Marathon, Huddersfie	-ld
15:54		
18:02	18 D. McWhirter 40+ (Tipton)	
10,02	12 G. Spink 40+ (Bing.) 2 18 D. McWhirter 40+ (Tipton)	49-50
	P. Mathiasan 50+ /Farar \ 9	.55-20
16:46	R. Mathieson 50+ (Long.) 2	
17:53	April 13th	24
	Newport '10'	9
18:45	39 T. Wood (Newport)	55:22
17:45	'' '	
18:18	April 20th Finchley '20'	STEEL ST.
17:21		
11	22 D. Case 40 (Ealing & S) 1	:49:52
11	harmana and a second se	Charles and the
16:10	April 6th Tom Scott '10', Scotland 6 A. Wood 41 (Aber) 13 C. McAlinden (Pass) 28 W. Ramare 42 (Spring)	
18:15	Tom Scott '10', Scotland	1196, 24
19:58	6 A. Wood 41 (Aber)	49:47
18:35	13 C. McAlinden (Pais)	51:38
17:58	28 W. Ramage 42 (Spring)	54:11
	A CORPORATION OF THE PROPERTY	Control of
18:00	April 20th	
	Canterbury '6' Road Race	
4:28	23 D. Wigley (Invicta)	31:36
15:58	and the state of t	4000 18
19:39	April 21st	45000
21:15	Red Rose '20', Kirkby	SERVICE!
21:06	13 A. Walsham 43 (Salf)	±!51:38
19:28	April 21st Red Rose '20', Kirkby 13 A. Walsham 43 (Salf) 1 17 R. Kennigham 40 (Liv.P.)	:55:35
17:03	PASSACRE PROCESSING FOR THE HEALTH STATE OF THE STATE OF	distribution .
	April 15th	
	Biggleswade '6' Road Race	
	20 P Marris 40 /I az \	35:23
	30 A. Layton 40 (Luton)	36:26
00.45	. A. Layton 40 (Luion)	30.20
39:47	April 15th	
43:51	Maidenhead '10'	
r9:08		E4.40
	12 C. Simpson 45+(Small Hth.)	
	15 D. Case 40 (Eal & S.)	54:57
	4 a=1 90eb	
1,55,09	Aprîl 20th	
,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	Stanwick '10'	*0
	16 C. Simpson 454(Small 11th)	52:14
	34 C. Wilington (Derby)	-
74:30	37 H. Soper (Lut/Vaux)	5 44
75:10		
	April 21st	
	South-Tyneside '20'	
c	13 T. Rooke 41 (M&C)	1:52:45
52:13		
275	April 28th	
	Three Peaks 'Classic' Fell Race	
	38 G. Rhodes 46 (Staff.)	3:00:03
69.00	· · ·	
53:09		
lyati	April 21st Northern Vets' 6mls R-Race Wall	
*	Northern Vets' 6mls R-Race Wall	asey
56:01	I A. Hughes (Roch)	31:48
Davies	1 A. Hughes (Roch) 2 C. Aldred (Salf)	31:51
1)	3 T. Smythe (Roch)	31:55
57:35	* ** ** 1) ** . /110: 1)	00.00
Murphy	12 R. Fernyhough (Michelin) 28 E. Wallace 60+ (Wirral)	34:54
09)	28 E. Wallace 60+ (Wirral)	37:49
	E 20 In Hanace OUT (WRIAL)	

	April, 1974 Isey 10Km Road Race		24th April 1974		(The "Hampstead 10")
	· ·	. 3	100M Handicapp at Ladywell		4th May 1974
	her successful venture from usey, despite the opposition		Heat 1		8 M. Barratt (Ealing & Sac) 51:56
	Rose 20 and the Teeside 20		S. Stein (9m)	12:4	22 G. Knox (Hill.A,C.) 55:05
	d supported this pleasant se		R. Wiseman (19½m)	12:5	37 S. Charlton (T.V.II.) 57:24
	race. The race was fast and		N. Martin (19½m)	13:2	41 S. Izzard (Highgate H.) 57:46
	ht at the finish with Alan H		G. Dellar (5m)		49 J. Moroney (Cam. & Cac.) 58:45
	the sprinter type of the fit		A. Welling (.34m)		54 P. Pringle (Belgrave H.) 59:16
	. Hard Luck on Johnny Wil		Heat 2		56 R. Ellis (Maiden, AC) 59:49
	in the lead, was forced by		J. Williams (9m)	12:6	64 J. Atkinson (Barnet & Dac) 60:51
	d muscle to ease. It was a w to see Len Nicholson out a		J. Searle (19½m)	13:2	65 G. Collett (T.V.H.) 60:56 72 P. Kearsey (Eton Manor AC) 61:27
220		_	D. Maclean (34m) T. Tilly (8½m)	15:3	77 R. Reynolds (T.V.H.) 62:59
1 9	A. Hughes (Rochdale) C. Aldred (Salford)	31:48	T. Hine (19m)		91 A, Brent (Haringey & Sac) 66:02
2	T. Smythe (Rochdale	31:55		- 2)	92 I. McKenzie (Met. Police AC)67:50
4	J. Wild (ECH)	32:38	Final		95 T. Hughes (Leamington AC) 71:58
5	K. Hall (Wirral)	33:00	S. Stein	11:9	96 1. Sharpless (Met. Police AC) 72:28
6	R. Norman (ECH)	33:25	J. Williams	12:4	97 G. Hoggett (Highgate H) 74:34 98 F. Woolford (South Lon.H) 7.5:46
7.	J. Wright (Wallasey)	33:42	N, Martin	12:6	98 F. Woolford (South Lon.H) 7.5:46
8	F. Wrigley (Leeds)	33:48	R. Wiseman	12:8	May 1th
9	B. Crook (Rochdale)	33:52	J. Searle D. Maclean	13:0	Midland Counties Marathon
10	L. Nicholson (Pembroke)	34:39	13. Macicali	- 7	17 R. Bentley 43 (Tipton) 2:36:10
11 12	F. Valentine (Bolton) R. Fernyhough (Michelin)	34:44 34:54	April 27th		18 D. McWhirter (Tipton) 2:36:42
13	N. Ashcroft (Sutton)	34:59	Herne Hill '10' Road Race		27 R. Johnson 46 (TVH) 2:42:47
14	L. Whitehead (Pembroke)	35:00	16 M. Caudwell 40 (Croy)	56:03	
15	T. Ratcliffe (Bury)	35:05	(,		May 5th
16	J. Smith (A & SV)	35:05	April 15th		Michelin 15 Kilos
17	J. Betney (Clayton)	35:15	Feltham '5' Road Race		35 C. Simpson 45+ (Small 11th) 49:45
18	J. Foster (Bury)	35:27	18 M. Batratt 41 (Eal.&S.)	25:02	39 P. Goodfellow 40-i (Stoke) 50:26
19	J. Lawton (Leeds)	35:29			52 R. Franklin 45+ (TVH) 51:23
20	J. Lynch (Wallasey)	35:3●	April 27th		58 P. Wilkes 40+ (Poly) 51:59
21 22	J. McAloon (Pembroke) D. Wadsworth (Newcastie)	36:23 36:48	North Wales '10' Road Race		60 M.E. Morrell 40+ (Wir.AC) 52:09 65 K. Hall 50+ (Wirl.AC) 52:33
23	J. Loftus (YMCA)	36:54	5 R. Billington (Wrex)	55:33	65 K. Hall 50+ (Wirl.AC) 52:33
24	C. Whiteside (Pembroke)	37:06	April 21st		May 4th
25	M. Porter (Stretford)	37:15	Strongbow '10', Hereford		S. B. Crosland '10'
26	C. Gains (Pembroke)	37:31	T. Wood (New)	56:03	13 A. Walsham 43 (Staff) 54:03
27	D. Wood (Leeds)	37:34			30 T. Smythe (Roch) 56:50
28	E. Wallace (Wirral)	37:49	LY U.S INTERNATIONAL	and Intital	R. Mathieson 0/50 winner
29	II. Thornton (Spenboro')	37:54	April 27th		W, Leach 0/60 winner
30	G. Sutcliffe (Rochdale)	37:58	EpsomTrack '40' 6, 'T. Buckingham 56 (Learn)	5.01.92	May 11th
31 32	A. Lawton (Leeds) N. Eckersley (ECII)	38:04 38:34	CALLET STATE OF THE STATE OF TH	Apple Town	British League (Div 3) Luten
33	L. Heald (ECH)	39:35			400 H. (B) 2. J. Dixon 41 (Bris) 59:5
34	A. Locke (YMCA)	39:53	On Submedure 4th Mark of Vole	e I augo	, , , ,
35	A. Tither (Salford)	40:21	On Saturday 4th May, at Vale Industrial Estate, Dumbartons		May 12th
36	W. Jenkins (Boundary)	41:22	Scottish Veterans Harriers C.		'Graham Oliver' 10m R-Race
37	F., Johnson (Sutton)	41:37	its 10-miles Road Championsh		25 K. Hodkinson (Salf) 40+ 52:05
38	W. Brown (ECH)	41:43	prising 5 laps of 2 miles each		47 M.E. Morrell 40+ (WarrlAC) 55:17
39	A. Jolly (ECH)	42:21	pected, Charlie McAlinden fo	reed the	64 K. Hall 50+ (Warrl.A.C) 57:12
40	W. Fellows (ECH)	43:56	pace all the way, to run out w		
41 42	N. Cosgrove (ECH) S. Proffitt (Salford)	43:59 45:33	400 yards from Bill Stoddart,		May 11th
43	J. Rimmer (Wallasey)	46:04	a remarkable race, having only		Croxdate '10' 17 R. Balding 40 (Heat) 51:13
44	J. Breem (ECH)	46:15	recovered from a broken as runners finished, and the first 20		25 T, Rooke 41 (M&C) 51:50
45	H. Sholicar (Pembroke)	46:23	were:	pracmgs	G. Spink 40 (Bing) 54:19
46	B. Duckworth (Preston)	46:52	1. C. McAlinden	51:57	E. Joynson 50+ (Gates) 58:56
47	J. Swan (Waterloo)	49:29	2 W. Stoddart	53:13	J. Lawton 50+ (Leeds) 60:00
48	C. Hewson (Wallasey)	51:35	3 H. Scott	53:58	— J. Railston 50+ (M&C) 72:26
	Result:		4 W. Ramage	54:45	M 104
1	Rochdale (1,3,9)	1.3 Pts	5 W. Marshall	55:12	May 18th Isle of Wight Marathon, Ryde
2 3	F.CH (4,6,32) Pembroke (10,14,21)	42 " 45 "	6 W. McBrinn	55:34 56:14	6 D. Case 40 (Eal.&S.) 2:40:05
4	Leeds (8,19,27)	54 **	7 W. Russell 8 W. Lyall	56:14 56:18	15 II. Downer (And.) 2:52:49
5	Wallasey (7,20,43)	70 **	8 W. Lyall 9 E. Dolan	57:14	16 P. Pringle (Bels) 2:53:58
6	Salford (2,35,42)	79 "	10 J. Moore	57:37	. , ,
Over			11 B. Bickerton	59:12	May 18th
1	K. Hall	33:00	12 E. Campbell	60:15	May 18th Pembroke "20" Road Race, Huyton
2	R. Fernyhough	34:54	13 G. Porteous	60:29	14 K. Hodkinson 42 (Sulf) 1:49:43
3	N. Ashcroft	34:59	14 A. Galbraith	60:48	TO THE WAY THE PARTY OF THE PAR
Over		27.40	15 J. McNeil	60:56	
2	E. Wallace A. Locke	37:49 39:53	16 W. Kelly	61:13	May 19th
3	E. Johnson	41:37	17 D. McKirdy	61:24	C. of Manchester '5' X-cty
Over			18 J. Farrell 19 J. Kelly	61:37 62:14	19 P. Goodfellow 40 (Stoke) 30:52 23 J. Wild 42 (E.Ches) 31:53
I	W. Fellows	43:56	20 C. Forbes	62:14	, , , , , , , , , , , , , , , , , , ,
					2

2 S.	h 100m Handica Sutherland (22 Stein (4½m) Dunn (5m)	p ?½m)	12:8 12:9 12:9	8 B B
400: 1.K	t d Track & Field L. Whittaker (42 B. Bullen (4) J. Salt (4)	l League 2)	54:0 4:18:2 4:20:0	5: 5: 5: 7: 7:
11 G. 17 T.	h t '15' Road Rac Knox 40 (Hill) Wood (New) Bearnes (Card))	1:20:24 1:25:32 1:25:45	7: 7: 7: 8: 8:
May 22n Birkenhe 17 C.	d ead '5' Road Ra Simpson 45 (S	ice mall Hth)	26:52	9 16 16 16 1
17 C. 27 M.	ead 5 miles Roa Simpson (Asto E. Morrell (Was	nU)	26:52 28:03	1:
	y 1974 10' Road Race Boyce (Tipton)	40+	60:01	13 13 13 13
	Haden (Tipton)		67:04	
400 H: (heat) 5 J. (final) 6 J. 10 Km V 5 C. Hammer	gional Champs. Dixon 41 Dixon 41 Valk: Fogg 40	Crystal P	55:6 56:8 48:58:8	1 B 1 2 3 4 5 5
16th Jun Scottish	e 1974 & N.W. League	-Carlisle		1 2 3
	C. McAlinden(4 C. McAlinden(4		4:08 9:05	1
	10			1 2 3 4 5 6 7 2 1 2 3 4 5 6
				2 1 2 3 4 5 6

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CHARLIE McALINDEN

	unc 1974 kmans Park '10'		Spc	theston Harriers 70th cial 3-race meeting for	Vets.		
Broo	kmans Park, Herts		Barrachnic Playing Fields. 15th June 19				
	0.0 111 (77111)		100	A. McManus	12:		
20	R. Franklin (TVH)	54:41	2	A. Galbraith	14.		
30	S. Charlton (TVH)	56:12	3	B. Bickerton			
54	J. Moroney (Camb & C)	58:46	223	Metres			
56	P. Pringle (Bel. H)	58:58			***		
57	R. Halc (Kent)	58:59	l i	McManus	58:		
71	L. Eason (Chelms)	60:47	2	A. Galbraith			
72	R. Blois (Basildon)	60:50	3	B. Bickerton			
4	R. Reynolds (TVH)	60:53	5 1/2]	Miles road race			
7	II. Wise (Shafts)	61:05	1	W. Ramage	28:5		
79	J. Murphy (TVH)	61:26	2	J. Moore	29:4		
32	R. Johnston (TVII)	61:47	3	C. Wright	31:0		
33	P. Wilks (Poly)	61:47	4	D. McKirdy	32:1		
39	B. Todd (Met. Pol.)	62:19	5	J. McNeil	32:1		
0	D. Martin (GLC)	62:22	6	C. Wallace (50+)	32:2		
103	W. Craig (Kent)	64:36	7	R, Pickard	33:0		
04	P. Yates (Kent)	64:53	8	W. Ross	33:1		
05	D. Rowe (TVH)	64:59	9	T. Fletcher	33:4		
13.	H. Down (TVH)	66:19	10	B. Bickerton	33:5		
16	D. Hopgood (B'heath)	67:02	11	J. Geddes	34:3		
20	A. Goodwin (SLH)	69:10	12	A. Galbraith	34:4		
21	I. Sharples (Met. Pol.)	70:22	13	W. Williamson	35:0		
22	G. Meech (Ver.)	71:42	14	T. Docherty	35:4		
23	R. Martin (Kent)	72:34	15	T. Monahan	36:1		
24	G. Hoggett (H'gate)	72:56	16	H. Smith (60+)	36:3		
25	T. Osman (Ver.)	75:09	17	G. Taylor	36:3		
26	F. Woolford (SLH)	75:49	18	N. Ross	37:4		
27	E. McHugh (Ver)	79:16	19	D. Causon	37:5		
	DADRICT CALA						

| Sheltheston Harriers 70th Anniversary --

14.	16th June 1974		1	
	net Sports Gala		2	.].
			3	В.
100	Om Final (Class 1)		4	Æ.
1	A. Blackman (41) H & S	11.4	5	R.
2	F. Smith Woodford G	11.7	6	.J.
3	K. Scott (41) Newbury AC	11.7	7	C.
4	G. Daborn (42) Stevenage	11.9	70.0	٠.
5	C. Vera Guardia U/A	12.4	400	m Fi
			1	F.
100	Im Final (Class 2)		2	K.
1	S. Stein (54) Highgate II	12.9	3	G.
2	A. Dunn Vets AC	12.9	4	K.
3	C. Fairley (58) Kettering	13.0	5	в.
4	J. Pritchard Blackpool AC	13.0	6	R,
			7	J.
100	0m Final (Class 3)		8	n.
1	L. Batt (61) Highgate H	13.5	1	
2	J. Williams (63) Vets AC	14.2	400	m Fi
3	B. Bushy Luton VAC	14.9	1	Ρ.
4	M. Harris Highgate H	15.6	2	L.
5	R. Wiseman (70+) Cam. H	16.9	3	Α.
6	J. Heath (U/A)	17.1	1	
7	D. Maclean (89) Vets AC	20.4		m Fi
			1	L.
	m Final (Class 1)		2	R.
1	A. Blackman (41) II & S	23.2	3	E.
2	K. Scott (41) Newbury AC	23.4	4	R.
3	K. Whittaker (44) A'dale & S			
4	D. Daborn (42) Stevange & I			m Fi
5	R, Archbold Norfolk Olym	24.6 27.4	1	R.
6	C. Veta Guardia U/A	27.4	2	T.
900	h Pi (Cl 0)		3	М.
	om Final (Class 2)	25.9	4	J.
1	S. Stein (54) Highgate H		5	В.
2	J. Pritchard Blackpool	26.0	6	E.
4	P. Munn (51) Mitcham AC	26.2	000	ъ.
5	C. Fairley (58) Ket. Town A. Dunn Vets AC	26.4 26.7		m Fi
5 6	I. Brown Woodford G	26.8	1	L.
О	L. Brown Woodford C	20.0	2 3	L.
200	m Final (Class 3)		ا	
1	L. Batt (61) Highgate	27.4		
	17. Date (O1) Highland	21.4		

_	CHANGE OF THE PERSON OF THE	
2	J. Williams (63) Vets AC	28.9
3	B, Busby Luton VAC	29,2
4	E. Sears Essex Beagies	34.0
5	R. Wiseman (70+) Camb'e	
6	J. Heath U/A	36.6
7	C. Speechley (88) Vets AC	
700	2. 2p200, (00, 100	-0.4
400	Om Final (Class 1)	
1	F. Smith W'ford Green	52.1
2	K. Whittaker (44) Airdale	52.3
3	G. Daborn (42) Stevenage	54.7
4	K. Scott (41) Newbury AC	
5	B. Jackson Ports AC	58.0
6	R, Archbold Norfolk O	59.1
7	J. Charman (41) Crawley A	C 60.3
8	D. Adams Highgate H	61.8
400	Om Final (Class 2)	
1	P. Munn (51) Mitcham AC	59.1
2	L. Brown Woodford Green	
3	A. Dunn Vets AC	61.7
408	m Final (Class 3)	
1	L. Batt (61) Highgate H (w	r) 61.2
2	R. Busby Luton VAC	70.8
3	E. Sears Essex Beagles	78.0
4	R. Wiseman (70+) Camb'e	89.2
-	,	_
800	om Final (Class 1)	
1	R. Allen Harrogate	2:00.7
2	T. Clowry (42) Cardiff	2:06.7
3	M. Blagrove (40) E & S	2:08.0
4	J. Hayward (45) W. Green	2:09.4
5	B. Parkes (40) Barnes	2:13.7
6	E. Dodds U'Lea AC	2:26.5
800	m Final (Class 2)	
1	L. Brown Woodford G	2:22.3
2	L. Burnett (54) W. Green	2:23.7
3	Hillingdon	2:28.6
	Canalin of a	. 26
	Continued on f	age 25

BARNET Cont'd.		5 6	J. Coker Highgate M. Smith Highgate	70.0 72.6	20 21	G.E. Scutts (Portsm) D. Hunt (Southgate)	37:5 38:0
3000m Team Race					22	J. Hill (Ilford)	38:2
	0.40.0	Shot			23	D. Thompson (T.V.H.)	38:2
G. Brown (40) V'Lea	8:48.9	1	J. Lindsay Middx, LAC	8.93m	24	D. Rowe (T.V.H.)	38:4
P. Newell (41) Bel's	9:29.8	2	M Smith Highgate	8.24m	25	J. Baker (Woodford)	39:0
G. Harrison (41) H'gate	9:40.9	3	H Rider Cam. II	7.26m	26	R. Elkerton (Highgate)	39:20
Smith Eton Manor	9:55.8	1			27	G.A. Betts (Vets).	39:4
J. Atkinson Barnett	9:56.0	i			28		
S. Izzard (41) H'gate	10:09.7	Burn	et Sports Gala			J. Telford (Vaux)	39:5
P. Maffia Highgate	10:26.6				29	W. Hazle (Woodford)	40:0
0 0			ran's 10 KM Road Race		30	B. Saunders (T.V.H.)	40:4
Kearsley E' Manor	10:35.2	Copt	hall Stadium 15th June 197	4	31	R. Hopcroft (T.V.II.)	41:0
Ccam: Highgate Harrier 3,6,7 (16pts)	į.			32	D. Grainger (Southgate)	41:3
		1	L. O'Hara (Bel)	31:01	33	H. Humphrics (Woodford)	41;3
Long Jump		2	M. Barratt (Bal)	31:17	34		42:5
C. Vera Guardia U/A	5.82m	3	R.W. Balding (Heat)	32:21		G. Meech (Verlea)	
C. Knowles U/A	5.32m	4	D. Case (Eal)	33:26	35	F. Webb (Woodford)	43:1
		5			36	L.P. Dickson (Invicta)	43:3
	5.20m		P.G. Newall (Bel)	33:59	37	C.W. McDowell (Ranclagh)	43:5
1 J. Day Blackheath	5.11m	6	S. Charlton (T.V.H.)	34:17	38	G. Hoggett (Highgate)	44:2
		7	A. Layton (Vaux)	34:48	39	G. Eastwood (Woodford)	44:3
Shot		- 8	B. Lusty (Eal)	34:52	40	F. Woolford (S.L.H.)	47:0
	12.74m	9	E.A. Andrews (Haver)	34:56			
		10			41	A. Cove (Folkestone)	50:4
	9.70m		K. Jones (Vaux)	35:02	42	E.J. Peacock (Vets.)	53:2
J. Wild	9.18m	11	H. Soper (Vaux)	35:08	Team	ns:	
J. Day Blackheath H	7.73m	12	W. Kerr (Bell)	35:10	1	Ealing H.	1
		13	J. Fitzgerald (Mitcham)	35:51			
LADY VETS		14	S. lzzard (Highgate)	35:56	2	Belgrave II.	1
100m		15	R. Johnston (T.V.II.)	36:28	3	Vauxhali	2
	GE O	16			1-4	Over 50 Cl 9	
P. Jones Ilford AC	65.2		E. Blackler (Highgate)	36:33	120 -	- Over 50 - Class 2:	0
J. Lindsey Middx. LAC	67.8	17	G. Collett (T.V.H.)	37:05		J. Fitzgerald (Mitcham)	35:5
H. Rider Cam. H.	68.2	18	A. Piffin (Ilford)	37:27	lst-	- Over 60 - Class 3:	
R. Jackson P'mouth	69.8	19	J. Atkinson (Barnet)	37:53		F, Woolford (S.L.H.)	47:0
					_		
June 1st	CONTRACTOR OF	4	T. Fletcher	18:58	33	A. Kimber 40 (Surrey)	37:2
		5	A. Jack	19:16	34	J. Paget (Middx)	37:2
British League (Div 3), Meadew		6	J. Geddes (50+)	19:41	35		
400 H (B): 1. J. Dixon (41)	56:4					K. Flowers (Monmouth)	37:3
Shot (B): 1. S. Clark (4) 14:9	6/49'-1"	7	G. Bell (50+)	19:47	36	W. Astoi (Staffs)	37:4
	im-Seither 40 (903)	8	T. Monahan	20:03	37	J. Lawton (Yorks)	37:4
June 8th		9	II. SMith (60+)	20:18	38	N. Ashcroft 55 (Larics)	38:0
Leyland '9' Road Race		10	P. Minchin (50+)	21:02	39	M. Dwyer (Worcs)	38:1
	47:08	11	D. Cavson (50+)	21:34	40		
13 K. Hodkinson (42) Salf	47:00	12		22:22		G. Chaplin (Warks)	38:1
T 7 # 13			N. Ross (50+)		41	J. Whitbourne 50+ (Kent)	38:3
June 15th	. 1	13	R. Devon (60+)	23:47	42	M. Capewell (Warks)	38:3
A.A.A. Marathon Champs, Wine	dsor				43	A. Lawton 50+ (Yorks)	38:3
41 A. Walsham 43 (Salf)	2:37:32	Inter	r-Counties Veterans 10 KM	Road	44	S. Hardicker (Lancs)	38:3
59 G. McEntire 43 (Epsom)	2:44:58			Road	45	A. Blagg (Warks)	38:5
85 A. Horne 40 (Rone)	2:56:12		Championships	. 81			
		(Lea	mington Spa) Sunday, 16th	June	46	J. Haden 50+(Staffs)	39:0
111 P. Pringle (Bels)	3:05:58	1	R.W. Balding 40 (N&D)	32:20	47	C. Beesten (Derby)	39:3
114 P. Wilks 40 (Poly)	3:07:29	2	R, Franklin 46 (Mon)	32:31	48	R. Evans (Staffs)	39:4
119 E, Hefford (Orion)	3:10:15	3		32:40	49	V. McLeod (Warks)	39:48
Partitions of Continues	1		A. Hughes 42 (Lancs)			K. Westley (Worcs)	
THE SECOND PROPERTY OF THE PROPERTY OF THE SECOND PROPERTY OF THE PROPERTY OF	The State of the S		O C1. 45 /TH				40.1
une 4th		4	C. Simpson 45 (Warks)	33:0●	50		
		5	K. Harland 41 (Kent)	33:0 ● 33:37	51	F. Dyter 50+ (Kent)	40:1
Stretford T, & F. League	94.0			33:0●	51 52		40:1
Stretford T,&F, League 200: 1. K. Whitaker 42 [ASV]	24:3	5	K. Harland 41 (Kent) D. Dellar 44 (Kent)	33:0 ● 33:37	51	F. Dyter 50+ (Kent)	40:1 40:1 40:2 40:2
Stretford T.&F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robu'ts 40 (Alt)	2:04:1	5 6 7	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Sentley 43 (Staffs)	33:0● 33:37 33:38 33:43	51 52	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent)	40:1 40:2 40:2
Stretford T,&F, League 200: 1. K. Whitaker 42 [ASV]		5 6 7 8	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts)	33:00 33:37 33:38 33:43 33:50	51 52 53 54	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs)	40:1 40:2 40:2 41:0
Stretford T.&F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robu'ts 40 (Alt)	2:04:1	5 6 7 8 9	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs)	33:00 33:37 33:38 33:43 33:50 33:56	51 52 53 54 55	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs)	40:1 40:2 40:2 41:0 41:1
Stretford T. & P. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robite 40 (Alt) 2. R. Colson 42 (Stret)	2:04:1 2:06:9	5 6 7 8 9	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks)	33:00 33:37 33:38 33:43 33:50 33:56 34:20	51 52 53 54 55 56	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) C. Gains (Worcs)	40:1 40:2 40:2 41:0 41:1 41:4
Stretford T. & F. League 200: 1. K. Whitaker 42 (ASV) 800: 1. H. Robuts 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla	2:04:1 * 2:06:9 :sgow	5 6 7 8 9 10	K. Harland 41 (Kent) D. Dellar 44 (Kent) P. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs)	33:00 33:37 33:38 33:43 33:50 33:56 34:20 34:28	51 52 53 54 55 56 57	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Gains (Worcs) G. Radford 60+ (N&D)	40:1 40:2 40:2 41:0 41:1 41:4
Stretford T. &F. League 200: 1. K. Whitaker 42 (ASV) 800: 1. H. Robbits 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m	2:04:1 * 2:06:9 :sgow	5 6 7 8 9	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks)	33:00 33:37 33:38 33:43 33:50 33:56 34:20	51 52 53 54 55 56 57 58	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) C. Gains (Wores) O. Radford 60+ (N&D) N. Eckersley (Cheshire)	40:1 40:2 40:2 41:0 41:1 41:4 41:4
Stretford T. & F. League 200: 1. K. Whitaker 42 (ASV) 809: 1. H. Robuth 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974	2:04:1 * 2:06:9 :sgow	5 6 7 8 9 10	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent)	33:00 33:37 33:38 33:43 33:50 33:56 34:20 34:28 34:40	51 52 53 54 55 56 57	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Gains (Worcs) G. Radford 60+ (N&D)	40:1 40:2 40:2 41:0 41:1 41:4 41:4 42:0
Stretford T. & F. League 200: 1. K. Whitaker 42 (ASV) 809: 1. H. Robuth 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974	2:04:1 * 2:06:9 :sgow	5 6 7 8 9 10 11 12 13	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts)	33:0• 33:37 33:38 33:43 33:50 33:56 34:20 34:28 34:40 34:48	51 52 53 54 55 56 57 58 59	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Gains (Worcs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs)	40:1 40:2 40:2 41:0 41:1 41:4 41:4 42:0 42:1
Stretford T. & F. League 200: 1. K. Whitaker 42 (ASV) 800: 1. H. Robute 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 'A'' Race	2:061 2:0629 asgow Frack races	5 6 7 8 9 10 11 12 13	K. Harland 41 (Kent) D. Dellar 44 (Kent) P. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs)	33:00 33:37 33:38 33:43 33:50 33:56 34:20 34:28 34:40 34:48 34:51	51 52 53 54 55 56 57 58 59 60	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Gains (Worcs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks)	40:1 40:2 40:2 41:0 41:1 41:4 41:4 42:0 42:1 42:3
Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robb(ts 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 'A'' Race I. C. McAlinden	2:061 2:0629 asgow Frack races	5 6 7 8 9 10 11 12 13 14	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs)	33:00 33:37 33:38 33:43 33:50 33:56 34:20 34:28 34:40 34:48 34:51 34:57	51 52 53 54 55 56 57 58 59 60	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) C. Gains (Worcs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs)	40:1 40:2 40:2 41:0 41:1 41:4 42:0 42:1 42:3 42:4
Stretford T. &F., League 200: 1. K. Whitaker 42 (ASV) 800: 1. H. Robuts 40 (Atv) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 A" Race I. C. McAlinden 2. W. Ramage	2:06:2 2:06:2 asgow Frack races 15:40 16:09	5 6 7 8 9 10 11 12 13 14 15	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers)	33:0 ● 33:37 33:38 33:50 33:56 34:20 34:28 34:40 34:41 34:51 34:57 34:59	51 52 53 54 55 56 57 58 59 60 61 62	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Gains (Worcs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent)	40:1 40:2 40:2 41:0 41:1 41:4 41:4 42:0 42:1 42:3 42:4 43:3
Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robbits 40 (Alt) 2. R. Golson 42 [Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 'A" Race I. C. McAlinden 2. W. Ramage 3. R. Calderwood	2:041 2:06:9 asgow Frack races 15:40 16:09 16:18	5 6 7 8 9 10 11 12 13 14 15 16	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs)	33:00 33:37 33:38 33:43 33:50 33:56 34:20 34:28 34:40 34:48 34:51 34:57 34:59 35:02	51 52 53 54 55 56 57 58 59 60 61 62 63	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Gains (Worcs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs)	40:1 40:2 40:2 41:0 41:1 41:4 41:4 42:0 42:1 42:3 42:4 43:3 43:4
Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robits 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 4" Race 1. C. McAlinden 2. W. Ramage 3. R. Calderwood 4. J. Moore	2:06:2 2:06:2 asgow Frack races 15:40 16:09	5 6 7 8 9 10 11 12 13 14 15	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers)	33:0 ● 33:37 33:38 33:50 33:56 34:20 34:28 34:40 34:41 34:51 34:57 34:59	51 52 53 54 55 56 57 58 59 60 61 62	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Gains (Worcs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent)	40:1 40:2 40:2 41:0 41:1 41:4 42:0 42:1 42:3 42:4 43:3 43:4
Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robb(is 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 4" Race 1. C. McAlinden 2. W. Ramage 3. R. Calderwood 4. J. Moore	2:04:1 2:06:9 2:06:9 15:40 16:09 16:18 16:58	5 6 7 8 9 10 11 12 13 14 15 16 17	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Worcs)	33:00 33:37 33:38 33:43 33:50 33:56 34:20 34:28 34:40 34:48 34:51 34:57 34:59 35:02	51 52 53 54 55 56 57 58 59 60 61 62 63	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) C. Gains (Worcs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks)	40:1 40:2 41:0 41:1 41:4 41:4 42:0 42:1 42:3 42:4 43:3 43:4 43:5
Stretford T. &F., League 200: 1. K. Whitaker 42 (ASV) 800: 1. H. Robuts 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 'A" Race 1. C. McAlinden 2. W. Ramage 3. R., Calderwood 4. J. Moore 5. R. Kane	2:06.1 2:06.9 ssgow Tračk races 15:40 16:09 16:18 16:58 17:20	5 6 7 8 9 10 11 12 13 14 15 16 17 18	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Wores) R. Blastland (Derby)	33:00 33:37 33:38 33:43 33:50 33:56 34:20 34:28 34:40 34:48 34:45 34:57 34:57 34:59 35:02 35:02	51 52 53 54 55 56 57 58 59 60 61 62 63 64 65	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lanes) S. Lee 60+ (Lanes) G. Gains (Wores) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lines) J. Brennan 50+ (Warks) A. Locke 60+ (Lanes) G. Mapham 50+ (Kent) K. Kitchen (Lines) J. Salby 50+ (Warks) T. Hughes (Oxon)	40:1 40:2 41:0 41:1 41:4 42:0 42:1 42:3 42:4 43:3 43:4 43:5 43:5
Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robbits 40 (Alt) 2. R. Golson 42 [Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 'A" Race I. C. McAlinden W. Ramage 3. R. Calderwood J. Moore 6. R. Kane 6. B. Bicketton (501)	2:06:1 2:06:9 15:40 16:09 16:18 16:58 17:20 17:30	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Worcs) R. Blastland (Derby) D. Funnell (Surrey)	33:00 33:37 33:38 33:43 33:50 34:20 34:20 34:48 34:41 34:51 34:51 34:59 35:02 35:06 35:08 35:28	51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks) T. Hughes (Oxon) N. Dudley 50+ (Kent)	40:1 40:2 40:2 41:0 41:1 41:4 42:0 42:1 42:3 42:4 43:3 43:4 43:5 43:5 44:0
Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robuts 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 4" Race 1. C. McAlinden 2. W. Ramage 3. R. Calderwood 4. J. Moore 5. R. Kane 5. B. Bickerton (50+) 4. A. McManus	2:04.1 2:06.9 asgow Track races 15:40 16:09 16:18 16:58 17:20 17:36 17:44	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (Jancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Worcs) R. Blastland (Derby) D. Funnell (Surrey) G. Growder (Kent)	33:0 ● 33:38 33:43 33:50 33:50 34:20 34:28 34:40 34:41 34:51 34:57 34:59 35:02 35:06 35:08 35:45	51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lanes) S. Lee 60+ (Lanes) G. Gains (Wores) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lines) J. Brennan 50+ (Warks) A. Locke 60+ (Lanes) G. Mapham 50+ (Kent) K. Kitchen (Lines) J. Salby 50+ (Warks) T. Hughes (Oxon) N. Dudley 50+ (Kent) T. Johnson 60+ (Lanes)	40:1 40:2 40:2 41:0 41:1 41:4 42:0 42:1 42:3 42:4 43:3 43:4 43:5 43:5 44:0 45:3
Stretford T. &F. League 200: 1. K. Whitaker 42 (ASV) 800: 1. H. Robbits 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 12th June 1974 'A" Race 1. C. McAlinden 2. W. Ramage 3. R. Calderwood 4. J. Moore 5. R. Kane 5. B. Bicketton (501) 6. McLean J. McLean	2:04.1 2:06.9 asgow Track races 15:40 16:09 16:18 16:58 17:20 17:30 17:44 17:45	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Worcs) R. Blastland (Derby) D. Funnell (Surrey)	33:00 33:37 33:38 33:43 33:50 34:20 34:20 34:48 34:41 34:51 34:51 34:59 35:02 35:06 35:08 35:28	51 52 53 54 55 56 57 58 60 61 62 63 64 65 66 67 68	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Gains (Worcs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks) T. Hughes (Oxon) N. Dudley 50+ (Kent) T. Johnson 60+ (Lancs) D. Rosenfield 50+ (Lancs)	40:1 40:2 41:0 41:1 41:4 41:4 42:0 42:1 42:3 42:4 43:5 43:5 44:0 45:3 45:3
Stretford T. &F. League 200: 1. K. Whitaker 42 (ASV) 800: 1. H. Robuts 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 12th June 1974 'A" Race 1. C. McAlinden 2. W. Ramage 3. R. Calderwood 4. J. Moore 5. R. Kane 5. B. Bickerton (501) 6. McLean	2:04.1 2:06.9 asgow Track races 15:40 16:09 16:18 16:58 17:20 17:36 17:44	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Worcs) R. Blastland (Derby) D. Funnell (Surrey) D. Funnell (Surrey) G. Crowder (Kent) F. Valentine (Lancs)	33:00 33:38 33:38 33:43 33:56 34:20 34:28 34:40 34:48 34:51 34:59 35:02 35:08 35:08 35:28 35:28	51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (Rent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks) T. Hughes (Oxon) N. Dudley 50+ (Kent) T. Johnson 60+ (Lancs) D. Rosenfield 50+ (Lancs) D. Rosenfield 50+ (Lancs) D. Rosenfield 50+ (Lancs)	40:1 40:2 40:2 41:0 41:1! 41:4 42:0 42:1 42:3 42:4 43:5 43:5 44:0 45:3; 45:3
Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robu(ts 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 'A" Race I. C. McAlinden W. Ramage 2. R. Calderwood 4. J. Moore 5. B. Bickerton (50+) 7. A. McManus 8. J. McLean 9. D. Dickson	2:04.1 2:06.9 15:40 16:09 16:18 16:58 17:20 17:44 17:45 18:04	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Worcs) R. Blastland (Derby) D. Funnell (Surrey) G. Crowder (Kent) F. Valentine (Lancs) P. Vetterlain (Essex)	33:00 33:37 33:38 33:43 33:50 34:20 34:48 34:48 34:48 34:51 34:57 35:02 35:06 35:28 35:45 36:10	51 52 53 54 55 56 57 58 60 61 62 63 64 65 66 67 68	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Gains (Worcs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks) T. Hughes (Oxon) N. Dudley 50+ (Kent) T. Johnson 60+ (Lancs) D. Rosenfield 50+ (Lancs)	40:1 40:2 41:0 41:1 41:4 42:1 42:3 42:4 43:3 43:4 43:5 43:5 44:3 45:3 45:3 47:3
Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robuts 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 4" Race 1 C. McAlinden 2 W. Ramage 3 R. Calderwood 4 J. Moore 5 R. Kane 6 B. Bickerton (50+) 7 A. McManus 6 J. McLean 9 D. Dickson 10 A. Galbraith	2:04.1 2:06.9 15:40 16:09 16:18 16:58 17:20 17:44 17:45 18:04 18:18	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Worcs) R. Blastland (Derby) D. Funnell (Surrey) G. Growder (Kent) F. Valentine (Lancs) P. Vetterlain (Essex) W. Mottram (Staffs)	33:30 33:38 33:43 33:56 34:20 34:28 34:40 34:48 34:57 34:59 35:06 35:08 35:08 35:08 35:45 36:09 36:10	51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Cass 50+ (Kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Gains (Worcs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks) T. Hughes (Oxon) N. Dudley 50+ (Kent) T. Johnson 60+ (Lancs) D. Rosenfield 50+ (Lancs) N. Blackheath (Warks) N. Blackheath (Warks) N. Mail 50+ (Derby)	40:1 40:2 40:2 41:0 41:1 41:4 42:1 42:3 42:4 43:3 43:4 43:5 44:0 45:3 47:3 47:4
Stretford T. & F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robuts 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 'A" Race 1. C. McAlinden 2. W. Ramage 3. R. Calderwood 4. J. Moore 5. R. Kane 5. B. Bickerton (50+) 6. A. McManus 6. J. McLean 6. D. Dickson 6. A. Galbraith 6. Hendry	2041 20629 15:40 16:09 16:18 16:58 17:20 17:35 17:45 18:04 18:18 18:18	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. McWhirter (Staffs) W. Hill (Kent) R. Huins (Worcs) R. Blastland (Derby) D. Funnell (Surrey) D. Funnell (Surrey) F. Valentine (Lancs) P. Vetterlain (Essex) W. Mottram (Staffs) T. Buckingham 55 (Warks)	33:30 33:38 33:43 33:56 34:20 34:20 34:48 34:40 34:48 34:51 34:59 35:06 35:08 35:08 35:28 36:10 36:11	51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Gains (Worcs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks) T. Hughes (Oxon) N. Dudley 50+ (Kent) T. Johnson 60+ (Lancs) D. Rosenfield 50+ (Lancs) N. Blackheath (Warks) A. Mail 50+ (Derby) D. Waksman 50+ (Staffs)	40:1 40:2 40:2 41:0 41:1 41:4 41:4 42:0 42:1 42:3 42:4 43:5 43:5 44:0 45:3 45:3 47:4 48:0
Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robb(is 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 A" Race 1. C. McAlinden 2. W. Ramage 3. R. Calderwood 4. J. Moore 5. R. Bicketton (501) A. McManus J. McLean D. Dickson 10. A. Galbraith 11. J. Hendry 12. J. McNeal	2041 2:0629 15:40 16:09 16:18 16:58 17:20 17:44 17:45 18:18 18:18 18:23 18:38	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Worcs) R. Blastland (Derby) D. Funnell (Surrey) G. Crowder (Kent) F. Valentine (Lancs) P. Vetterlain (Essex) W. Mottram (Staffs) T. Buckingham 55 (Warks) G. Eden (Yorks)	33:30 33:38 33:38 33:45 33:56 34:20 34:28 34:40 34:48 34:48 34:48 34:57 34:57 34:59 35:02 35:08 35:08 35:08 35:45 36:10 36:11 36:12 36:24	51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 70 71 72	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks) T. Hughes (Oxon) N. Dudley 50+ (Kent) T. Johnson 60+ (Lancs) D. Rosenfield 50+ (Lancs) D. Rosenfield 50+ (Lancs) N. Blackheath (Warks) A. Mail 50+ (Derby) D. Waksman 50+ (Staffs) L. Hibbert 60+ (Salop)	40:1 40:2 40:2 41:0 41:4 41:4 42:0 42:1 42:3 42:4 43:5 43:5 44:0 45:3 47:3 48:0 48:2
Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robb(is 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 A" Race 1. C. McAlinden 2. W. Ramage 3. R. Calderwood 4. J. Moore 5. R. Bicketton (501) A. McManus J. McLean D. Dickson 10. A. Galbraith 11. J. Hendry 12. J. McNeal	2041 20629 15:40 16:09 16:18 16:58 17:20 17:35 17:45 18:04 18:18 18:18	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Worcs) R. Blastland (Derby) D. Funnell (Surrey) G. Crowder (Kent) F. Valentine (Lancs) P. Vetterlain (Essex) W. Mottram (Staffs) T. Buckingham 55 (Warks) G. Eden (Yorks)	33:30 33:38 33:38 33:45 33:56 34:20 34:28 34:40 34:48 34:48 34:48 34:57 34:57 34:59 35:02 35:08 35:08 35:08 35:45 36:10 36:11 36:12 36:24	51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Hospood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks) T. Hughes (Oxon) N. Dudley 50+ (Kent) T. Johnson 60+ (Lancs) D. Rosenfield 50+ (Lancs) D. Rosenfield 50+ (Lancs) N. Bllackheath (Warks) A. Mail 50+ (Derby) D. Waksman 50+ (Staffs) L. Hibbert 60+ (Salop) A. Kenny 50+ (Warks)	40:1 40:2 41:2 41:2 41:3 41:4 41:4 42:0 42:1 42:3 43:5 43:5 44:0 43:3 45:3 47:3 47:4 48:0 48:0 51:3
Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robit's 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 4" Race 1. C. McAlinden 2. W. Ramage 3. R. Calderwood 4. J. Moore 5. R. Kane 5. B. Bickerton (50+) 7. A. McManus 8. J. McLean 9. D. Dickson 10. A. Galbraith 11. J. Hendry 12. J. McNeal 13. C. Forbes (50+)	2041 2069 15:40 16:09 16:18 16:58 17:20 17:44 17:45 18:04 18:18 18:23 18:23 18:38	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 27	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Wores) R. Blastland (Derby) D. Funnell (Surrey) G. Crowder (Kent) F. Valentine (Lancs) P. Vetterlain (Essex) W. Mottram (Staffs) T. Buckingham 55 (Warks) G. Eden (Yorks) A. Rockall 42 (Herts)	33:30 33:38 33:38 33:43 33:56 34:20 34:28 34:40 34:48 34:57 34:59 35:06 35:08 35:08 35:08 35:09 36:10 36:11 36:12 36:24	51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 70 71 72	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks) T. Hughes (Oxon) N. Dudley 50+ (Kent) T. Johnson 60+ (Lancs) D. Rosenfield 50+ (Lancs) D. Rosenfield 50+ (Lancs) N. Blackheath (Warks) A. Mail 50+ (Derby) D. Waksman 50+ (Staffs) L. Hibbert 60+ (Salop)	40:1 40:2 41:2 41:2 41:4 41:4 41:4 42:0 42:1 42:3 43:3 43:4 43:5 45:3 47:3 47:4 48:0 48:0 51:3
Stretford T. & F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robuts 40 (Alt) 2. R. Colson 42 (Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 'A" Race 1. C. McAlinden 2. W. Ramage 3. R. Calderwood 4. J. Moore 5. R. Kane 5. B. Bickerton (50+) 6. McManus 7. J. McLean 9. D. Dickson 10. A. Galbraith 11. J. Hendry 12. J. McNeal 13. G. Forbes (50+) 14. P. Livingston	2041 2:0629 15:40 16:09 16:18 16:58 17:20 17:44 17:45 18:18 18:18 18:23 18:38	5 6 7 8 9 10 11 12 13 14 15 16 17 18 20 21 22 23 24 25 27 28	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (lancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. McWhirter (Staffs) W. Hill (Kent) R. Huins (Wores) R. Blastland (Derby) D. Funnell (Surrey) D. Funnell (Surrey) G. Crowder (Kent) F. Valentine (Lancs) P. Vetterlain (Essex) W. Mottram (Staffs) T. Buckingham 55 (Warks) G. Eden (Yorks) A. Rockall 42 (Herts) M. Weston (Lancs)	33:30 33:38 33:43 33:56 34:20 34:28 34:40 34:48 34:51 34:59 35:06 35:08 35:08 35:24 36:10 36:11 36:12 36:24 36:34 36:40	51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 71 72 73	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Hospood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Gains (Worcs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks) T. Hughes (Oxon) N. Dudley 50+ (Kent) T. Johnson 60+ (Lancs) D. Rosenfield 50+ (Lancs) N. Blackheath (Warks) A. Mail 50+ (Derby) D. Waksman 50+ (Staffs) L. Hibbert 60+ (Salop) A. Kenny 50+ (Warks) J. McLaughlin 50+ (Warks)	40:1 40:2 41:0 41:1 41:1 41:4 41:4 42:0 42:1 42:3 43:5 43:5 44:0 43:3 45:3 47:4 48:0 48:0 57:0 57:0 57:0
Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robu(ts 40 (Alt) 2. R. Colson 42 [Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 4 "Race 6. C. McAlinden 2. W. Ramage 3. R. Calderwood 4. J. Moore 6. R. Salderwood 6. J. Moore 6. R. Kane 6. B. Bicketton (501) 6. A. McManus 6. J. McLean 6. D. Dickson 6. A. Galbraith 6. J. Hendry 6. J. McNeal 6. Forbes (50+) 6. P. Livingston 6. Race 6. R. Sale	2041 2:0619 15:40 16:09 16:18 16:58 17:20 17:44 17:45 18:18 18:23 18:38 18:53 19:07	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 26 27 28 29	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (Iancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Worcs) R. Blastland (Derby) D. Funnell (Surrey) G. Crowder (Kent) F. Valentine (Lancs) P. Vetterlain (Essex) W. Mottram (Staffs) T. Buckingham 55 (Warks) G. Eden (Yorks) A. Rockall 42 (Herts) M. Weston (Lancs) J. Young (Staffs)	33:30 33:38 33:38 33:450 33:56 34:20 34:28 34:40 34:48 34:48 34:48 34:57 34:57 34:57 34:50 35:02 35:02 35:02 35:02 35:02 35:04 36:11 36:12 36:24 36:34 36:34 36:34 36:34 36:34 36:34 36:49	51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 70 71 72 73 75	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks) J. Salby 50+ (Warks) D. Dudley 50+ (Kent) T. Juhnson 60+ (Lancs) N. Blackheath (Warks) N. Blackheath (Warks) N. Mali 50+ (Derby) D. Waksman 50+ (Staffs) L. Hibbert 60+ (Salop) A. Kenny 50+ (Warks) J. McLaughlin 50+ (Warks) J. McLaughlin 50+ (Warks) J. McLaughlin 50+ (Warks) E. Sullivan 60+ (Oxon)	40:1 40:2 41:0 41:1 41:4 41:4 42:0 42:1 43:3 42:4 43:3 43:4 43:5 44:0 45:3 47:4 48:0 48:2 56:3 67:0 85:3
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Stretford T. &F. League 200: 1. K. Whitaker 42 [ASV] 800: 1. H. Robu(ts 40 (Alt) 2. R. Colson 42 [Stret) Bellahouston Sports Centre, Gla Scottish Vets. Annual 5000 m 7 12th June 1974 4 "Race 6. C. McAlinden 2. W. Ramage 3. R. Calderwood 4. J. Moore 6. R. Salderwood 6. J. Moore 6. R. Kane 6. B. Bicketton (501) 6. A. McManus 6. J. McLean 6. D. Dickson 6. A. Galbraith 6. J. Hendry 6. J. McNeal 6. Forbes (50+) 6. P. Livingston 6. Race 6. R. Sale	2041 2:0619 15:40 16:09 16:18 16:58 17:20 17:44 17:45 18:18 18:23 18:38 18:53 19:07	5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 26 27 28 29	K. Harland 41 (Kent) D. Dellar 44 (Kent) R. Bentley 43 (Staffs) G. Harrison 42 (Herts) J.Salt 40 (Iancs) G. Phipps (Warks) R. Kernighan 42 (Lancs) D. Maynard (Kent) S. Izzard 41 (Herts) B. Boyce (Staffs) D. McWhirter (Staffs) D. Davies (Hers) W. Hill (Kent) R. Huins (Worcs) R. Blastland (Derby) D. Funnell (Surrey) G. Crowder (Kent) F. Valentine (Lancs) P. Vetterlain (Essex) W. Mottram (Staffs) T. Buckingham 55 (Warks) G. Eden (Yorks) A. Rockall 42 (Herts) M. Weston (Lancs) J. Young (Staffs)	33:30 33:38 33:38 33:450 33:56 34:20 34:28 34:40 34:48 34:48 34:48 34:57 34:57 34:57 34:50 35:02 35:02 35:02 35:02 35:02 35:04 36:11 36:12 36:24 36:34 36:34 36:34 36:34 36:34 36:34 36:49	51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 71 72 73 74 75 Next to	F. Dyter 50+ (Kent) L. Cass 50+ (Kent) L. Cass 50+ (Kent) D. Hopgood (kent) L. Heald 50+ (Lancs) S. Lee 60+ (Lancs) G. Radford 60+ (N&D) N. Eckersley (Cheshire) E. Harrison 60+ (Lincs) J. Brennan 50+ (Warks) A. Locke 60+ (Lancs) G. Mapham 50+ (Kent) K. Kitchen (Lincs) J. Salby 50+ (Warks) J. Salby 50+ (Warks) D. Dudley 50+ (Kent) T. Juhnson 60+ (Lancs) N. Blackheath (Warks) N. Blackheath (Warks) N. Mali 50+ (Derby) D. Waksman 50+ (Staffs) L. Hibbert 60+ (Salop) A. Kenny 50+ (Warks) J. McLaughlin 50+ (Warks) J. McLaughlin 50+ (Warks) J. McLaughlin 50+ (Warks) E. Sullivan 60+ (Oxon)	40:1 40:2 41:0 41:1 41:4 41:4 42:0 42:1 42:4 43:3 42:4 43:3 45:3 45:3 47:3 45:3 48:0 88:2 88:2 88:2 88:2 88:2 88:3 88:3 88:3

Spotlight on ROGER RUTH

The 45 year old Roger Ruth claims "My athletic career can only be assessed as a triumph of mediocrity over lack of adversity" — a comment one could attribute to his wry and humorous nature rather than reality on any scrutiny of his background deprived surroundings - but neither did he seem to have a silver spoon in his mouth.

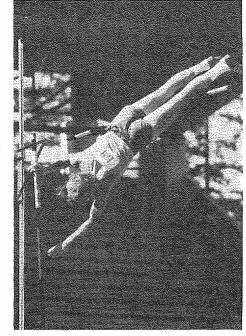
He cannot recall any reason that led to his development of an interest in running "except as a natural consequence of being the smallest boy in a demanding neighborhood." His vaulting interest arose at the early age of cleven. The Kansas climate was too dry for bamboo poles (1938) to be used for more than one year and the usual practice was for schools to give them to likely candidates at the season's end. One such pole came his way when the big boys had wandered away. He held it as they had done - ran up and planted it in the hole they had dug - and like the whole history of boys before, he landed with an uncomfortable thump on his back side!

At school, his sporting interests were varied, with football, basketball, tennis, and track athletics commanding his interests. In his last year there he won the State high jump and long jump championships and ended his school years (18 years of age) with a string of personal bests that indicated a little more than 'mediocrity'.

It is interesting to note that Roger insists upon having his schoolmarks recorded, because he believes they are goals that should be aimed at as a veteran. He also believes most veterans perform far below their physical potential, especially in certain of the field events where improved techniques and facilities should be expected to maintain a high level of achievement well into the veteran years.

After two years in the American Navy, Roger went to Emporia State College in Kansas, took a Ph.D in Educational Psychology and became one of the first vaulters in the world to use fibreglass poles and to improve considerably on all his personal bests.

By 1956 he was teaching in Lawrence, Kansas, and taking advantage of work-outs at the University; there to acquire a permanent awe of internationals from being close to Wes Santee, Al Oerter, Bill Neider and recent Euro-Tour Masters Jack Greenwood and Thane Baker. At the end of that year he retired with

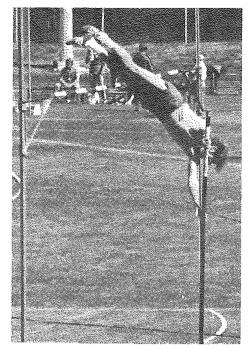


At 39 years of age, an appointment was taken in Canada at the University of Victoria, where he has remained ever since lecturing on 'Classroom Provisions for Gifted and Handicapped Children'. His interests cover camping and hiking, hi-fi equipment, folk dancing sailing and from time to time, poetry. The latter he can take quite seriously, but nothing of interest for track and field except, perhaps, the doggerel:

"In the sexual uncertainty of 40 plus, an age of cholestorol & hemorrhoids



Personal Bests School University Veteran Born: 23rd December 1927 Place: Scott City, Kansas, USA 100m: 11.3 10.8 12.2 Height: 5'9" 200m: 23.5 21.8 Weight: 140lbs 400m: 53.5 50.5 : 5'10" 6'11%'' 5'8" Pulse at rest: never Occupation: Professor : 21'4" 24'3" 20'1112" L.J. Club: Vancouver Olympic T.J. 43'6" 42'9" : 11'8" 13'8" 15'114" P.V. 6333 Dec.



one would be rash or competitive indeed, to risk the unknown of anabolic steroids."

With all this one can be excused from wondering if his plate was not indeed full. However, he fell sucker to having a go at what was advertized as an "All Comers Meet" and thus found the stimulation that was to lead him along a road lined with most distinguished achievements. A one time French Junior Champion, Gerard Dumas, became interested in Roger's efforts and soon became his constant training companion and mentor in fibreglass vaulting, in a primitive facility with a sawdust pit that led to two rubs being torn loose from the sturnam, one knee cartilege operation, one twelvestitch scalp laceration and a new personal best of T4'-0" at 41 years of agel

But that was only starters. For once the excellent facilities at the University of Victoria were obtainable. They, and Gerard, encouraged a slightlyless casual attitude which led to three or four vault workouts a week and even some weight training last year. 1969 saw 14'-5" achieved, 1970 the magical and undreamt of 15'-4", which earned him selection as World Veteran of the Year' by Track and Field News. 1972 produced many fine performances, the Masters Tour of Europe, including a new record of 15'-1½" in Gothenburg and a special kick in being allowed to participate, and come 5th, in the Canadian Olympic Trials.

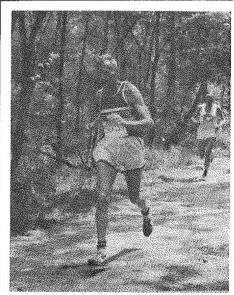
With regard to training he would like to think his approach is more casual than most, but admits that

his wife probably wouldn't agree and that his workout logs would belie it. However, he never runs, other than short work in warmup preparation, although he admits it's probably a disadvantage and never practices the other events (high jump, long jump, triple jump) at which he continues to achieve outstanding results.

Injuries do not appear to occur with any greater frequency than when he was young, but seem to take twice as long to heal. To protect his legs he takes a longer approach run now than most vaulters (140ft.) but of course bashes the final six strides as there is no other way to vault with fibreglass. He claims he can average six bottles of beer, or their alcoholic equivalent, per day; is a smoker, and admits "I cling to my bad habits as a balloonist does to his sandbags; so there'll be something to throw overboard when I find myself going down!"

Although still a U.S. citizen, Roger is grateful for the Canadians accepting him as a Landed Immigrant and for their well-run veteran structure which accepts and encourages participation with scant regard for international performance standards. He also supports any move that will bring about "open" competition among veterans, feeling that separate professional and amateur structures have no point at our age, and that joining together can only be a benefit to all.

Track and Field plays an important part in Roger Ruth's life; it acts as a release from nervous tensions, provides valuable social relationships and is an ego - booster. How long does he expect to remain in competition? "I've guessed wrong about that too many times" he admits. "50 maybe? - then I'll probably take up running" (Bud Deacon would agree that was sensible).



JOHN WALL (USA). Category 5 winner in the Draveil Marathon

RANKING USTS PART 2

ASSOCIATION OF VETERAN ATHLETES-1973 World Ranking Lists

Part Two--FIELD EVENTS

Class 1 (over 40) Class 2 (over 50) Class 3 (over 60)

by John Havward

Where the ages are known they are shown in brackets. An athlete qualifies for his age group on his birthday.

There	were	seven	field	event	record	breakers	during	the
ycar:-								

DISCUS C1.2	K. Joupila (FIN) 52	54.26 178°°
Pole Vault Cl.2	B. Morcom (USA) 52	4.27 14'0"
HAMMER C1.1	R. Klim (USSR) 40	70.90 232'7"
C1.3	A. Tesija (AUS) 60	42.36 139'0"
JAVELIN Cl. 1	J. Sidlo (POL) 40	73.60 241 '5''
C1.2	B. Morales (USA) 56	55.10 180'9"

SHOT C1.2 G. Ker (USA) 50 16.10 54'5\%" On our lists it can't be said that the 1973 performers showed any improvement on the ones of a year before - however it can be seen that this years lists, in both field and track, showed fewer names from the non English speaking countries. It is hard to believe that all of the many fine performers ranked from Europe have retired for example - rather our

inability to gain a contact through which to draw results.

HAMMER 40-49 (161bs)

This only time can correct.

Class One Record-R. Klim (USSR) 40 - 70.90m

70.90	232' 7"	R. Klim (USSR) 40	26 7
69.42	227' 9"	H. Payne (GB) 42	27- 8
62,36	204' 7"	J. Matousek (CZ) 45	140
62.10	203' 9"	H. Connally (US/A) 41	14-4
54.96	180' 4"	I. Markex (YUG) 41	300
53.18	174' 5"	M. Noor (PAK) 4.3	4-4
52.48	172' 2"	S. Giavanetti (ITA) 44	9 6
51.46	168, 10,,	S. Thompson (USA) 40	6- 7
49.86	163' 7"	T. Mullins (AUS) 42	31- 3
49.72	163' 1"	J. Elorriaga (SPA) 42	30-5
48.06	157' 8"	S. Bosch (SPA) 43	1-7
46.80	153' 6"	A. O'Neill (GB) 41	25- 8
46.28	151'10"	B. Ward (USA)	6- 7
44.58	145' 11"	A. Valentine (GB) 45	
43.72	143' 5"	L. Bell (GB) 40	12 8
43.44	142' 6"	D. Edgecombe (GB) 47	
42.86	140' 7"	P. Barber (GB) 40	4-8
40.58	133' 1"	L. Olsen (USA)	29- 9
39.50	129' 7"	D. Vanhegan (GB) 50	12- 8
39.28	128' 10"	H. Wynhoven (AUS)	22-12
38.96	127' 10"	A. Phillips (USA)	16 6
37.32	122' 5''	J. Pavelich (CAN) 41	6- 7
36.62	120' 1"	C. Steele (USA) 42	6- 7
35.82	117' 6"	R. Guest (CAN)	30 9
35.47	116' 5"	A. Dofel (AUS) 43	31 - 3

HAMMER 50-59 (121bs)

Class Two Record:- K. Hein (GER) 50 - 55.90

50.80	166' 8"	T. McDermott (USA) 55	20- 8
43.20	141' 9"	G. Rochambeau (USA) 54	24 (
42.36	139' 0"	A. Tesija (AUS) 60	23-12
41.44	135' 11"	N. Heard (USA) 55	24- (
40.52	132' 11"	S. Patterson (USA) 52	24- (
32.62	107' 0"	R. Szymanski (USA) 51	21- 7

13ammer	(Cont a)	

32.38	106' 3'	B. Tunaley (AUS) 60	23-12
16lbs 39.50	129' 7'	D. Vanhegan (GB) 50	12- 8
HAMMEI	R 60 plus	(12lbs)	
Class Thr	ee Record:	– R. Hubbell (USA) 60 – 32.00	;
42.36 32.80 32.32 29.82 29.64	139' 0' 107' 7' 106' 0' 97'10'	P. Partridge (USA) 62 R. Hubbell (USA) 64 S. Herrmann (USA) 69	23-12 20-18 2-6 17-12 15-8
16lbs 21.87	71' 6'		12- 8

DISCUS 40-49 (2 kg)

Class One Record: - A. Consolini (ITA) 55.91

54.26	178' 0"	K. Joupila (FIN) 52	5 8
4932	161'10"	W. Thiele (GDR) 42	23- 6
48.66	159' 8"	E. Helf (ARG) 41)	1- 9
15,92	150' 8"	K. Maczimczyk (GB) 59	31 7
44.80	147' 0"	S. Thompson (USA) 40	7- 7
44.14	144' 10"	O. Feldmanis (GB) 47	- 6
44.02	144' 5''	J. Galvao (POR) 41	2.00
44.00	144' 0"	J. Pavilich (CAN) 42	7- 6
42.72	140' 2"	D. Edgecombe (GB) 47	
12.04	137' 11"	O. Chandler (USA) 45	7- 4
41.30	135' 6"	C. Frauenderfer (USA) 41	7 7
41.18	135' 1"	T.O'Neill (GB) 41	
41.12	134' 11"	L. Schroder (USA	22- 7
40.9	134' 2"	H, Payne (GB) 42	22- 7 4- 7
40,22	131'11"	D. Maurer (USA) 43	6- 5
38.98	127' 10"	I. Briggs (GB)	6- 5
38.92	127' 8"	H. Hawke (USA) 43	24- 6
37.98	124' 7"	E. Van-Pelt (USA) 43	30-12
37.50	123' 0"	B. Bangert (USA) 49	7- 7
37.50	123' 0"	R. Straub (USA) 44	6- 5
37.42	122' 9"	P. Leane (AUS)	2212
36.70	120' 5"	L. Olson (USA)	30 - 9
טופטוופ ו	50 - 50 (1.6 kg	\ /*9 1\	

DISCUS 50-59 (1.6 kg) (*2 kg)

Class Two Record: K. Jouppila (FIN) 52 ... 54.26

54.26	178' 0"	K. Jouppila (FIN) 52	5 8
52.96	177' 9"	F. Gordien (USA) 50	28- 4
46.02	151' 0"	G. Ker (USA) 50	9- 2
*45.92	150' 8"	K. Maczimczyk (GB) 59	31 - 7
41.32	135' 7"	D. Aldrich (ÚSA) 54	24- 6
40.42	132' 7"	N. Heard (USA) 55	24 6
38.58	126' 7"	M. Castenda (USA) 54	7 7
38.36	125' 10"	J. Brcotte (USA) 53	6 5
38.16	125' 2"	P. Fanning (USA)	22-12
37.50	123' 0"	J. Thatcher (USA) 56	6 5

(Cont'd)

DISCUS 60 plus (1 kg)

43.24	141'	10"	K. Carnine (USA) 65	3 (
38,74	127	1"	J. Dick (USA)	22- 7
38.44	126'	1"	E. Both (USA) 63	24- 6
35.25	115'	8"	P. Partridge (USA) 62	19 12
34.88	114'	5"	A. Puglizevich (USA) 65	24- (
34.44	113'	0"	R. Drummond (USA) 66	24 (
33.76	110'	3,,	B. DeGroot (USA) 66	2 - (

18.09	53. 432	J. SKODIA (UZ) 45	13- 5
17.51	57' 51/2"	P. Colnard (FR) 44	4 8
16.47	54' 01/2"	S. Clark (GB) 40	28- 7
15.00	19' 21%''	J. Galvao (POR) 41	44.0
14,23	·16' 81/2"	G. Ker (USA) 50	7 - 4
13.92	45' 8"	L. Olsen (USA) 41	10 3
13.92	45' 8"	O, Chandler (USA) 45	17- 3
13.75	45' 112"	S. Thompson (USA) 40	6 7
13.47	44' 21/2"	L. Schroder (USA)	22- 7
13.46	44' 2"	H. Payne (GB) 42	4- 7
13.37	43' 101/3"	T. Wassam (USA) 41	6 7
13.34	43' 94"	J. Branquinho. (POR) 42	ee /
13.26	43' 6"	J. Pavelich (CAN) 41	5 - 7
12.99	42' 7½"	P. Davelid (CAN)	7- 6
12.69	41' 71/2"	L. Cave (USA)	22 - 7
12.57	41' 3"	C. Frauendorfer (USA) 41	7- 7
12.44	40' 9%''	D. Vanhegan (GB) 50	12 8
12.37	40' 7"	B. Bangert (USA) 49	7- 7
12.19	40' 0"	H. Hawke (USA) 43	7 – 4
11.91	39' 1"	W. Kingsbury (GB) 47	7
11.72	38' 51/2"	I . Briggs (GB)	6 5

16.60	54' 51/2''	G. Ker (USA) 50	13
14.88	48' 10"	N. Heard (USA) 55	23
13.43	44' 1"	J. Thatcher (USA) 56	17-
12.81	42' 0½"	D. Aldrich (USA) 54	7—
12.44	40' 10"	N. Buell (USA) 58	26
12.44	40' 10''	D. Vanhegan (GB) 50	12
12.43	40' 9½"	W. George (GER) 51	7-
12.37	40' 7"	H. DeGroot (USA	6-
12.30	40' 41/2''	M. Castenada (USA) 54	7
12.27	40' 31%"	J. Siefert (UDS) 55	23—
SHOT 6	0 plus (81bs)		

13.35	43' 91/2"	W. Babnick(USA)	22-
13,31	43' 8"	A. Puglizevich (USA) 65	6-
13.26	43' 6"	R. Drummond (USA) 66	6-
13.16	43' 2"	J. York (USA) 60	22
12.77	41' 101/2''	J. O'Mally (USA)	23-
12.72	41' 9"	S. Herrmann (USA) 69	7-
12.56	41' 21/2"	F. Lamb (USA) 63	7-

JAVELI	N 40-49 (800	gr.)	
Class On	e Record:- J. S	Sidlo (POL) 40 - 73.60	
73.60	241' 5"	J. Sidlo (POL) 40	1 7
68.48	224' 8"	J. Kopitas (JUG) 42	<u> </u>
64.68	212' 2"	L. Kittsteiner (CIII) 44	
61,42	201' 6"	B. Held (USA) 46	7 7
55.10	180' 9"	B. Morales (USA) 56	19- 4
55.10	180' 9"	II. Crane (USA)	22- 7
54.08	177' 5"	H. Warner (USA)	22 7
51.42	168' 8"	N. Brayton (USA) 43	7- 7
50.84	166' 9"	J. Perez (SPA) 49	17- 5
50.38	165' 3"	P. Leane (AUS)	23-12

5.72	150' 0"	R. Bergenbeck (USA) 46	7_ 4
5.06	147' 10"	D. Love (USA) 46	7- 1
4.80	147' 0"	H. Wallace (USA) 45	7- 4
1,68	146' 7"	D. Aldrich (USA) 54	23-
3.98	144' 3"	L. Olsen (USA)	16
3.44	142' 6"	A. Sundin (CAN)	30_ 9
3.18	141' 8"	W. Kingsbury (CB) 47	12 1
2.72	140' 2"	B. Kaiser (USA) 48	14-
2.68	140' 0"	R. Hochreiter (AUS) 48	23 - 12
2.54	139' 7"	R. Guest (CAN)	30- 9

D, Cain (USA) 40

M. Morrell (GB)

R. Straub (USA) 40

E. Phillips (USA) 41

12_8

JAVELIN 50-59 (800g)

161'11"

153' 9"

152' 9"

151' 2"

Class Two Record: B. Morales (USA) 56 - 55.10

55.10	180'	9"	B. Morales (USA) 56	194
44.68	146'	7"	D. Aldrich (USA) 54	23- 6
42.52	139'	6"	J. Sicfert (USA) 55	7- 7
41.16	135'	0"	C. McMahon (USA) 57	22- 7
41.01	134'	8"	FI. Hunter (USA) 50	23- 6
40.92	134'	3"	J. Kilbuck (USA) 52	7- 7

JAVELIN 60 plus

49.36

46.86

46.56 46.08

Class Three Record: K. Carnine (USA) 64 - 40.87

Class One Record: - F. Nilsson (SWE) 40 = 2.05

39.40	129' 3"	J. Dick (USA)	22- 7
36.36	119' 3"	B. Deacon (USA) 62	22- 7
37.08	121' 8"	P. Partridge (USA) 62	21- 7
35.08	115' 1"	E. Curtis (USA) 66	23- 6
34.16	112' 1"	O. Nicholas (USA) 60	23- 6
and the same of th		TOTAL TANK	

HIGH JUMP 40-49

1.75	5'	9"	R. Billings (USA) 40	2-
1.75	5'	9"	E. Austin (USA) 43	6-
1.73	5'	8"	M. Sanchez (USA) 41	23-
1,73	5'	8"	II. Simpson (USA) 43	6
1.70	5'	7"	O. Gillett (USA) 54	23-
1.68	5'	64"	D. Williams (GB) 40	10-
1.67	5,	6"	B. Evans (USA) 40	2-
1.65	5'	5 11	S. Adams (USA	8
1.65	5'	5"	Mendshien (USA)	18-

.65	5'	5 "	S. Adams (USA	8
.65	5'	5"	Mendshien (USA)	18
.62	5'	4"	G. Bartlett (AUS) 48	14
.62	5'	4"	S. Varney (USA) 44	19
62	5,	4"	D. Donnelly (USA) 44	6
.60	5'	3"	L. Schaefer (AUS) 42	1
.60	5'	3"	11. Payne (G13) 42	28
60	5'	3"	R. Ruth (CAN) 45	16
				_

1.57 1.57 J. Washington (USA) 40 B. Gist (USA) 53 1;57 5' 11/2" D. Jackson (USA) 42

HIGII JUMP 50-59

Class Two	Rece	rd:-	R. Morcom (USA) 51 ~ 1.72
1.70	5'	7"	O. Gillett (USA) 54
1.57	5'	2"	B. Ogle (USA) 54

5' 2"	B. Gist (USA) 53	6
5' 0"	C. Kazarinoff (USA) 53	6-
5' 0"	D. Brown (USA) 50	6-
4' 10'4''	R. Winton (USA) 54	6-
4' 1012"	W. Georg (GER)	6
4' 10"	T. Wilson (USA) 58	23-
4, 10,,	B. Cleveland (USA) 55	23-
	5' 0" 5' 0" 4' 10¼" 4' 10½"	5' 2" B. Gist (USA) 53 5' 0" C. Kazarinoff (USA) 53 5' 0" D. Brown (USA) 50 4' 10%" W. Georg (GER) 4' 10" T. Wilson (USA) 58

R. Morales (USA) 56

HIGH JUMP 60 plus

1.47

Class Three	Re	cord: - S.	Thompson (USA) $62 - 1.46$	
1.42	4'	8**	V. McIntyre (USA) 62	6
1.38	4'	64"	D. Deacon (USA) 62	22
1.37	4'	613	S. Thompson (USA) 63	25-
1.37	41	6''	J. Dick (USA)	21-

20- 5

6-

21- 7

LONGJU	JMP 40-49			1072	7
_		Tackson (USA) 40 – 7.13		1973	-
				Warathon Rankings	
6.75	22' 1%"	D. Jackson (USA) 42	7-7		
6.67 6,23	21' 10¾'' 20' 5½''	S. Davisson (USA) 43 R. Brown (GB) 40	23— 6 30⊸ 6	MARATHON Class One	
6.11	20' 01/2"	R, Ruth (CAN) 45	16- 9	Class Record: Jack Foster (New Zealand) 2:11:18.6	
6.06	19' 10%"	P. Schlegel (USA) 44	21- 7	1 Jack Foster (New Zcaland) 41 2: 14:53	.4
6.04	19' 10"	J. Washington (USA) 40	20- 5	2 Herman Muller (Germany) 41 2:16:26	
5.87 5.87	19' 3'' 19' 3''	H, Shellenberg (USA) 40 F. Frehner (USA) 40	6— 7 7— 7	3 Wilf Irmen (Germany) 41 2:19:37	
5.76	18' 11 "	D. Donelly (USA) 44	8-8	4 Robert Bechem (Germany!) 2:20:15 5 Alastair Wood (Great Britain) 40 2:22:29	
5.73	18' 91/2"	B. Billings (USA) 40	9- 6	5 Alastair Wood (Great Britain) 40 2:22:29 6 Bill Stoddart (Great Britain) 42 2:26:16	
5.71	18' 9!'	H. Washington (USA) 44	6 7	7 Willy Vergison (Belgium) 42 2:26:53	
5.69	18' 8" 18' 7¼"	D. Love (USA) 46	6- 5	8 Art Taylor (Canada) 44 2:27:01	
5.67 5.62	18' 7¼" 18' 5"	L. Schafer (AUS) 42 D. Howarth (GB) 42	1- 4 12 8	9 Ken Hodkinson (Great Britain) 41 2:27:32	
5.60	18' 41/3''	J. McGrath (AUS) 42	22-12	10 Arthur Walsham (Great Britain) 42 2: 29: 38 11 Lothar Reinshagen (Germany) 2:30: 54	
5.52	18' 1½"	J. Sturzaker (AUS) 40	1- 4	11 Lothar Reinshagen (Germany) 2:30:54 12 Walter Weba (Germany) 49 2:31:31	
				13 Bill Gookin (U.S.A.) 40 2:31:52	
LONG J	UMP 50-59			14 Bill Allen (Canada) 42 2:33:07	
Class Tw	o Record:- R.	Morcom (USA) $51-6.23$		15 Dave Waco (U.S.A.) 40 2:33:45	
5 55	18' 2½"	C. Formall (AUS) 55	10 7	16 Ron Bentley (Great Britain) 42 2:34:18	
5.55 5.43	17' 10"	G. Fartell (AUS) 55 R. Valentine (USA)	12- 1 21 7	17 L. Acquarone (Italy) 44 2:34:41 18 Norman Duff (Australia) 42 2:34:55	
5.38	17' 7%"	D. Bareford (GB) 50	12- 8	18 Norman Dull (Austrana) 42 2:34:58 19 J. Green (U.S.A.) 40 2:34:58	
5.31	17' 5"	J. Hutchinson (USA)	21- 7	20 Dr Ross Smith (U.S.A.) 45 2:35:00	
5.29	17' 41/2"	P. Fetter (USA) 52	23- 6	21 John Tarrant (Great Britain) 41 2:35:4!	5
5.17	16' 11½"	B. Morales (USA) 56	6- 7		
5.13	16'10"	R. Foutz (USA) 52	7- 7	MARATHON Class Two	
5.10 5.07	16'9" 16'7½"	O. Gillett (USA) 54 R. Spencer (USA)	22— 7 7— 7	Class Record: Erik Ostbye (Sweden) 2:25:19	8
5.03	16' 6¼"	M. Anders (USA) 62	7- 7	1 Erik Ostbye (Sweden) 52 2:31:30	0
4.95	16' 3"	D. Vanhegan (GB) 50	12- 8	2 K. Thorell (Sweden) 51 2:40:30	
				3 Tom Buckingham (Great Britain) 2:42:43	
rong 1	UMP 60 plus			4 Ted Corbet (U.S.A.) 53 2:45:29 5 Lennart Nordstrom (Sweden) 52 2:47:19	
Class Th	ree Record:- M	. Anders (USA) 61 = 5.03		5 Lennart Nordstrom (Sweden) 52 2:47:19 6 Boh Horman (U.S.A.) 55 2:48:39	
				7 B. Nillsson (Sweden) 2:48:50	
5.03	16' 6¼" 15' 9"	M. Andors (USA) 62 V. McIntyre (USA) 62	7 7 22— 7	8 • Zeman (Switzerland) 2:52:3	
4.80 4.79	15' 84"	B. Deacon (USA) 62	24- 8	9 K. Jonsson (Sweden) 2:52:4	
4.58	15' 0½"	F. White (USA) 60	7— 7	10 B. Johanssen (Sweden) 54 2: 54:0	1
4.48	14' 8½"	II. Moody (USA)	21 - 7	MARATHON Class Three	
4.47	14' 8"	C. Hills (USA) 61	18 8	1	
				Class Record: Monty Montgomery (U.S.A.) 2:53:03	
TRIPLE	JUMP 4049			1 Thedde Jensen (Sweden) 66 3:06:4 2 Urban Miller (U.S.A.) 62 3:13:1	
Class On	e Record:- H.	Strauss (GER) 40 - 14.41		2 Urban Miller (U.S.A.) 62 3:13:1 3 Bill Andberg (U.S.A.) 62 3:15:4	
14.30	46' 11"	D. Jackson (USA) 42	7- 7	4 Sam Lee (Great Britain) 61 3:19:2	
12.74	41' 9¼''	L. Schafer (AUS) 42	1- 4	5 J. Montoya (U.S.A.) 61 3:21:2	
12.01	39' 5"	G. Farrell (USA) 55	7_ 7	6 Norman Bright (U.S.A.) 63 3:22:4	
1:1.87	38' 1112"	R. Ruth (CAN) 45	16-9	7 F. Mirovsky (Czechoslovakia) 3:23:5	
11.69	38' 41/4"	11. Payne (GB) 42	12- 8 1- 4	8 Gornelius Jungman (Germany) 3:26:0 9 William Robston (H.S.A.) 60 3:26:3	
11.45	37' 7'' 37' 3½''	J. Waller (AUS) 40 P. Schlagel (USA) 43	7- 7	9 William Bobston (U.S.A.) 60 3:26:3 10 Franz Rolf (Germany) 64 3:33:3	
11. 36 11. 3 5	37' 3"	P. Schlegel (USA) 43 R. Hochreiter (AUS) 47	15— 4	Land ton (cormany) or	1 11
11.28	37' O"	G. Bartlett (AUS) 48	15- 4	MARATHON Class Four	
11.27	36' 11½"	D, Elliott (AUS) 43	15- 4	Class Record: Friedrich Tempel (Germany) 3:15:54	
11.17	36' 8"	D. Donnelly (USA) 44	7- 7	4.5.4	a
11.05	36' 3"	B. Billings (USA) 40	9- 6	1 Fred Grace (U.S.A.) 75 4:05:4 2 Noel Johnson (U.S.A.) 74 4:59:0	
11.01	36' 1½"	D. Vroom (USA) 46	24— 6	2 Hoo Johnson (Cloud,) 11	-
TRIPLE	JUMP 50-59			POLE VAULT open class	
Class Tu	oo Record: G.	Farrell (USA) 54 - 12.04		Class Three Record: - R. Ruth (CAN) 44 - 4.60	
			12- 1		- 7
12,01	39'5" 37'4¾"	G. Farrell (USA) 55	6- 5		- 7
11.40 10.89	37' 4%' 35', 9"	T. Patsals (USA) 51 H. Logan (AUS)	15- 4		-11 - 3
10.65	34' 5"	O. Gillett (USA) 55	3-3	3.81 12' 6" P. Mulkey (USA) 41 10- 3.80 12' 5%" R. Brown (GB) 40 24-	- 3 - 7
10.35	33' 111%"	J. Sharp (USA) 52	7- 7	3,50 11' 6" A, French (USA) 6-	_ 7
9.94	32' 7 ½''	H. Huseny (USA) 55	7— 7	3.50 11' 6" H. Wallace (USA) 45 6-	- 5
mnver -	man co s			3.35 11' •" D. Brown (USA) 50 7-	_ 4
TRIPLE	JUMP 60 plus	//			- 6
Class Th	iree Record:- S	I. Thompson (USA) $62-10.1$	12		- 7 - 6
0.05	32' 4"	B. Deacon (USA) 62	21- 7		_ 5
9.85 9.85	32' 4"	M. Andors (USA) 61	21- 4		_ 3
30	-33				
arcr					

In Japan they beat dummies with bamboo sticks...



... but in Britain the only way to get rid of tension—job-induced or home-produced is to stifle it with a handful of pills.

Until SURVIVAL KIT came along

SURVIVAL KIT is the new health and consumer publication for people, according to Adam Raphael in *The Guardian,* "who wish to survive into the 1980's." Examples?

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Australia

RON O'NEILL has been elected the first President of the newly formed AUSTRALIAN ASSOCIATION OF VETERAN ATRLETIC CLUBS. The following is an extract from his inaugural message to Australian Veterans: --

"The Association will be able to represent the voice of the over 40 Athlete, this will relieve the A.A.U. of our particular problems, for surely with the work load now carried by so few willing workers, they could not be expected to take on our many and varied age groups

The needs for a National Association are many, it will give us a means of establishing uniformity in Age Groups, Standards, Implements, Australian Title rotation and the many facets of Veteran Athletics which must be uniform if we are to recognise our own Australian Age Records.

The election of Australian Selectors means we will have Official Australian Veteran Teams, this does not mean individuals will not be able to attend and compete in Veteran events. It means that the best in each event near the World standard will be named. To restrict entry would in itself defeat the whole idea of Veteran Athletics, which is to encourage participation by all even if not so speedy.

In the forming of an Association, one must speak of the men who have put so much into the foundation, for a building must have a sound basis, I wondered in which order should the men be mentioned? To try to evaluate each would be impossible. Jack Pennington, Wally Sheppard, Logan Irwin were the foundation stones, cemented together by men like Cliff Bould and Frank McCaffrey,

Jack is the Senior Vice President and Australian Selector, Wally has the dual role of Sec./Treasurer plus being a Selector and Logan is the other selector and N.S.W. Executive member. Mike Sheeban, of Canberra has accepted the office of statistician. All Veterans will join with me in congratulating these men for their efforts on our behalf and wish them well in their positions of office."

The main office bearers are:-

PRESIDENT: N.R. O'Neill (South Australia) J. Pennington (A.C.T.)

Cliff Bould (West Australia)

SECRETARY/ Wal Sheppard (Victoria) TREASURER: STATISTICIAN: Mike Shechan (A.C.T.)

PRESIDENTS: Al Digance (South Australia)

Australian	Best Times to April 1974:	
(40-49)		
100:	J. Waller	11.6
	N. Fletcher and J. Waller	11.7
	R. Hochreiter	11.7
200:	I. Waller	24.0
	J. Waller	52.7
	T. Roberts	1:57.5
	T. Roberts	4:06.5
	T. Roberts	4:22.1
	D. Power	15:12
	D. Power	31:42
3,000s/c:		10:16
(50-59)		
100:	J. Tennant	12.4
200:	J. Tennant	26.4
400:	W. Sheppard	57.9
	T. Orr	4:15.0
5,000:		16:07
	G. McGrath	35:05
3,000s/c:	T. Orr	10:23

Australian Veterans are not only planning for Toronto 1975. That is their main aim of course, but quite a few are likely to be joining a 200 strong party of Aussies going to the Montreal Olympic Games in 1976. The tour will go via Europe, so organisers in Great Britain and the continent could attract several Australian entries for events put on during the first 2 weeks of August 1976. How about it Europe?

TOM ROBERTS

As will be seen from the National Veteran results Tom Roberts is the Australian over 40 Champion at 400m. 800m, 1,500 and 5,000m, he won these events in the worst possible conditions (the only good thing about the venue was the Tartan Track) the home straight is exposed to the winds from Botany Bay, and in the deluge on the first day, water was ankle deep. It would seem that his best times will be run overscas. He is already nudging Laurie O'Hara from his perch and 1975 will be the year.

STAN NICHOLLS

We have so many up and coming "lads" nowadays, that we cannot keep up with them. For instance, Stan Nicholls of Ballarat in Victoria, has run the Steeple chase in 12:45, which at the age of 62 is a World age best. The previous best was by Norman Bright (USA). Stan has also run the 1,500m in 5:15 the 5,000m in 19:13 and the 10,000m in 43:10. He also does the walking events.

Stan was recetly selected as the "Sports Star of the Month" by the Ballarat Courier, in which Tom Roberts was also a nominee. He won on the strength that in the Victorian Veteran Championships he won six medals to Tom's five.

Stan is a life member of the Ballarat Athletic Club. He was their Champion runner from 1930 to 1939-he is now a National Champion as can be seen in the National Veteran results 1974.

11.7; J. Sturzaker 12.1; A. Collings 55.5; I. Simon J. Soutar 12.2; J. McGrath 56.3: P. McEnearney 59.5. 12.3; S. O'Connor 12.5. (40-49) I. Waller 53.4: N. Windred N. Windred 12.1: D: Brodie 55.8; J. Sturzaker 57.5; 12.2: R. Nash 12.7: R. Nash 60.0; S. O'Connor F. Devlin 13.8: R. Batv 15.0 A. Lampard 13.2; R. Payne (50-59) R. Payne 62.9; A. Lampard 13.3. (60 & Over) II. Batterham 15.5; (60 & Over) II. Batterham 74.9; G. Rowley 15.6, L. Williams L. Williams 81.8. 16.2; C. Murphy 20.01. 800 Metres 200 Metres Pre-Vets J. Collings 2:01.6; R. Gribble P. McEnearney 26.7 2:05.2: G. Barrett 2:05.9: 5000 Metres Pre-Vets A. Thomas 15:32.4;

4th N.S.W. Champs

B. Smith 11.7: B. Harland

N. Fletcher 11.7; J. Waller

12.0; J. Simon 12.2;

P. McEnearney 13.0.

(40-44)

(45-49

(50-59)

L Waller 24.7; N. Fletcher

24.9; J. Daley 25.3;

1. Sturzaker 25.5.

25.1: R. Nash 25.8.

I. Williams 37.0

(60 & Over) H. Batterham 32.6

6th & 7th April, 1974

Championships Hensley Athletic Field

100 Metres. Pre-Vets

Results-Fourth N.S.W. Veterans

GEORGE McGRATH (54), holder of the World Age Record for 1500 m (4:32.8) striding to a 16:41.6 5.000 m win

P. McEncarney 2:19.8 (40-49) N. Windred 2:05.2: T. Hassell 2:07.0; B. Adam 2:10.2; A. Hutt N. Windred 24.7: D. Brodie 2:17.0; J. Daley 2:20.8; S. O'Connor 2:26.8. A. Lampard 27.4; R. Payne (50-59) J. Pennington 2:15.2; R. Payne 2:41.2. (60 & Over) A. Southwood 2:55.2; L. Williams 2:59.8: H. Batterham 3:01.4.

D. Sheridan 2:06.4; I. Simon 2:08:

1500 Metres A. Thomas 4:03.1; D. D. Worling 4:15.6. (40-49) I. Hassell 4:24.4; P. Piper 4:32.6; B. Adam 4:38.2; W. Hunter 4:54.0; R. Baty 5.308 (50-59)G. McGrath 4:34.4;

N. LeRossignol 5:39.5. (60 & Over) S. Hesketh 5:47.8; H. Batterham 5:51.8: L. Williams 6:00.2; A. Southwood 6:14.2 T. Millard 7:01.5.

N. Cleverly 15:53.8; A. Batchelor 16:00: R. Gribble 16:34: D. Sheridan 19:30; R. Steel 19:57: T. Ibbott 20:05. T. Visalli 17:10; W. Hunter 17:57; B. Adam 18:09; E. Warner 19:21; B. Lever 22:11.6. D. Power 15:46.6; P. Piper 16:38: F. Devlin 18:31:

R. Cartwright 21:46.6; I. Bowes 22: 30.4. J. Pennington 17:47.4; (50-59)C. Bould 18:12.6; F. McCaffrey 19:15.2; V. Townsend 20:00.4; S. Delamotte 20:24.2; N. LeRossignol 20:39.6; 1. Baker 20:59.2; R. Pavne

R. Whitham 18:48;

21:11.4. (60 & Over) R. Ferguson 20:43.8; S. Hesketh 21:12.2; H. Batterham 21:22.4: A. Southwood 23:37.8; T. Millard 26:13.8;

L. Williams 26: 25.2. 10,000 Metres Pre-Vets I. Bowers 33:08.8:

A. Batcheler 33:26.4; N. Gleverly 33:31.4; K. Mitchell 36:29, K. Carr 38:00; W. Gross 43:16. G. Kent 34:58; T. Visalli 35:15; E. Warner 38:49.2.

D. Power 32:26; R. Whitham 38:24; F. Devlin 38:49; J. Bowes 45:59.8.. G. McGrath 35:05; C. Bould

39:30; J. Baker 43:24; K. Cravino 44:40. (60 & Over) R. Ferguson 42:44.5:

H. Batterham 43:12.7: S. Hesketh 44:43; L. Williams 52:01.6.

Continued on page 35

1974 Victorian Champs.

The Championships were conducted in wet rather unpleasant weather but the all weather track allowed the meet to go on.

The outstanding performances of the meet were the victories of a new-comer to the Veteran ranks TOM ROBERTS and the record — breaking runs of THEO ORR who has just moved into the over 50 group.

TOM ROBERTS (24.2.1934) won the 400m 53.6, 800m 2.1.9, 1500m 4.7.3 and 5000m 16min 20 sec. During the current track season he celebrated his coming-of-age with the following brilliant performances.

26th Feb	80 0 m	2.00.0
2nd March	800m	1.57.5. (Aust Best)
5th March	mile	4.22.1 (Aust Best).
9th March	1500m	4.06.5 (Aust Best).
12th March	800m	1.58.7

He is a certain starter for Toronto and is sure to make his presence felt. THEO ORR (12.3.1924) won the 1500m in 4.15 (a new world best) beating JACK RYAN who ran a very creditable 4.20.5 with the previous holder WAL SHEPPARD a distant 3rd in 4.42.1. (leg trouble which was aggravated by Theo!). About 15 minutes later Theo backed up and won the 3000m steple in 10.23.2, which is probably also a world best for an over 50 runner.

The following day he won the 800m in 2.15.5 and later won the 5000m in 16.07 just 2 secs outside John Gilmour's best time. Theo's efforts over this two day meet must rank with the best recorded anywhere, Information that he competed against medical advice and later had a diagnosis of a stress fracture of the leg makes his performances even more noteworthy.

Theo Orr is a late comer to athletics and only commenced running in 1971 to encourage his daughter, Jenny Orr, a 1972 Olympic 1500 metre finalist. Jenny has run 4m 08s.

100 Metres	1	(60+)	80.0	5000 Metres	
(40-49)	- 1	1 V. Pye	81.2	(40-49)	
1 R. Hochreiter	12.0	 G. Simpson 	01.4	1 T. Roberts	16:20
2 R. Stevens	12.4		1	2 N. Duff	16:47
3 L. Sykes	12.6	800 Metres		3 B. Turrey	16:56
4 P. Key	13.5	(40-49)		4 K. Routley	17:22
,		I T. Roberts	2:1.9		17:34
(50-59)	- 30	K. Lodge	2:6.7	5 D. Elliott	17:53
1 J. Tennant	12.4	3 R, Stephens	2:7.3	6 L. Sykes	17:59
2 H. Logan	14.0	4 R. McRae	2:7.8	7 R. Young	18:05
3 D. Coleclough	14.1	5 L. Hooper	No time	8 B. Lanyon	
J D. Colcelough	- 45	6 J. Davy	No time	9 M. Skinner	18:39
(60)	1	7 J. Trinkhaus	No time	T. Robbins	18:44
(60+) 1 V. Pyc	14,5	8 H. Meiselbach	No time	11 P. Key	20:37
	14.6	B II Meiseroach		12 F. Bonecker	21:13
2 C. Barling	15.4	(50-59)	1	13 li. Meisclbach	23:13
 G. Simpson 	15.4		2:15.5		
			2:30.3	(50-59)	
200 Metres		2 J. Johnson	2:32.1	T. Orr	16:07
		3 R. De Castella	2:32.1	2 J. Ryan	17:00
(40-49)	25.6	4 E. Gamble	No time	3	
1 R. Hochreiter	25.6	5 A. Smith		4 T. Breen	18:51
2 T. Roberts		 J. McConchie 	No time	5 P. Coleclough	19:20
3 R. Stephens	25.8			6 J. Johnson	19:49
4 J. Gostello	26.9	(60+)		7 P. Colthup	20:02
	1	1 B. Tovey	2:40.0	8 R. De Castella	20:50
(50-59)	- 1	 S. Nichols 	2:48.0	9 A. Smith	23:15
1 J. Tennant	27.2	 G. Simpson 	3:12.3	9 A. Simin	4,011.5
2 H. Logan	29.1	-		(60.1)	
3 J. Johnston	30.2	1500 Metres	4	(60+)	19:13
4 A. Smith	33.2	(40-49)	73	1 S. Nichols	19:34
	3	1 T. Roberts	4:07.3	2 B. Tovey	25:00
(60+)		2 P. Clohessy	4:15.3	3 G. Wilson	
1 V. Pye	30.6	3 K. Lodge	4:26.7	4 G. Simpson	28:05
2 C. Barling	31.6		4:41.0	la la	
3 G. Simpson	34.0		No time	10,000 Metres	
3 G. Binipaon		5 T. Robbins	No time	(40-49)	
	- 0	6 M. Skinner	NO titue	l G. Warren	33:18
400 Mctres		(50 KB)		2 K. Routley	No time
(40-49)		(50-59) 1 T. Orr	4:15.0*	3 L. Sykes	No time
	53.6		4:20.5	4 M. Skinner	39:51
•	55.2	2 J. Ryan	4:41.1	5 M. Porter	42:53
	56.1	3 W. Sheppard 4 R. De Castella	5:13.0		
3 R. Stephens	58.5		5:15.0	(50-59)	
4 J. Costelioe	58.8	5 J. Johnson	5:16.0	1 R. De Castella	42:20
5 J. Davey	59.8	6 P. Colthup	5:56.0	10 20 2000000	
6 N. Butler	66.1	7 A. Smith		(60+)	
7 M. Porter	00.1	8 II. Logan	6:12.0	1 S. Nichols	43:10
		(60+)		2 R. Barlow	45:17
(50-59)	61.0	1 S. Nichols	5:15.0	3 G. Wilson	52:37
1 J. Ryan			5:37.0	G. WIISON	32.00
2 J. Johnson	65.7	2 B. Tovey	7:32.0	Gont	inued on page 35
 P. Colthup 	71.7	3 G. Simpson	1.52.0	•	

Cont'd	High Jump	. (50.)
Cont a	(40-49)	(60+) 1 V- Pyc 7:5;
1	1 P. Leane 5'()"
£ .	2 R. Hochreiter 4's	,
110 Metres Hurdies	Pole Vault	(40-49) 1 R. Hochreiter 38:40
(40-49) 1 D. Elliott 20	7 (40-49)	2 P. Leane 37:15
2 N. Butler No tin	, I G. Bartlett 9'()" 3 i. Manes 31:90
	2 H. Wynhoven 8'6 3 N. Butler 7'6	
(60+)	A R Hochreiter 6'6	
1 V. Pyc No tir	ie i i i i i i i i i i i i i i i i i i	22:04
400 Metres Hurdles	Discus	4000 14 . 44 14
(40-49)	(40-49)	3000 Metres Walk (40-49)
i D. Elliott 65		(* i
2 N. Butler 69	7 3 l. Mancs 33: 1	2 2 M. Macainsh 15: 24,0
(50-59)	4 A. Pavulins 32: 8	39 3 A. Barling 15:39.0
1 P. Colthup 84	0 5 R. Hochreiter 29:4	
	6 L. Hollis 20:5	55 R. Smith 16:29.0
3000 Metres Steeple Chase	(50-59)	(50-59)
(40-49) 1 R. Young 11:41	1 11 1 00000 2000	39 1 H. Jones 16:46.0
1 R. Young 11:41		2 J. McConchic 19:18.0
(50-59)	(60+)	(60+)
1 T. Orr 10:23	2. I V. Pye 19:0	1 S. Nichols 16:18.0
((0))	Hammer	2 G. Theobald 19:26.0
(60+) 1 S. Nichols 12:45	(40.40)	
p. Menora	H. Wynhoven 35: 7	
Long Jump	2 I. Manes 32:9 3 L. Hollis 25:9	(40.49)
(40-49)	1010	1 M. Macainsh 25:25
1 P. Leane 5.8 2 R. Hochreiter 4.9		2 J. Pottage 25:34.2
2 R. Hochreiter 4.9 3 G. Bartlett 4.8	' i 'w manadana na c	8 3 T. Brannigan 25:48.1 4 R. Smith No time
4 D. Elliott 4.8		5 M. Porter No time
5 I, Mancs 4,7	3 Shot Putt	in rotter
6 L. Sykes 4.5		(50-59)
7 P. Key 4.0	7 1 A. Pavulins 12:2 2 L. Manes 10:8	21 27 27 27 27 27 27 27 27 27 27 27 27 27
(50-59)	3 R. Hochreiter 9:9	
l H. Logan 4.2	2 4 H. Wynhoven 9:4	
2 A. Smith 3.6	5 L, Hollis 7:5	
(60⊹)	(50.50)	1 S. Nichols No time
1 V. Pye 3.8	(50-59) 1 1 H, Logan 8:1	2 C. Barling No time 7 3 G. Theobald No time
7.170	II, Evgan	7 J. G. Theobaid No time
	•	The state of the s
N.S.W. cont's	High Jump	Shot Put G. Nicol 40'-10"; U. Simmul
1	Pre-Vets G. Nicol 4'9"; U. Simmul	29'-5"; B. Taylor 27'-0".
3 Km Steeplechase	4'-9''. (40-49) D. Williams 5'-4'';	(40-49) J. McGrath 32'-2"; J. Soutar
Pre-Vets D. Worling 9:38; J. Bower	J. Sturzaker 4'-6".	30'-6½''; D. Frawley 30'-5½'' D. Irwin 25'-6''; E. Edwards
10:02.	J. 2222	25'-2".
1200 (1300)		i
3 Km Walk (40-49) P. Wacklell 14:35.2; L. Irw	Long Jump	Piscus Throw Fre-Vets G. Nicol 125'-5'4":
15:02.6; G. Hodges 17:14	110-veis J. Billion 17-2 , G. Ivicol	Pre-Vets G. Nicol 125'-5\\(''\); B. Taylor 77'-9''.
E. Pdwards 18:00.6.	16'-4". (40-49) J. McGrath 18'-9½'';	(40-49) J. Soutar 104'-101/2";
(50.59) V. Townsend 15:35;	J. Sturzaker 18'-9½";	D. Frawley 103'-111/2";
N. LeRossignol 18:07.4. (60 & Over) B. Jones 21:58.	J. Waller 16'-11".	J. McGrath 101'-812";
(00 & Over) B. Jones 21:38.	(50-59) A. Lampard 15'-7";	N. Ryan 95'-5"; L. Irwin 68'-9",
5 Km Walk	R. Payne 13'-3½"; J. Pross 12'-11".	(6) -3 .
(40-49) P. Waddell 24: 57.2; L. Irw	(60 & Over) L. Williams 10'-21/2".	Javelin Throw
26:03.4; G. Hodges 30:10	6.	Pre-Vets G. Nicol 208'-9"; B. Taylor
(5059) V. Townsend 26:24.6. (60 & Over) B. Jones 35:28.	Triple Jump	73'-1",
(00 & Over) 2. Jones 33.20.	Pre-Vets D. Jolliffe 39'-3%''; G. Nice	J. McGrath 143'-0"; R. Baty
110M Hurdles	36'-9"; U. Simmul 34'-11" (40-49) L. Schaefer 40'-5";	80'-8½"; W. Hunter 68'10".
Pre-Vets G. Nicol 18.1; B. Harland	J. Sturzaker 39:-114";	
18.7; U. Simmul 21.1.	J. Waller 37'-1".	Hammer Throw
(40-49) L. Schaefer 16.4; D. Brodi	(30.59) 31. 1321(1).11.0 31.574 ,	Pre-Vets G. Nicol 115'-2"; B. Taylor 59'-4%".
400M Hurdles	J. Pross 27'-11/2"	(40-49) A. Dofel 122'-9½'';
Pre-Vets J. Simon 66.3.	Pole Vault G. Nicol 9'-6".	D. Frawley 110'-31/2";
(40-49) D. Brodic 62.0.	(40-49) J. McGrath 10'-6";	J. Soutar 107'-11'4";
(50-59) A. Lampard 79.01.	L. Schaefer 10'-0".	W. Hunter 40:-101/2".

2_{nd}Australian Track & Field Champs.

	Results-Sec	April, 1974 cond Australian Veterans	(50-59)
1	Championsh Hensley Ath		(60 & Ov
	100-400m p 21 st-Overc	ential rain late in afternoon, costponed to 21.st. ast, no rain, stiff easterly and assistance ruled on	800 Meta Pre-Vets
	100 Metres Pre-Vets	D. Fraser 12.0; N. Clough 12.1; G. Şcott 12.2; R. Garraway 12.6; B. Smith 12.6; J. Simon 13.5;	(40-49)
	(40-44)	P. McEnearney 13.5. N. Fletcher 12.4; J. Walier 12.6; J. Sturzaker 12.7; R. Leedham 12.8; J. Daly	
2000	(45-49)	12.9; W. Grady 14.6. R. Hochretter 12.4; N. Windred 12.4; D. Brodie 12.8; R. Nash 13.0.	(50-59)
	(50-59)	J. Tennant 13.1; R. Payne 13.5; A. Lampard 14.3; A. Smith 16.0.	(60 & ●v
	(60 7 Over)	V. Pyc 14.9; G. Simpson 15.7; G. Rowley 17.0; H. Batterham 17.2; L. Williams 18.2	
	200 Metres Prc-Vets	N. Clough 23.4; D. Fraser 23.4; G. Scott 24.1;	Pre-Vets
	(40-44)	R. Garraway 25.8. P. McEnearncy 27.2. J. Waller 24.4; N. Fletcher 24.5; T. Roberts 24.6; J. Daly 25.0; R. Leedham	(40-44)
	(45-49)	26.0; D. Paul 26.2. N. Windred 24.6; R. Hochretter 25.1; D. Brodie 25.5; R. Nash	(45-49)
	(5•-59)	26.3; G. Brown 26.8. J. Tennant 26.8; R. Payne 27.4; A. Lampard 28.5.	(50-59)
	(60 & Over)	V. Pye 29.1; G. Simpson 32.9; H. Batterham 33.8; L. Williams 35.3.	(60 & Ov
	400 Metres		
	Pre-Vets Heat 1	G. Scott 55.7; J. Simon 56.2; D. Sheridan 59.2; J. Christian 60.4.	
200	Heat 2	N. Clough 55.2; D. Fraser 55.9; R. Garraway 57.7; P. McEnearney 60.1.	5000 Me
	Final	N. Clough 51.5; D. Fraser 51.7; G. Scott 56.0; D. Sheridan 56.2; J. Simon 56.5.	
	(40-44)	T. Roberts 53.5; J. Waller 53.9; D. Paul 57.7, J. Daly 58.2; W. Grady 58.6.	
	(45-49)	N. Windred 56.4; R. O'Neill 59.1; R. Nash 62.8; M. Porter 64.4; J. Bowes 75.6.	(40-44)

ip:		
0-59) 0 & Over)	W. Sheppard 59.3; R. Payne 60.2; B. Caudle 64.4; A. Lampard 66.4. V. Pye 73.1; H. Batterham 74.8; L. Williams 75.0; G. Simpson 79.6.	(45-49)
0 Metres c-Vets	D. Fraser 2:00.0; N. Clough 2:00.7; T. Collings 2:05;	
0-49)	J. Bowers 2:06.3; K. Fraset 2:08; D. Sheridan 2:13; B. Tunks 2:15; P. McEncarney 2:25.	(50-59)
0-59)	T. Roberts 2:04; N. Windred 2:10.4; P. Adam 2:13.4; A. Hutt 2:17.4; R. O'Neill 2:19; D. Vaul 2:21; R. Hall 2:23; W. Grady 2:25; J. Daly 2:30; W. Hunter 2:32. W. Sheppard 2:11.6.	(60 & 0
0 & ●v er)	J. Ryan 2:14.9; J. Pennington 2:19.8; A. Beverstock 2:35.2. M. Jenkinson 2:34.5; A. Tovey 2:36.5. L. Williams 2:54.3; A. Wouthwood 3:00.3; G. Simpson 3:30.3.	10 000 Pre-Veș
00 Metre		
0-44)	A. Thomas 3:58.5; D. Worling 4:08.8; K. Fraser 4:16.8; J. Visser 4:20.4; B. Tunks 4:39.0. T. Roberts 4:23.8; B. Adam 4:38.8; D. Paul 4:40.2;	(40-44)
5-49)	R. Hall 4:45; R. Piper 5:13.2. N. Windred 4:33.4;	(45-49)
·	R. O'Neill 4:34.0; P. Piper 4:36.2; R. Baty 5:29.0; J. Bowes 5:48.8.	(50-59)
0-59)	T. Ort 4:25.1; J. Ryan 4:28.6; J. Pennington 4:44.0; P. Colthup 5:35.0; A. Smith 5:58.5.	(60 & O
0 & Over)	S. Nicholls 5:26.8; A. Tovey 5:32.8; S. Hesketh 5:58.6; A. Southwood 6:06.4; L. Williams 6:17;	3 Km S Pre-Vet
200 14-1-	G. Simpson 7:19.0.	(40-49)
000 Metre rc-Vets	A. Thomas 15:01.2; J. Patterson 15:51; N. Cleverly 15:56.	(50-59) (60 & O
	A. Batchelor 16:19.8; R. Gribble 16:30.4; K. Mitchell 16:59; K. Fraser 17:34.2; J. Visser 17:46.4; R. Steel 18:47.6. T. Ibbott	3 Km V Pre-Vet
10-44)	R. Steel 18:47.6. T. Ibbott 19:18; W. O'Loughlin DNF. T. Roberts 16:11.6; J. Beisty 16:49.4; T. Visalli 16:54.8; R. Piper 19:20.6;	(40-49)

	A. Gottschalk 19:21.8; C. Hodges 20:00.2; B. Lever 22:03.4. D. Power 15:54.6; P. Piper 16:32.4; K. Ollerenshaw 17:11.6; R. O'Neill 17:28.4; K. Routley 17:44.2; R. Whitham 18:00.2; F. Devlin 18:04.4; M. Pørter 20:48; J. Bowes 21:42.2.	
: :	J. Pennington 17:30.6; F. Warneck 17:45.2; C. Beuld 18:06.6; F. McCalfrey 18:38; A. Beverstock 18:51; W. Caudle 18:53.8; P. Colthup 19:33.4; V. Townsend 20:03. A. Smith 23:21. S. Nichells 19:27.2; A. Tovey 19:37; S. Hesketh 19:39; R. Ferguson 19:59.6; H. Batterham 21:12; A. Southwood 28:39; T. Millard 26:25.6; G. Simpsen DNF.	
τ)	es J. Patterson 32:18.8; A. Batchelor 32:41.3; N. Cleverly 33:14.6; R. Gribhle 34:35; K. Mitchell 35:19; J. Visser 36:0; W. O'Loughlin 37:12; J. Bowers DNF. T. Visalli 35:05; C. Kent 35:32; J. Beisty-36:13; W. Hunter 38:39.2; A. Gottschalk 41:42. D. Power 32:10; K. Routley 37:13; R. Whitham 37:47.6; F. Devlin; P. Piper DNF. T. Orr 35:59.2; F. Warnock 36:52; C. Bould 38:58.6; J. Baker 44:05; K. Cravino 45:10. S. Nicholls 40:45.4; R. Ferguson 42:13.6;	
:pl	R. Ferguson 42:13.6; H. Batterham 42:49. cchase D. Worling 9:44.2; J. Bowers 10:14.3; K. Fraser 10:32.6; W. O'Loughlin 11:48.8. I. Hassall 10:45; R. O'Neill 11:08.8. W. Caudle 12:07.2. S. Nicholls 13:31.2.	
<u>k</u> _	W. Kirby 14:53.2; C. Martin 15:37.4; J. Bowers 19:48.2. P. Waddell 14:25.2; L. Irwin 14:37.4; M. Macainsh 15:17.6; M. Porter 16:18.4; G. Hodges 16:25.2; R. Smith 16:47.2.	

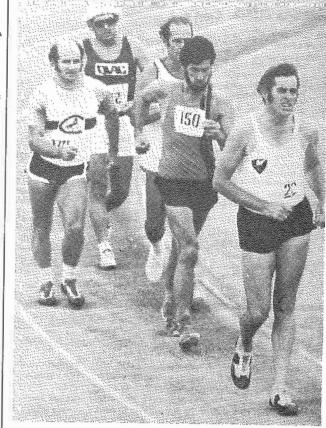
(50-59) V. Townsend 15:23.2;	f = 20.00
J. McConchie 18:09.4.	1, 1, 1, 1, 1
(60 & Over) D. Horsley 15:32.4; C. Barling 15:54.6;	21.04.00
S. Nicholis 17:05.4; B. Jone	
21:38.8.	1
Fre-Vets C. Martin 25:55.8: W. Kirby	
Pre-Vets C. Martin 25:55.8; W. Kirby 26:03.	
(40-49) P. Waddell 25:03.2; L. Irwin	
25:30; M. Macainsh 26:22.8	
M. Porter 27:55; R. Smith	
27:57; (50-59) V. Townsend 26:10.3;	2.00
J. McConchie 31:15.6.	
(60 & Over) 1). Horsley 26:42; C. Barling 27:01.2; S. Nicholls 29:33;	
B. Jones 39:24.5. 110M Hurdles	
Pre-Vets G. Nicol 19.2; B. Harland	
19.3; R. Garraway 21.7;	
U. Simmut 23.1.	655
(40-49) L. Schaefer 18.4; D. Brodie 20.4.	
(60 & Over) V. Pye 24.5.	
400M Hurdles	
Pre-Vets J. Simon 63.5; R. Garraway 71.1; R. Gribble 77.2.	1000
(40-49) D. Brodie 64.1; R. O'Neill	
76.0.	
(50-59) W. Sheppard 72.6;	
A. Lampard 78.2; P. Colthup 82.8.	
High Jump Pre-Vets R. Garraway 4'-6";	
U. Simmul FTQ.	Marie .
(40-49) D. Williams 5'-0"1	
R. Hochreiter 5'-0" On c.b. (50-59) A. Lampard 4'-0"	
	1 200
Long [ump	
Pre-Vets D. Fraser 5.89m 19'-4";	
J. Christian 5.52m 18'-1½"; J. Simon 5.36m 17'-7";	
R. Garraway 5.19m 17'-01/2".	
(40-49) J. Sturzaker 5.77m 18' 11 1/2";	
J. McGrath 5.67m 18'7½";	1
L. Schaefer 5.50m 18'0½"; J. Waller 5.23m 17'2";	1 2
R. Leedham 4,94m 1 6'21'2";	Shot Put
R. Hochreiter 4.85m 16'0";	Prc-Vets
G. Brown 4.55m 14'-11". A. Lampard 4.68m 15'4\%";	
(50-59) A. Lampard 4.68m 15'4½"; R. Payne 4.17m 13'-8";	
A. Smith 3.66m.	(40-49)
60 & Over) V. Pye 3.97m 13'-01/2";	'
L. Williams 3.21m 10'6½";] :
W. Tunaley 3.18m]
Triple Jump	
re-Vets D. Fraser 12.44m 40'10";	(50-59)
J. Christian 11.16m 36'7½";	(60 & Over) 1
U. Simmul 10.84m 35'7". 40-49) L. Schaefer 12.25m 40'2½"	Disans Tt
J. Sturzaker 11.56m 37'11½";	Discus Throw Pre-Vets
R. Hochreiter 10 95m	1
35'11"; G. Brown 10.85m	ī

A. Lampard 9.49m 31'1½"; A. Smith 8.49m 27'10½",

H. Wynhoven 7'-6".

(50-59)

Pole Vault
Pre-Vets
G. Nicol 9'-0".
G. Brown 9'-5";
Wowhoven 7'-



LOGAN IRWIN (NSW) leads Peter Waddell (ACT), the eventual winner, in the Australian National Class 1 5,000 m Walk.

Put		(FO FO)	D D.1
ets	G. Nicol 12.16m 39'10½"; U. Simmul 9,33m 30'-7½"; B. Taylor 8.13m 26'-8". A. Pauulins 11.91m 39'-1";	(50-59) (60 & Over)	P. Dalwood 29.62m 97'-2". D. Horsley 23.20m 76'1½"; W. Tunaley 20.40m 66'11"; V. Pye 15.14m 49'-8".
9) Over)	J. Soutar 9.99m 32'-9½"; R. Hochreiter 9.93m 32'7"; D. Paul 9.56m 41'-4½"; D. Frawley 9.49m 31'1½"; P. Wilson 9.45m 31'-0"; W. Hunter 6.49m 21'-3½", P. Dalwood 11.01m 36'1½". D. Horstey 10.00m 32'10";	Javelin Thr Pre-Vets (40-49)	G. Nicol 64.58m 211'10½"; B. Taylor 20.30m 66'-7". D. Frawley 49.22m 161'6"; A. Pauulins 42.84m 140'7"; R. Hochreiter 39.28m 128'-10½"; G. Brown
Thro	W. Tunaley 7.51m 24'71/2".	(50-59)	32.90m 107'-11". P. Dalwood 23.14m 75'11".
ets	A. Spaits 38.86m127'6";	7.5 (20)	
- 1.0	B. Taylor 23.88m 78'-4":	Hammer Th	
	U. Simmul 23.30m 76'1½".	rre vets	A. Spaits 35.72m 117'21/2";
))	O. Simmul 23.30m 76 172 . H. Wynhoven 34.32m 112'-7"; J. Soutar 32.08m 105'-3"; A. Paulins 31.98m 104'-11"; D. Frawley 30.78m 101'-0"; J. McGrath 30.66m 100'-7"; R. Hochreiter 29.74m 97'-7"; W. Hunter 13.76m	(40-49) (50-59) (60 & Over)	B. Taylor 16.44m 53'11½". T. Mullins 48.36m 158'8"; H. Wynhoven 36.56m 119'-11¼"; A. Dofel 36.40m 119'-5". J. Soutar 34.80m 114'-2"; A. Pauulins 30.52m 100'-1½". P. Dalwood 29.04m 95'3½". W. Tunaley 27.24m 89'4½".
		,	,, 11103 172 ,

IC	1	Anzac Day One Mile		Results	
Australia	Cont'd	Think Day One Mile		1], Gilmour (54)	10:59
9-50-1-23 STE 0-31-11	sta Conto	(40, 40)		2 C. Bould (58)	11:31
100		(40-49yrs)	4:48.7	3 G. Bartram	11:58
6th April 1974	- 1	I G. Hicks	4:51	4 D. Horsley	12:06
"Suhard Shield"	1	2 R. O'Neil	5:07	5 J. Coventry	12:15
1,500m grass course		3 D. Paul	5:07	6 K. McDonald	12:59
	4:23		l	7 D. Cart	13:28
	4:35	(50+)		8 R. Johnson	13:35
	4:35	B. Williamson	5:27.5	9 D. Jones	14:54
- · · · · · · · · · · · · · · · · · · ·	4:39	J. Lovatt	5:51.5	10 G. Cavill	15:09
4 R. Clark	4:50	 D. Kimber 	5:55	11 N. Goff	15:53
5 W. Kirkwood	4:56			12 A. Briggs	16:23
6 G. Inwood	4:57	4th May 1974	1		16:24
7 B. Fiegert	4:58	St Peters 10 miles road race		13 R. Hayres	10,21
8 M. Cubbitt					
9 J. Bryson	4:59	l R. O'Neil	56:05	1074	
10 P. Wade	4:59	 R. Clarke 	58:19	4th May 1974	1.
11 R. White	5:13	3 R. Sutcliffe	59:24	Victorian 8Km CCC at Taralgo	n
12 R. Ferris	5:22	4 J. Perry	61:42	1	28:00
13 R. Bennett	6:03	5 R. White	63:52	1 Tom Kelly	
14 A. Digance	6:17	 A. Gottschalk 	64:17	2 Den Elliet	28:59
13th April 1974		7 (. Lovatt	65:09	3 Barry Sawyer	29:03
"Whyalla Jubilee" 10K	m	8 B. Fiegert	65:22	4 Larry Sykes	29:38
l myana jabitee 1011		9 M, Cubbitt	65:45	5 Lin Hooper	30:08
1 T. Read	39:26	10 L. Wohling	66: 15	6 Keigh Routley	30:33
2 W. Kirdwood	40:12	11 L. Hart	68:15	7 Peter Coulthorp	32:54
3 P. Bush	42:22	12 R. Ferris	69: 18	8 Denis Colclough	33:17
4 B. Fiegert	45:20	12 117 1111	1	9 Chas Collister	33:32
5 R. Sara	45:46	To celebrate the formation of	f the West	10 Roy Jennings	34:17
6 S. McIntosh	46:52	Australian Veteran Club, a 3		11 Nocl Rossignol	35:09
7 D. Blackburn	53:09	was held on a grass course, Jo		12 Harold Steven	37:41
8 M. Bollard	54:27	has recovered from his injury		13 Bill Bourke	37:59
9 W. Fisher	63:56	be fit for the Nationals in Ac		14 Horrie Ward	39:34
1 3 11. 1 151101	03.30	Do III To the the Hatter and In the			Signature (1986)

Canada

The C.M.I.T.T. applied to the Department of National Defence through the C.T.F.A. and Sport Canada for the transport of a team to the Paris marathon and were finally granted passage for 5 members. Lt. Col. Cy Allan and Robert Le Frank of the Armed Forces were also able to obtain permission, so the ranks were swelled to seven.

At halfway (21 km) the team were in with a winning chance but the weather grew hotter by the minute and the unaccustomed 81°F and the humidity began to take its toll. John Doyle and Cy Allan were both forced to retire at 35 km and Canada's scoring trio were Arthur Taylor (2nd) 2:32.24, Bill Allen (14th) 2:41.17 and Ron Wallingford (28th) 2:50.44.

The method for determining team placings had been stated as aggregate times, which placed Canada second to Finland, but the result was declared on a points basis which gave 1. Finland 2. Sweden 3. Canada. Clarification is still awaited.

TORONTO

Our publicity folder, and entry form, giving full details of the 1st World Masters T. & F. Champs, in Toronto 1975, has been widely circulated. Copies can be obtained from National organisers.

The age divisions and the qualifying standards for Toronto were published in the last issue of VETERIS. Further information is as follows:-

EVENTS

All the following events will be open to Masters in classes 1A, 1B, 2A, 3A and 3B: Field

Track	Field
100 Metres	Shot putt
200 Metres	Javelin Throw
400 Metres	Discus Throw
800 Metres	Hammer Throw
1500 Metrcs	Long Jump
3000 Metres (flat)	High Jump
5000 Mctres	Triple Jump
10000 Metres	Pole Vault
110 Metres Hurdles	
400 Metres Hurdles	
3000 Metres Steeple Chase	
5000 Metres Walk	
4X100 Metres Relay	
4X400 Metrcs Relay	
Teams will be national, any ages ma age of the youngest runner will de fication of the team. Timed section	termine the classi

which case only one team from each country will compete in the seeded section(s). Further teams may be entered in non-seeded sections.

On Toronto Islands (Hardtop and Boardwalk) Marat

thon Run	25 Km Walk	These	
		over	roads
		closed	to
		traffic	

10,000 Mctres Cross Country (at a Venue to be announ-

National teams in overall and age class competition. Number of runners to count will be 3 less than the smallest team designated by the organizers.

CLASS 4

The following events may also be competed for by runners born on or before 11th August 1905 (Class 4) who may also compete in Class 3B in any other event(s):

100 Metres	Marathon
1500 Metres	5000 Metre Walk
5000 Metres	25 Km Walk
Cross Country	Discus Shot

SUB-MASTERS

The following events may be competed by Sub-Masters (30-39) i.e. men born between August 12, 1935 and August 11, 1945 inclusive:

Bull 11, 20 20 111011101	
00 Metres	1500 Mctres
00 Metres	10000 Metres

WOMEN

The following events may be competed by Women in the following age classes:

Women Class 0W - born between August 12, 1935 and August 11, 1945 inclusive

Women Class 1W - born between August 12, 1925 and August 11, 1935 inclusive Women Class 2W - born on or before August 11, 1925.

5000 Metres

1500 Metres

No competitor may enter the same event in more than one age group.

EOUIPMENT

Class I A and 1B	
Javelin	Shot
800G (Ilb. 12.218 oz.)	7.257 Kg. (16ibs.)
Hammer	Discus
7.257 Kg. (16lbs.)	2 Kg. (4lbs. 6.547 oz.)
110M Hurdles	400M Hurdles
99.6 cm. (39")	91.4 cm. (36")

Class 2A and 2B	
Javelin	Shot
800G	5.443 Kg. (121lbs.)
Hammer	Discus
5.443 Kg. (12lbs.)	1.6Kg. (3lbs. 9 oz.)
110M Hurdles	400M Hurdles
91.4 cm.	84.0 cm.
(36'')	(33'')

Class 3A, 3B & 4	
Javelin	Shot
600G (1lb. 5.163 oz.)	4 Kg. (81lbs. 13 oz.)
Hammer	Discus
5.443 Kg. (12lbs.)	1 Kg. (2lbs. 3.274 oz.
110M Hurdles	400M Hurdles
84.0 cm.	76.2 cm.
(33'')	(30")
•	• •

Certified throwing equipment will be provided. Those competitors wishing to use their own equipment may do so but must have it certified by the technical director before competition. Metric Weight/Ht will be the official measurements. Bracketed Avoirdupois and English measurements are for information only.

			ii.	- 100				
	March 1974			ch 16th Cobo Hall, Deti	nit;	19	J. Bohnet	61:09
Yor	k 20 Km			00 yards.		21	T. Dancer (43)	61:39
			I.A.	Taylor (47) 2:32.7 rec.		38	Fritz Mantsh	69:33
8	8. Martindill (HAC) 42	72:36	1			39	B. Bannister	69:35
12	B. Bowman (MTFC) 43	74:40		ch 31st		72	S. Lange (50)	79:08
13	L. Bock (MTFC) 40	75:01		MILTON-AR⊕UND TF	IE BAY	1	0 . ,	
18	M. Harrington (MTFC) 43	75:49	19:1	n-168 yards.		Ma	/ 5tb	
20	S. Shuttleworth (MTFC)4	3 78:29	6.	J. Doyle	1:45:15	ED	MONTON JOURNAI	'5' Road Race
22	B. Oskley (MTFC) 40	82:47	14.		1:51:56	13	B. Wyllie (41)	26:53
24	M. Bacon (M'I'FC) 46	83:00	18.	W. Allen	1:54:12	14		27:25
27	D. Milne (MTFC) 43	85:12	1 .0.	" Tinen	1.54.12	20	J. Haddow (44)	
28	D. Farquharson (MTFC)4	8 85:53	ME	ro toronto fitne	SS CRUB	1 20	T. Dancer (43)	27:48
29	F. Pritchard (MTFC) 47	86:18	10,0		0.0 0100	1		
30	S. Edwards (C.A.F.) 45	86:53	1 '			May	E.L	
31	P. Reeves (MTFC) 50	89:40	2.	C. Hall (48)	35:04:5		RLINGTON ROAD R	A CE /14 4 mile
			3.	L. Buck (40)	38:09	(40-		VCE (14.4 m)
			7.	W. Cameron (48)	39:15	(40-	49)	
	March 1974		8.	A. Rappich (41)	39:16	1	A. Taylor	1:17:27:8
	RA 10 Km Road – Sunnyi	prook	9.	F. Galata (46)	39:40	2	B. Martindill	1:18:20:8
Park	Toronto,		10.	D. Beatty (43)	39:50	3	G. Dickson	1:20:50:6
_			13.	M. Bacon (46)	40:14	4	B. Bowman	1:23:15:8
5	Bill Allen	35:23	14.	D. Brown (43)	41;41	5	B, Allen	1:23:37.0
13	Mike Harrington	36:26	16	D. Farquharson (49)	41:59	6	J. Gonser	1:25:43.4
15	Lorne Buck	37:34	l			7	B. Wallace	1:27:08,0
18	Andrew Ivan	38:10		th 23rd		(58+	.1	
22	Sid Shuttleworth	38:55		ANNUAL FLORID∧ M		Tio T	D. Laister	1:33:25.3
31	Brian Oxley	40:25	First	Myers, Temp. 85°F, Hi	umidity 87%	2	L. Smolders	1:33:25.3
32	Rill Cameron	40:39	1	Bob Bowman (no time	aiven)	3	W. Shiridan	
35	Dave Milne	41:57	l	DOD DOWINGH (110 time	given)	1"	w. Surrigan	1:41:32.3
37	Don Farquharson	42:07	Anri	l 12th		t		
38	Stan Edwards	42:40		HBRIDGE '10' Road Ra		1		
39	Fred Pritchard	42:49	,			I		
42	Pat Reeves (1st over 50)	44:44	12	Bill Wyllie (41)	60:02	ı		

continued on page 43

COROCBUS

When I wrote my column last April, which included an item on the fell runners and the types of peaks they tackle, I was not to know that within days of the magazine going to press Ben Nevis and the treacherous British weather were to claim the lives of two well known veteran athletes—Keith Stewart and Bill Mitchell, both members of Airedale and Spen Valley Athletic Club.

Keith and Bill were tackling Nevis on a Sunday when heavy snow and icy conditions struck the mountain. They became lost, separated, and died during the night —a tragic end to the lives of two fine veteran sportsmen.

Keith Stewart (43) was once the unique holder in one season of the Yorkshire County 3, 6, 10 and 20 miles titles, while Bill Mitchell (41) was a former winner of the Huddersfield Marathon race. They finished 14th and 25th respectively in last year's British Veterans National Gross Country Championship. British vets will miss them dearly.

Australia's BILL FISHER reckons he is lucky to be alive, and certainly at 49 years of age he is more alive than 99% of men in the community. He looks fit and is fit, but he is an awkward runner and there is nothing he can do about it. He runs 3 miles every morning. What, you may ask, is so special about that? Well, 21 years ago in the Korean War he was hit by a mortar shell which put 19 holes in him. The extent of his facial and chest injuries suggested that he would not survive for long, but 'two years and nine operations later Bill limped out of hospital determined to overcome his disabilities.

In 1959 he was able to break into a jog, just for a few yards. Fifteen years later those few yards have become a daily 3 miles, through sheer determination. Bill Fisher commands much respect amongst South Australian athletes and it is fair to assume that he gains more satisfaction from running than many of those who win his races.

How nice it is to see young athletes appreciating the examples of sportsmanship and temperament, besides technique, which are set by some leading internationals. How especially nice to see such appreciation directed at a leading veteran. And there are no prizes for guessing the name of Howard Payne. Young Roger Clements of Barking just had to write to Athletics Weekly to say ".... what a wonderful example Howard Payne is to all young athletes. Those like myself who have just taken up the hammer see what great temperament and superlative technique can do. He is without doubt the finest ambassador this event has ever had. thank you, Howard." Veterans reckon he's a pretty good ambassador to them too.

Pulled muscles frequently put athletes out of training for several days. Some for weeks, even months. But when Australia's star cross-country runner MERV JENKINSON suffered a badly torn muscle, no one dreamt it would be 37 years before he turned out again! That injury occurred in 1937 and caused the "terror of the tracks" to hang up his spikes and turn to golf. Now, at the nicely mature age of 65, he has got himself running-fit again and is once more amongst the records.

In April he took the 800 and 1500 class 3 titles in the Australian Veteran Championships. Six weeks later he was in London and on the phone to your correspondent pretty quickly. "What are the World age-records for 800 up" he enquired. After whistling at his closeness to the 800 mark (2:29.1 to 2:30.0), remarking on the simplicity of the 1500 time, and conceding that Thedde Jensen was entitled to keep his 10,000 record, we got around to exchanging a few pleasantries!

What prompted him to come out of retirement after so long?

"I don't really know" he says. "I have always kept myself fit and when I read about the-newly formed Brisbane veterans club I just started training again."

The years on the sideline have not affected Merv's ability. He has run 2:30 for the 800 and says he can get his 1500 down to about 5:15

Does he consider it a remarkable feat? "Not in the least" he replied. "Any able-bodied man really keen and prepared to train properly for a few months could do the same." They could?

Who was the tour leader whose fractured French (in broad Lancastrian) confused his hired Goach Driver into mistaking Draveil for "travel"? Only when they passed the Bastille for the second time did the Northern Vets realise they were being taken on a guided tour of Paris, instead of on their way to the World Vets Championships! Luckily they don't use the guillotine there any more or Norman would have needed the help of the Scarlet Pimpernel. However, after much sign language, they got on the right road and arrived with at least 10 minutes to spare before the start of the 10 Kilometres.

I hear that Australia's Wal Sheppard and Jack Pennington are considering two tours in 1976 to take in the Montreal Olympics. They particularly want some pre-Games competition and the Americans have agreed to stage a 3-day Veterans International Meeting. So far, it looks as though a six weeks tour could well provide competition in Hawaii, Los Angeles, United Kingdom, Moscow and Japan. The three weeks tour would be a straightforward Canada and back trip. Estimated cost? \$1600 and \$1200.

JOHN DREW tells me that Britons would have found New Zealand's "Great Westland Marathon" an intriguing occasion. The South Island's west coast has an isolated charm of it's own: it is sparsely populated, yet gold diggers flocked there 100 years ago. Now, the town of Ilokitika which once had 40,000 at the height of the rush, has about 5,000 only—but the antiquarian charm is still there. The marathon finished in Greymouth and the descendants of the gold-rush population were there to see the finish; and among the stop-watches and clipboards there was the odd handle of beer willingly offered to the shattered finishers.

Drew, himself, tottered down a side street after crossing the line and hung on to the nearest suitable support, which turned out to be a rugged West Coaster with red hair! "He was most helpful and smelt refreshingly of whiskey" John reflects. A companion offered him his jacket until his own clothes arrived and told him to buy himself a beer with the money which was in it. But as soon as John went into the bar the bar-man took one look and put a pint across free. When the jacket owner came back for his property John discovered that it contained a sizeable sum of money. "That's my race winnings" grinned the West-Coaster. It is with good cause that John Drew regards the people of those parts "wonderfully hospitable and trusting".

It's forty years and almost a quarter of a million miles since John Emmet Farrell pulled on his first pair of running shoes. Thirty-eight years ago he lifted his first National Cross Country title. Today—with the old age pension only a few months away—Farrell is still running ... and winning just as often.

In 1972 he lifted World, European, British and Scottish titles in the ten thousand metres and cross country events.

What makes a sixty-four-year-old man pull on a track suit five nights a week and clock up a regular sixty miles?

"I just can't give it up," says the Gas Board meter reader from Arden, Renfrewshire. "I ran a race when I was thirty-five, and said then that I was going to retire... but I have just kept going. We are all the same in the Veteran Harriers, I am not exceptional. Everything is so high powered nowadays, everything moves so quickly... I think we are trying to get back to the more simple things of life."

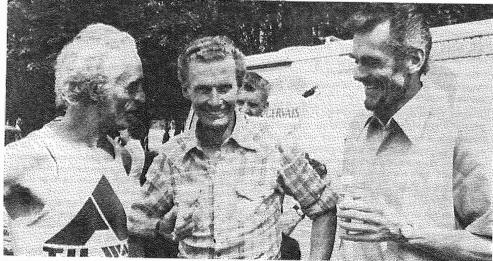
It is this attitude which makes Farrell believe that the modern sportsman has the wrong approach to athletics.

"Athletics originated to provide enjoyment and friendly competition . . . I think we have lost that now-a-days," he says. "Don't get me wrong, I'm not in any way knocking the modern day athlete. He is more dedicated than any of my generation ever were, but there is always so much pressure when he runs."

Perhaps it is because John Emmet Farrell puts enjoyment before competition that he is still running today. I wonder how many of our Olympic team will still be jogging along the roads of Britain at the age of sixty-four? Farrell believes that he is a pioneer in his own right. He wants to prove that men of his age are not only fit for the scrap heap.

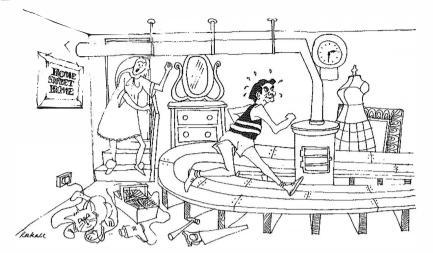
"Our society might dictate that we have to retire at sixty-five... but that does not mean we have to retire from life," he points out forcibly. "I think we all underestimate our body simply because we are far too conventional and orthodox. People tell us that we should not be running about at fifty, so we don't! I wish more men of my age would take more interest in keeping fit... they would be amazed how their bodies would respond.

Need any more be said?



My picture shows that famous old marathoner Adolf Gruber (Austria) toasting with ice cream the successes of Erik Ostbye (centre) and Arthur Taylor (right) at Draveil.

Upstairs and downstairs



(Small boy, about 6 years old, comes in from school. He looks perplexed.) "Mummy," he asks, "the children are all wondering-why does Daddy go running down the street? Hasn't be grown up?"

"No, he hasn't, er, I mean, OF COURSE he's grown up! He runs to stay healthy."

"But none of the other daddies run."

"Lucky mummies, cr I mean, well maybe they do other things....like sit and watch hockey games."

"Is Daddy running now?" (Daddy, as usual, is nowhere to be seen.)

"No, Daddy's down in the basement. He's building us a recreation room. Isn't that nice?"

"Recreation room? What's that?"

"Oh, that's a room in the basement the family can use when the days aren't very nice."

"You mean while Daddy's out running."

"Yes, while Daddy's out-no, of course not, Daddy will use it too."

(Banging noises issue from basement. It's the unmistakeable sound of hammer on wood.)

(Mummy looks at clock.)

"Excuse me," she says, "I'd better go out and take the garbage to the street. Daddy's busy with the recreation room, and I don't want to disturb him."

(While she's out she also shovels some new snow off the driveway.)

(Boy goes out to play, Mummy has a nap-or tries to. the hammering in the basement IS a bit loud. The afternoon passes. Because Daddy is busy doing this nice thing for the family, building a recreation room, Mummy gets up at about 4:30 and prepares all his favorite dishes for supper. He comes upstairs, smacks his lips, digs in, enthuses over the meal, and hurries

back to the basement to finish the job. Mummy does dishes, reads stories to children, cleans up living-room where children have Wreaked Holy Havoc just before supper, folds laundry, does ironing, makes out cheques to be sent out in order of priority and, finally, at about 10 p.m. lies down on sofa to watch television. She falls asleep. She is awakened by a funny noise.)

"Thump, thump, thump, thump."

(She sits bolt upright. Noise is coming from basement.)

"Thump, thump, thump, thump."

(She goes down basement steps. She stands transfixed. There, instead of a recreation room, is a board track. It extends from one end of what was supposed to be the recreation room into the furnace room. It goes around the furnace and back into the "recreation room." Daddy has his running shoes and shorts on. He's running around it.)

"Thump, thump, thump, thump,"

"It's 2:30 in the morning. You'll wake the children up." (That's all Mummy can think of to say.)

"Puff, puff, pant, pant. I've just, puff, got five more, pant, 440s to do, puff puff-then I'll be right upstairs, pant, pant. How do you like it? Great, ch? Thump, thump, thump, thump." (He disappears into furnace room. Back out he comes.)

"It's for you, too. Now you'll be able to run in private. You can call in some of the other mothers and, ha ha, hold a time trial. Sure beats the old, ha ha puff puff thump, thump, coffee parties!"

(Daddy disappears into furnace room. When he reenters, Mummy is nowhere to be seen. There are thumping noises from bedroom. They sound suspiciously like suitcases, being packed.)

"Thump, thump, pant, pant-wonder what got, puff puff, into her? I'd better go and see. After I finish these 440s, of course. Boy, are my times coming down!

Roger Whittaker

Canada contd

Eastern Canadian Marathon Champs, Centre Island Rain - temperature 45.500 - light winds

8	P. Morgan (Metro Fit)	2:39:07
9	D. Milne (Metro Fit)	2:57:57
10	J. Gray (Renfrew Cty)	2:59:51
11	D. Beatty (Metro Fit)	3:03:49
14	B. Oxley (Metro Fit)	3:09:12
1.5	R. Lang (Metro Fit)	3:09:15
16	E.V. T. Clark (Met. F)	3:13;31
17	D. Laister (Toronto OC)	3:14:47
18	S. Edwards (CFB, Rdn)	3:16:05
19	F. Pritchard (H. AC)	3:16:05
20	P. Reeves (UoITTC)	3:20:14
21	B. Fullerton (unatt)	3:21:14
22	E. Davies (Metro Fit)	3:21:30
23	C. Thorne (unatt)	3:28:06
24	J. Webb (Metro Fit)	3:28:50

		ch/Ma	r indoor Marks	
ĺ	8	00:	R. Bowman	2:04:0
I	П		Ed. Whitlock	2:04:4
I	1	500:	R. Bowman	4:1 7:0
ı	1		Ed. Whitlock	4:20:05
	3	000;	Ed Whitlock	9:50:0
	-			

LONDON	, ONTARIO	
3,000m:	A. Taylor	9:11
	R. Rowman	9:25
	W. Allen	9:28

	· 12th —MTRRA Haif Marat tre Island	hon +
7	C. Hall (MTFC)	75:26
8	M. Freeman MTFC	75:29
11	M. Harrington Skyline	79:00
17	A. Vondette CFB Mont.	83:30
18	R. Niedrauer Unatt.	87:29
20	B. Madeley TOC	89:00

91 - 00

92:12

93:06

95-55

R. Belton Oshawa

B. McCance MTFC

B. Winegar MtFC

I. Truill Unatt

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ARTHUR TAYLOR

NEWZEALAND

New Zealand veterans, and 500 belong to their National Association, have been voting on the question of having their national championships under the auspices of the N.Z.A.A. The result is not vet to hand but the main issues seem to be,

Is a single title for veterans (as for junior, youths etc.) right when the trend is already towards 5 year age groupings?

2. Many veterans still run for their clubs as seniors. By wishing to support their clubs on championships day they would be diluting the quality of the Veteran

3. The present highly popular philosphy of "all persons over 40 are in" can only continue if the events are kept out of the hands of the N.Z.A.A.A. The spirit at the Christchurch International meetings clearly indicated the benefits of this approach.

The National X-cty, event is to be held in Northland on August 10th and will be organised by Len Field. winner of the Christchurch marathon.

CLEM GREEN has the organisation of two overseas tours underway. The first is for August when a party of New Zealand veterans will make the trip to Sydney for the famous City to Surf 91/2 miles road race. Other events are expected to be laid on for the 10 days trip. The second tour commences on 10th May 1975 when a party of veterans will tour the Australian states of Victoria, South Australia, Tasmania and New South Wales. It is hoped to join up with a Japanese touring party. The tour will cover three week-ends and basic costs are expected to be in the region of \$420.

The 1st New Zealand Veterans Track & Field Championships will be held next Easter, 29/30 March 1975. Women's events are being included and their entry age is set, provisionally, at 35 and over, Some selected "pre-vet" events are likely to be included and there could be some interesting performances from Snell. Halberg, Baillie, Julian etc.

The Championships will be sponsored by "Trans Tours Ltd". They sponsored Don Cameron on his record braking run from Sydney to Mclbourne and the advertising director is Dennis Young - a keen fieldevents veteran and former All-Black forward. Young extends an especial welcome to overseas veterans to compete at the Championships, which will be an 'Open' meeting.

The venue is at Queen Elizabeth II Park which offers some of the best sports facilities in the world, with beach and beautiful sea-swimming nearby and a heated international class pool back to back with the stadium. New Zcaland will be all out to give visitors a good show and there will be billets available. The garden city in autumn is very beautiful too.

Alec McPherson aged 44 who only took up distance running four years ago ran outstandingly and courageously to hold off a strong challenge to win the annual "Great Westland" marathon handicap recently. It's run from the old West Coast gold rush town of Hokitika straight up the West Coast to Greymouth Town (another gold rush town that once was) 35 started.

The first four home were as follows:

1. Wally Terris (40) 2:47:46 Wally is a cement truck driver and its nothing for him to man-handle 50 tons in a day besides running 80 miles a week. He is a former boxing champion and

has three children in the sport. 2. Mike Gucrin (40) 2:53:18

Mike is an airline pilot who trains under Lydiard and only began running about a year ago. He took it up to help his children: they have since "retired" but Mike is getting faster.

Continued overleaf 43

3. Jack Stuart (53) 2:54:19

Jack is a schoolmaster on the West Coast and has run in most of the Great Westland marathons since about 1961. He also holds third best time for 24 hours in Canturbury (as a veteran) of 102 miles.

4. Denis Lucas (42) 3:04:40

Denis is an advertising agent who only took up the sport four years ago; one of the scores of men in NZ who have cranked up at about 40 and have found an honoured place in the sport for themselves....

These times are not 'mighty' by comparison with many others but are significant because they were put up by runners who began training at an age when many misguided ones had joined the slippers and lawnmower brigade.

John Drew (63) who took up distance running at 48 was third in the handicap. Other veteran finishers were former boxing champion Terry Lucas (40). Bill Rollo (47) and oldest man in race Sam Mearthur (63). A month later Drew took fourth in New Zealand's annual 50 mile road race, the open scratch all-comers "New Brighton 50". It was the fourth time he had completed the race when over 50. "We struck a nasty head-wind between 25 and 40 miles which put me in the category of a shattered butterfly" said Drew, "but I used that Accolade stuff "(Staminade" in Australia) and picked up strongly over the last 10 miles."

Veteran Womens competition is just beginning to develop in New Zealand. Former sprint champion Doris May (45) won her first track race over 800 metres after 4 months training and 20 years since competition.

Three veteran womens teams entered a recent cross-country relay (5x2½ miles) and did well, so the movement is definitely making ground. Of course, Mrs Kyle gave their ideas a great boost when she 'flew' round that 400 metres at the Veteran games in January. That's probably what helped to get them going.

U.S.A

Bob Fine, former Masters Sports Assoc. president, and local metropolitan association AAU masters chairman, has initiated a drive to apply pressure on the National body of the AAU to permit Masters to participate as amateurs in the professional ITA meets. Bob has issued a call to all local masters chairmen to join in an organized campaign this October at the AAU national convention in Washington, D.C. to bring about this change.

He pointed out that every district should have a masters chairman, and that those districts who do not should immediately select an individual to fill the post, preferably one who will be prepared to attend this years convention. Bob explained that local chairmen are automatically on the national AAU committee and it is this committee that is the only legal authority to not only make rule changes, but also determine the location of the various track and distance championships.

Bob urged those members who feel the pro-amateur ruling, so far as master runners are concerned, is not in our best interests should write to the AAU, 3400 East 86th Street, Indianpolis, Indiana 46268 expressing their feelings in the matter.

Following an invitation from ITA to present selected Masters events at their pro attractions, a request for a ruling from Ollan Cassell was made. In reply the AAU Executive Director acknowledges that demestic Masters competition contemplated the participation in Masters events by professionals, as well as exprofessionals, who had applied for reinstatement. He took the position, however, that Veteran athletes competing in Masters events in ITA events would be violating IAAF rules regarding professionalism, and accordingly, although legal under AAU domestic rules, he would be forced to decline to certify for international competition any Master who did compete in such an event.

Based on Mr Cassell's current position we, therefore, must warn any Master who does elect to compete in an ITA meet that he is taking the risk that the AAU will refuse him a travel permit for international competition in the future. Notwithstanding, we are informed that a considerable number of Veteran athletes will nevertheless elect to run in ITA meets

A letter of protest to Cassell's ruling has been sent to him, as well as Senator Alan Cranston (member U.S. Masters) and Senator John V. Tunney (sponsor of proposed Federal legislation to control the activities of the AAU and NCAA) and to Dan Ferris, U.S. delegate to the IAAF.

The irrepressible David Pain is presently working hard on organising tours that will take Masters teams from all parts of the globe to the World Masters Championships at Toronto in 1975. He is also planning a Christmas tour to Florida and Jamaica. Those interested should contact David at 1160 Via Espana, La Jolla, California 92037.

Dr. Mel Parker was elected President of the Masters Sports Association at a meeting of the club, following the eastern indoor Championship, at the Peddie School. Doctor Parker succeeds Bob Fine, the Association's first President.

Mr. Fine will continue to serve the association in the capacity of corresponding secretary, a post he was unanimously elected to by the membership.

Gerry Reuter was elected vice President, Jon Tobey treasurer, and Horace Wallrecording Secretary.

Another battering of the Age Group Record Book took place at the second Eastern Masters Indoor Championship.

Twenty eight over forty and four sub-master age records were erased by 133 master and sub-master athletes at the Peddie school. Two track records were also set in some hotly contested races,

Contd.	6 Wallace (43) RTC 7 Colon (45) NYPC 8 Purnell (45) UNAT	15'6 ½" 15'1 ½" 14'1 1"	4 Kline (63) UNAT MR 7.1 5 Adams (61) UNAT 7.3
9th March, 1974 Second Annual Eastern Masters Indoor Track & Field Championships Class IA & B (40-49)	Shot Put 1 Olson (42) NYAC 2 Purnell (45) UNAT 3 McPherson (40) PEN	14'10" 28' 7" V 26' 9"	440 yd. dash 1 Braceland (60) PENN 67.4 2 Deacon (62) HMTC 67.4 3 Lacey (60) NYPC 70.4 4 Edwards (60) PENN 72.2
50 yd. dash 1 Presbar (40) UNAT 5.8 2 Clark (40) UNAT 5.9 3 Brooks (43) NYPC 5.9 4 Pistone (40) BAA 6.0 5 Cogbill (42) RTC 6.1	4 Brooks (43) NYPC 5 West (42) UNAT Pole Vault 1 Harrington (41) UNA	26' 8" 22'10" T 12' 6"	5 Kline (63) UNAT 72.3 880 yd. dash 1 Deacon (62) HMTC MR2:36.6 2 Bruccland (60) PENN MR2:37.5 3 Lacey (60) NYPC 2:57.6 4 Cash (66) SHOR 2:57.6
6 Lentzer (48) BTC 6.6 7 Colon (45) NYPC 6.9 Class 1A	35lb Weight Throw 1 Olson (42) NYAC 2 Phillips (45) UNAT	39'10" 32'2½"	Class 3 1 mile run
440 yd. dash 1 Pressley (40) UNAT 57.2 2 Jones (43) PVTC 57.2 3 Pistone (40) BAA 57.2 4 Clarence (41) NYPC 57.9 5 Wallace (43) RTC 59.3	Class 2 (50-59) 50 yd. dash 1 Valentine (50) NYPC 2 Williams (50) BRTC 3 Grant (51) PENN 4 Hutchinson (52) HTC		1 Wall (60) USN MR5:45 2 Bredenback (68) SDTC MR6:03.2 3 Braceland (60) PENN MR6:08.5 4 Deacon (62) HMTC MR6:09 5 Kline (63) RTC 6:33.4
Class I B 440 yd. dash I Tobey (47) NYPC 59,1	5 Heard (56) CDM 440 yd. dash 1 Valentine (50) NYPC	6.7 MR 58.7	2 mile run 1 Wall (60) USN MR11:55 2 Essig (64) SPY MR12:54
2 Sputzer (45) NYPC 59.4 3 Fite (46) JSTC 60.9 4 Thompson (46) NYPC 61.6 Class 1 A	2 Dunbar (53) PENN 3 Williams (50) BRTC 4 Conway (50) PENN 5 Wright (55) UNAT	61.9 64.2 66.8 67.0	High Jump 1 Braccland (60) PENN MR 4'6" 2 Deacon (62) HMI'C MR4'4" 3 Dacey (60) NYPC MR4'4" 4 Hills (61) PENN MR3'11"
880 yd. run 1 Jones (43) PVTC 2:08.7 2 Squires (41) BAA 2:08.8 3 Pistone (40) BAA 2:32.3 Class I B	880 yd. run Newell (53) PENN Dreher (52) PENN Dunbar (53) PENN Geer (54) UNAT Harmon (52) MM	2:23.9 2:24.8 2:26.5 2:27.5 2:29.0	5 Moody (62) PENN 3'9" Long Jump 1 Deacon (62) IIMTC MR14'3" 2 Moody (62) PENN MR13'8" 3 Hills (61) PENN MR13'4';"
880 yd. run 1 Fite (46) JSTC 2:12.2 2 Tobey (47) NYPC 2:13.4 3 Henriques (46) JSTC 2:20.5 4 Spitzer (45) NYPC 2:30 5 Lentzer (48) BTC 2:39 Class 1A	1 mile run 1 Horman (56) PVTC 2 Dreher (52) PENN 3 Hossack (51) UNAT 4 Newell (53) UNAT 5 Harmon (52) MM	5:16.8 5:18.4 5:20.4 5:22 5:24	4 Braceland (60) PENN 12'1 3'' Shot Put 1 Partridge (62) NYPC 26'2'' 2 Moody (62) PENN 25'8'' 3 Braceland (60) PENN 25'4 3'' 4 Edwards (60) PENN 23'5 2'' 5 Hills (61) PENN 19'2''
1 mile run 1 Fine (42) NYPC 25:06.2 2 Kijak (43) LIAC 5:19.0 3 Allen (42) SPAR 5:33.5	2 mile run I Horman (56) PVTC 2 Gardner (51) IITC	11:12 11:20	Polc Vauit 1 Hills (61) PENN 6'5"
Class 1 B 1 mile run 1 Packard (46) BAA 5:05.5	High Jump 1 Grant (51) PENN 2 Keefe (50) PENN	4'6" 4'2"	35lb Weight Throw 1 Partridge (62) HYPC 22'5"
2 Hershberger (46) NVTC 5:11.0 3 Snedeker (46) UNAT 5:12.0 4 Farwell (46) NVTC 5:29.0	Long Jump 1 Morcum (52) PENN 2 Hutchinson (52) HTC 3 Valentine (50) NYPC	14'5 ³ / ₄ "	1 Mile Relay 1 Boston A.A. 2 Nittany Valley Senior Track Club
2mile run 1 Kandschur (41) HTC MR9:55.0 2 Fandetti (42) HTC MR9:58.0 3 Colton (43) NYTC 10:90.6 4 Beer (40) SHOR 10:30.6 5 McConnell (42) JSTC 10:42.0	4 Wright (55) UNAT Shot Put 1 Heard (56) CDM 2 Grant (51) PENN 3 Keefe (50) PENN	11'8 ³ / ₉ " MR36'10" 26'1" 25'9 ¹ / ₂ "	2 Milic Relay 1 Jersey Senior Track Club 2 Potomac Valley Senior Track Club 3 Boston Athletic Club 4 New York Pioncer Club
High Jump 1 Hascock (41) UNAT 5'9'	4 Dorman (52) PENN Pole Vault	25'9'	Team Scores (5-4-3-2-1 unattached athletes not counted) Class 1 Boston Athletic Club 24
3 McPherson (40) PENN 5'2' 4 Clarence (41) NYPC 5'2' 5 West (42) UNAT 4'8'	1 Morcum (52) PENN 2 Dorman (52) PENN 35lb Weight Throw 1 Keefe (50) PENN	MR13'0'' 6'6'' 20'11''	2 New York Pioneer Club 20 3 Potomac Valley Senior TC 15 4 New York Athletic Club 10 5 Jersey Senior Track Club 10
Long Jump 1 Hascock (41) UNAT 19'5 1 2 Presbar (40) UNAT 17'1 2 3 Pistone (40) BAA 16'11 4 Green (44) UNAT 15'0 1 5 Clark (40) UNAT 14'4 1	Class 3 (60+) 50yd. dash 1 Braceland (60) PENN 2 Edwards (60) PENN 3 Moody (62) PENN	MR 6.2 MR 6.9 MR 7.0	6 Hartford Track Club 9 Class 2 & 3 1 Penn Athletic Club 73 2 New York Pioneer Club 25 3 Hartford Track Club 10
	, ,,		4

		9	5 Vellardito (40) Unat.	5:03.5	Div.III	
J۱	S.A		6 Gunther (41) MCY	5:07.4	I Partridge (63) NYPC	109'- 9"
-			7 Sampson (41) Unat	5:30.8	2 Hills (61) Penn 3 Braceland (60) Penn	90'- 8" 85'- 9"
	May, 1974 ers Sports Association		Div.fl		3 Braceland (00) I chii	03.3
	loor Championships		I Hascup (55) Shore	6:07.5	Shot Put-Div.I	
	mouth College, N.J.		2 Schwartz (53) Mill	6:14.8	Mond (42) Penn	34'-10"
			D: 111		2 Washington (41) Ph.P	29'-2½'
$\overline{}$	d Dash Div.l	10.8	Div.III 1 Monastero (62) Penn	6:48.2	3 Purnell (45) Penn 4 Golen (46) NYPC	28'-9½' 27'-3''
1 2	Brown(40) Shore Clark (41) Ph.P	11.4	2 Cash (66) Shore	6:55.9	5 West (42) NYPC	23'-8''
3	Gregory (48) Ph.P	11.8	2 Cash (00) bhore	0.30.3	West (12) 1111 G	45 0
4	McAllister (40) Unat.	12.1			Div.li	
5	Lentzer (47) Bruce	12.2	3Miles-Div.I		1 Keefe (50) Penn	22'-8''
6	West (42) NYPC	12.4	1 Fandetti (42) HTC	15:33.9 16:34		
n			2 McConnell (42) JSS 3 Fine (42) NYPC	17:06	Div.III 1 Partridge (63) Penn	26'-7''
Div.		11.6	4 Mimm (48) Penn	19:11	1 Partridge (63) Penn 2 Braceland (60) Penn	20 -7
2	Valentine (51) NYPC Jack (53) NYPC	11.8	5 Finan () Shore	50:40	3 Hills (61) Penn	18'-11"
3	Martin (53) Ly RRC	13.0	. ,		02)10111	
_			Div.II		Discus-Div.I	
Div.	III	ļ	1 Sheehan (54) Shore	18:05	1 Putnell	
1	Braceland (60) Penn	12.6	2 Quackenbos	18:50		
2	Edwards (60) Penn	12.7	3 Johnson () Shore	19:22 20:42	Div.II	
3	Hill (61) Penn	13.4	4 Schwartz (53) Mill	20:42	1 Keefe	
4	Witkowski (61) Unat	13.8				
220.	d Dash-Div.I		One mile walk-Div.1		Div.III	
I	Brown (40) Shore	23.8	I Mimms (48) Penn	8:16.4	I Partridge (63) NYPC	107'-1½"
2	Parker (47) NYPC	24.0	2 Dennau (41) Shore	8:46.9	2 Hills (61) Penn 3 Braceland (60) Penn	87'1 01/2 83'-91/2'
3	Clark (41) Ph.P	24.6	3 Woods () Shore	9:03	3 Braceland (60) I'enn	03-972
4	Holloman	24.8	4 Kalb () Shore		Industrial Company of the Company of	
			5 Lentzer (47) Bruce		1974 Trails End Marathon,	
Div.			n:		Seaside, Oregon	
1	Valentine (50) NYPC	26.2	Div.li	9. 10		
2	Martin (53) Ly.RRC	27.7	I Johnson () Shore	8: 19	MASTERS RESULTS	
Div.	171		Div.III		1 D. Meyers (Washington)	
I	Braceland (60) Penn	28.4	l Braceland (60) Penn	8:49.8	2 G. Crandell (California)	2:47:42
2	Edwards (60) Penn	29.2	2 Chills () Penn	9:59	23rd February, 1974	
3	Lacey (63) NYPC	30.7	, ,		1Mile at Ithaca, N.Y.	
	, , ,		2mile relay masters			
440	/ds—Div.l		I N.Y. Pioneer	9:18.7	I B. Bowman (Can)	4:38.5
I	Parker (49) NYPC	55.0	(Clarence-Valentine-1	Fine-	2 Harold Snyder (USA)	4:41.0
2	Tobey (47) NYPC	55.8 57.2	Tobey) 2 Jersey Senior Striders	9:21.9	3 Bill Allen (Can)	4:44.0
3 4	Clarence (41) NYPC Thompson (46) NYPC	58.2	 Jersey Senior Striders (McConnell—Henriques 			
5	Smith (45) Unat.	61.6	Glatz)	KII C	First master to finish in the Bo	elon
6	Lentzer (47) Bruce	66.3	3 Shore AC		Marathon was Walter Renaud (
					with a time of 2:31:23	55.1,
Div.			Long Jump-Div.l		service de la constitución de la	SALES SALES
1	Valentine (50) NYPC	59.2	Washington (41) Ph.P	19'- 0½''		
2	Martin (53) LYRRC	62.3	2 Clark (40), Ph.P	18'-11"	5th May, 1974	
Div.	n.		3 Gregory (47) Ph.P4 Tobey (47) NYPC	17'- 2'' 16'-10''	Berkshire 10 mile Masters Road	1 Kace
Div. Į	Braceland (60) Penn	66.2	5 Smith (44) Unat.	16'- 6"		
2	Lacey (63) NYPC	66.7	6 Clarence (41) NYPC	15' 9¾"	Class IA (40-44)	
3	Monestero (62) Penn	69.9	7 Colen (46) NYPC	15'- 81/2"	1 W. Renaud (43)	55:24
	(, ,		8 Mond (42)	15'- 6"	2 C. Fortier (41)	55:32
880	ds-Div.I		9 Purnell (45)	15'- 51/2''	3 H. Kupczyk (41)	55:40
1	Kupczyk (41) NAS	2:08.1			4 C. Gaff (40)	55:46
2	Fite (47) JSS	2:12.0	Div.II		5 C. Collins (40)	56:42
3	Tobey (47) NYPC	2:13.3	1 Valentine (50) NYPC 2 Martin (53) LYRR	16'- 3''	6 C. Beer (41)	57:34
4 5	Vellardito (40) Unat	2:13.5	2 Matth (95) LTRK	15'- 41/2''	7 J. McDade (41) 8 M. Haylin (44)	59:11
9	Henriques () JSS	2:23.2	Div.III		9 A. Wick (42)	59:16 59:27
Div,	II		1 Hill (61) Penn	14' 6"	10 F. Davis (41)	59:28
	c: No Div.II Competitors)		2 Braceland (60) Penn	13'-101/2"	11 R. Edgerly (44)	59:30
,			3 Partridge (63) NYPC	11'- 3"	12 G. Grasso (41)	59:38
Div.	III				13 J. Sullivan (42)	59:46
1	Braceland (60) Penn	2:45.0	Javelin Throw-Div.I	1001	14 R. Glatz (42)	60:02
2	Monastero (62) Penn	2:50.3	I Smith (44) Unat	128' 6"	15 S. Moulton (40)	60:16
3	Lacey (63) NYPC	3:05.0	2 Purnell (45) Penn 3 Washington (41) Ph.P	115'-	16 H. Devine (41)	60:18
			3 Washington (41) Ph.P 4 Colen (46) NYPC	108'-10'' 77'- 3''	17 B. Migell (41) 18 R. Midtskogen (40)	60:49
	- Di. I		GOIGH 1401 N I FG	11.5	1 IU K. MIGISKOgen (4U)	60:56
1Mi	e-Div.I Kupczyk (41) NAS	4:47 5				61-12
1Mil	Kupczyk (41) NA.S	4:47.5 4:50.2	5 West (42) NYPC	75'- 1''	19 T. Bick (44)	61:13 61:44
	e-Div.I Kupczyk (41) NA.S Jones (43) PVSTC Fite (47) JSS	4:47.5 4:50.2 4:56.9	5 West (42) NYPC		19 T. Bick (44) 20 W. McConnell (43)	61:44
1Mi 1 2	Kupczyk (41) NA.S Jones (43) PVSTC	4:50.2	5 West (42) NYPC		19 T. Bick (44) 20 W. McConnell (43)	

22 23	470 SS		(T 2D / EE EO)		2 20 y ds
	Cont'd		Class 2B (55-59)	CD 0.5	Clark (PP)
ODD III			1 D. Geer (55)	68:35	
			2 II. Jaffe (55)	69:10	Bower (MLTC)
1 23	P. Isenberg (44)	63:00	3 A. Bressani (56)	70:43	Cogat (MLTC)
24	H. Nixon (44)	63:15	4 L. Dyer (56)	70:57	McPherson (PP)
			5 J. Dearden (55)	71:04	, ,
25	R. Samson (42)	63:25			140vds
26	D. Swanson (44)	63:47	6 R. Leighton (55)	71:41	440yds
27	J. Cozlin (41)	64:05	7 R. Phinney (59)	73:00	Clarance (NYP)
28	J. Barry (44)	64:10	8 W. Shrader (59)	74:26	Clark(PP)
29	G. Demarest (44)	64:24	9 E. Cunnion (57)	74:32	Cogat (MLTC)
			10 R. Reed (56)	74:47	Medonis (MLTC
30	A. Kijck (44)	64:34			medoma (mbro
31	G. Hotchkiss (42)	64:35	11 S. Fagin (58)	75:09	1
32	T. Leonard (42)	64:43	12 L. Cogliano (56)	75:21	880 yds
33	E. Norton (42)	64:50	13 J. Hellinger (59)	75:57	Kupczyk (NS)
34			14 J. Keller (56)	77:47	Clarence (NYP)
1	A. Donaghy (42)	65:16		78:12	Wilson (MLTC)
35	J. Bennett (43)	65:34			
36	J. Booras (42)	65:57	16 A. Arhondy (59)	78:17	Uher (Unat)
37	J. Hays (41)	66:17	17 J. Martin (56)	78:24	1
38	J. Cutler (42)	66:30			1 Mile
			Class 3A (60-64)		Kupczyk (NS)
39	J. Sterling (42)	67:11	1 N. Bright (64)	61:51	
40	P. McGilvray (41)	67:55			Colton (NVTC)
41	B. Richardson (41)	68:00	2 D. Logan (60)	71:17	Wilson (MLTC)
42	W. Kalkofen (43)	69:11	3 F. Goodnow (61)	71:21	Uher (Unat)
43	W. Bradley (41)	69:50	4 J. Oirich (61)	76:37	₽
44			5 E. Estle (64)	78:14	3 Mile
	R. Regers (43)	70:57	6 E. Granowitz (61)	78:55	Colton (NVTC
45	P. Ohlbaum (40)	71:40			
1			7 M. O'Hara (63)	80:43	Lister (Unat)
	ID (45 40)		8 W. Westerholm (60)	82:04	1
	ss 1B (45-49)		9 J. Rubinow (62)	85:14	Long Jump
1	T. Sapienza (45)	55:24	, ,		Washington (PP)
1 2	C. Hansen (45)	57:35	Cl 3D (C5 C0)		
3	B. King (45)	58:32	Class 3B (65-69)		Clark (PP)
4	G. Brown (49)	61:20	1 J. Kelley (67)	66:42	Uher (Unat)
			2 J. Carroll (65)	71:54	Gregory (PP)
5	C. Whiting (45)	61: 54	3 •. Essig (68)	72:22	Medonis (MLTC)
6	W. Cooney (45)	61:57	4 E. Reet (67)	78:02	McPherson (PP)
7	P. McSorley (45)	62:13	2. Kest (01)	70.02	
8	J. Siegel (46)	62:17	Cl 4 (20 9)		1
9	C. VandeZande (45)	63:19	Class 4 (70 & over)		High Jump
			I F. Sargent (71)	87:02	Clark (PP)
10	J. Ncc (45)	63:20	 C. Willberg (77) 	89:16	
111	B. Kowalski (48)	63:30	3 M. Cavanaugh (77)	89:22	Washington (PP)
12	R. Gray (46)	63:36	4 P. Perry (71)	97:52	Clarence (NYP
13	B. Brace (48)	64:15	4 F. Ferry (71)	97:52	
14	H. Henriques (47)			denimental management	Triple Jump
		64:19	Results of National United Si	ates Track	Washington (PP)
15	A. Richard (48)	64:47	1 Project of the Manager of the Manager	MYON MANAGEM	
16	J. Leslie (47)	67:04	and Pield Federation's Master		McDonough (UNAT)
17	J. Henzel (48)	67:32	Championships June 15/16, 1	9/4 at	McPherson (PP)
18	J. Linscott (45)	68:48	Scott Junior High, Glenshaw	CHECK LINE CONSIST	
19					Shot Put
	A. McKinlay (45)	69:20	I CHICAGO DA CATA MANAGEMANINA		McPherson (PP)
20	T. Grenda (48)	70:27	Taum C (10/0/6/4/9/1)		
21	J. Philbrick (48)	71:05	Tcam Scores (10/8/6/4/2/1)	al ani	McDonough (UNAT)
22	R. Phillips (45)	71:50	1 Mt. Lebanon TC (MLT		
23	R. Fermoyle (47)	71:53	2 Phila. Pioneers (PP)	199	Discus
24	R. Wilson (47)	72:05	3 New York Pioneers (NY)	(P) 60	McDonough (Unat)
	A. WILSON (TI)	72:05	4 Nittany Valley TC (NV		6- (*******)
l .			5 Sports East (SE)	43	[16th Luna]
C1	24 (50.54)		o opotto zast (oz)		16th June
	s 2A (50-54)		6 Phila. Masters (PM)	41	PHILIP CONTRACTOR OF THE PHILIP CONTRACTOR OF
1	C. Hammen (51)	61:10	7 New York Masters (NY	M) 34	6 Miles
2	B. Tribou (54)	61:29	(14 teams competed)		Colton (NV'I'C)
3	J. Taylor (51)	63:34	. ,		Uher (Unat)
4	D. Cole (53)	65:05	Olson Awards		
5					Sauers (MLTC)
	R. Cummings (52)	65:24	Masters (40 and over)		Lister (Unat)
6	K. Griffes (52)	65:52	Henryk Kupczyk, Nashville S	triders	Saunders (MLTC)
7	A. Ardolino (51)	66:08			Eyrich (MLTC)
8	J. Loeschhorn (52)	67:46	15th June		
9	B. Ross (52)	68:05			lovelin
10	P Chambarlain (E2)		Masters (40 and over)		Javelin
	P. Chamberlain (53)	68:59			McDonough (Unat)
11	N. Cote (51)	69:13	120ydHH		
12	J. Hutchinson (53)	70:53	McPherson (PP)	24.2	440yds Relay
13	B. Roberge (51)	70:54	` - /		Phila. Pioneers
14	J. McGrane (51)		440.00		
15		71:24	440ydsIII		Mt. Lebanon Track Club
	E. Labombard (52)	71:27	Clark (PP)	1:07.2	
16	A. Twomey (54)	71:42	Harwick (MLTC)	1:10.4	880yds Relay
17	R. Furbush (51)	71:44	. ,		Mt. Lehanon Track Club
18	D. Warren (50)	73:48	100yds		
19	E. Whitney (53)	74:05		100	Mil. D. J
			McPherson (PP)	10.8	Mile Relay
20	A. Golden (52)	75:00	Clark (PP	10.9	Phila. Pioneers
21	I. Lizak (50)	76.21	Rower (MLTC	11.0	Mt. Lebanon Track Club

71:44
73:48
74:05
75:00
76:21
78:48
79:07
79:49

| 100yds
McPherson (PP)
Clark (PP
Bower (MLTC
Gregory (PP)
Easor (MLTC)
Medonis (MLTC)

18 D. Warren (50)
19 E. Whitney (53)
20 A. Golden (52)
21 J. Lizak (50)
22 G. Ward (53)
23 R. Walker (53)
24 F. Battistini (51)

25.5 26.6 26.7 39.1

54.9 57.8 58.2 66.5

2:03.0 2:13.0 2:13.0 2:16.0 4:47.3 4:50.4 4:52.1 4:59.0

18'-9" 18'-5" 15'-6" 14'-11" 14'-0" 10'-6"

> 5'-2'' 5'-0'' 4'-3''

40'-0'' 27'-2" 14'-2"

27'-61/2"

82'-10"

33:27.2 35:56.0 37:07.7 38:25.0 38:55.0 43:20.0

82'-10"

48.1 54.1

1:57.2

4:03.8 4:06.1

10.8 Mile Relay
10.9 Phila. Pioneers
11.0 Mt. Lebanon Track Club
11.5 2 Miles Relay
13.0 Mt. Lebanon Track Club

Regium

			14	F. Leyse
Och 3	March, 1974	Î	15	M. Van
	ian National X-Cty Champio	nshins	16	J. Billen
20.8	an running at the state of the	p.	17	J.De B€
Class	: 1		18	J. Merte
1	W. VANDERSTAPPEN	25:38	19	P. Decle
2	W. Vergison (O. Brugge)	25:52	20	G. Marq finished)
3	D. Jourel (A. Renaix)	26:17	Tear	
4	Monseur R. (Br Wallon)	26:25 26:28	1	UNION
5 6	J. Van Tiegham (H AC) M. Cadisseur (Olse)	26:47	2	AC Vilv
7	F. Van Der Hoeven (V'zele		3	Olympi
8	H. De Hoef (ULA)	27:09		
9	E. Leva (BFS Liegeois)	27:12	Clas:	
10	G. Leemans (Forestoise)	27:16	2	A. HEU A. Van
11	M. Barigand (Excelsior)	27:22	3	F. Chris
12	A. Temmerman (AS Rieme	27:24	4	A. De P
13 14	J. Moerman (Oudenaarde) A. Fierlefijn (Looise AV)	27:33	5	F. Rena
15	P. Duthye (Assa Renaix)	27:43	6	R. Mois
16	A, Verelse (Leuven)	27:44	7	P. Pocli
17	A. Decloedt (O. Brugge)	27:57	8	J. Merte
18	G. Wydooghe (Sgola)	28:02	9 10	H. Bast. R. Ram
19	R. Logiste (Leuven)	28:09		finished)
20	P. Raes (Nieuwe AC)	28:13	(13	onedj
21 22	H. V. Utterbeeck (RSM) P. Verlinden (Sgola)	28:15 28:20	1-+	May, 197
23	A. Hacck (Dibeck)	28:23	Deu	
24	B. Van Den Brocck (WS)	28:24		•
25	T. Vankrumkelsven (AVT)		1	R. MOI
26	E. Van Leuven (Charleroi)		2	Vandev
27	P. Van Steenkiste (KS)	28:38	3	E. Goo:
28	A. Van Loock (Lierse)	28:40	4	E. Dem
29 3●	P. Boeynacus (Duffel AC) H. Michiels (Brab, Wallon)	28:44 28:45	5 6	J. Moer R. Logi
31	A. Van Herreweghe (Den.)		7	D. Jour
32	J. Kerremans (Boomse)	28:47	8	J. Limb
33	A. Nijs (Looise)	28:51	9	E. Van
34	H. Simons (AV Toekoinst		10	G. Caill
35	F. Van Ransbeeck (den.)	28:59	11	F. Rans
36	F. Cresis (Tienen)	29.13	12	Van Ste H. Sim
37 38	G. Caillau (Assa Renaix) P. Verkindere (Mouscron)	29:16 29:19	14	R. Sott
39	G. Vennesael (La Gantoise		15	Тетаз (
40	A. Wouters (RC Mech.)	29:21	16	G. Leer
41	W. Van Damme (Vlierzele		17	W. Van
42	R. Van Mol (Leuven AC)	29:26	18	H. Micl
43	R. Dierickx (Antwerp AC)		19	O. Deni
44	J. Buvens (AV Tockomst)		20	G. Poul
45 46	A. Eeckman (Stand. Gent) G. Poulin (Br Wallon)	29:35	21 22	A. Van L. Smet
47	J. Beulens (Sparta Vilv.)	29:37	23	A. Arno
48	L. Smets (AC Vilvoorde)	29:38	24	F. Cresi
49	P. Dejean (Haute-Senne)	29:39	25	J. De B
50	F. Pauwels (Looise AV)	29:42	26	J. Serru
	7 finished)		27	A. Verl
Tear		36	28	Somvill
1	LEUVEN A.C.	55	29	H. Plase
2	ASSA REnaix Olympic Brugge	75	178	A. Gilis
4	Brabant Wallon	80	1 (10	finished)
5	Looise A.V.	97	5th	May, 197
6	A.V. Tockomst	103	Less	sen — 18K
(23	teams finished)		1	MONSI
Cla	ss 2		2	Van Do
1	M. VANDEWATTYNE	28:08	3	Calliau
2	J. Limbourg (USA)	28:50	5	Sottaux Raes
3	R. Bocklandt (AC Hamm E. Vermeersch (USA)	e) 30:37 30:45	6	Denie
5	Vanderwelck (Soola)	30:45	7	Smcts 1
6	M. Pittevils (Looise)	30:57	8	Serruys
7	Beterberg (Vilerzele)	30:59	9	De Sme
8	Dupire (RSS Binchoise)	31:00	10	Plasqui finished)
9	E. Pauwels (Oly. Brugge)	31:13		

10	G. Aelvoct (helles)	31:34	13
11 12	H. Missing (Kortrijk S) G. Malay (USA	31:44 31:50	3,
13	J. Steunhouwer (OE Halle		
14	F. Leysen (Vabco-Mol)	32:2	1 2
15 16	M. Van Cleef (Racing Ger J. Billen (AC Vilvoorde)	32:28	3
17	J. De Berger (Olse)	32:42	4
18	J. Mertens (AC Vil)	32:55 32:58	5 6
19 20	P. Declercq (Vilezelc) G. Marquet (RC Liegeois)	33:03	7
(50 f	inished)	l,	8
Tean	UNION SCHAERBEE	18	1
2	AC Vilvoorde	55	1
3	Olympic Brugge	85	2
Class	3	.4\ 22. 0 2	L 3
2	A. HEUNINCK (Dederlar A. Van Damme (Dender	.) 32:15	
3	F. Christiaens (R. Exc.)	33:22	1 2
4 5	A. De Pauw (Scola) F. Renard (RFS Liegcois	34:51 35:28	3
6	R. Moissonnier (Wespelaa	r) 35:51	4
7	P. Poelman (Racing Gent	37:31	5
8	P. Poelman (Racing Gent J. Mertens (USA) H. Bastien (Gembleux) R. Rampelbergh (Brainoi	40:18	2
10	R. Rampelbergh (Brainoi	se) 41:44	Ī
(15	finished)	1	
lst l Deu	May, 1974 r		
I	R. MONSEUR (Br. W.)	44:22	1
2	Vandewattyne (ASSA) E. Goossen (AC Leb) E. Demeyer (Waregen) J. Moerman (ATL) P. Logista (Lepuse AC)	44:48	1
3 4	E. Goossen (AC Lcb) E. Demeyer (Wareners)	46:22 46:30	1
5	J. Moerman (ATL)	46:42	1
6	R. Logiste (Leuven AC) D. Jouret (Assa Renaiv)	47:49	2
7 8	J. Limbourg (USA)	47:53 47:59	2
9	E. Van Leuven (C. SC)	48:05	2
10 11	G. Caillau (Assa Renaix) F. Ransbeeck (AC Dende		2
12	Van Steenkiste, (KKS)	49:09	
13	H. Simons (Stabrouck)	49:14	2
14 15	R. Sotteau (Br. Wallon) Terras (Warcgcm)	49:17 49:24	
16	G. Leemans (CS For)	49:33	1
17	W. Van Damme (Vlierz	50:03	
18 19	W. Van Damme (Vlierz : H. Michiels (Br. Wallon) O. Denie (AC Grammont) 50:03	4
20	G. Poulin (Br Wallon)	50:18	
21 22	A. Van Herreweghe (ΛC L. Smets (ΛC Vilvoorde)	D) 50:23 50:26	7
23	A. Arnouts (Stabrock)	50:30	8
24	F. Cresis (RC Tienen)	50:44	9
25 26	J. De Borger (OLSE) J. Serruys (Oly. Brugge)	50:45 51:00	í
27	Λ. Verly (Br Wallon)	51:22]
28	Somvill (Ixelles)	51:31 51:45	. 1
2 9 30	H. Plasqui (USA) A. Gilis (Sparta Vilvoord		8
(78	finished)]
5th Less	Мау, 1974 en — 18Кm		1
1	MONSEUR	1:05:22	1
2	Van De Wattyne	1:06:10	3
3 4	Calliaux	1:06:15 1:07:20	4
5	Sottaux Raes	1:07:20	5
6	Denie	1:08:20	

Smcts Leon

De Smets Marco

72 74

1:11:12

Deconinck (Halle)

Veillard (Alfort)

31:34 31:44		May, 1974 arbeek					
31:50	3,00						
31:58		DUMINE (A D)		١. ٢			, إ
32:20	1 2	DUTHYE (Assa Renaix) Vandenbroeck W. (ST.)			39 12		
32:28	3	Limbourg (USA)	10				
32:36 32:42	4	Andries (USA)	10				
32:55	5	Ruelle (USA)	10				
32:58	6	Malay (USA)	11				
33:03	7		11				
- 1	8		11				
18	10	Mammerickx (W.ST)	12				
55	11	Bourdon P. (XL)	12				
85							
		May, 1974					Ö
	3.00						
32:02 32:15	3,00	Oin					
33:22	1	VANBENEDEN J. (USA)	10	:3	31	.:	2
34:51	2	De Haes A. (Lyra)	10	::	33	١. ٩	1
35:28	3	Vermaelen H. (DCL)	10				
35:51	4	Knaepen M. (Hasselt AC)					
37:31	5	Vanausloos J. (USA)	12	: (J		ŧ
39:32 40:18							
41:44	23rd Deux	May, 1974 me Haif Marathon					
	ī	GADISSEUR (SAV)	1:0	02	2:	2	0
	2		1:0				
	5	Wouters (Apso)	1:	09	9:	I	3
	9	Daems (HDC)	1:				
44:22	11		1:				
44:48	12 13	'	1:				
46:22	15	Dc Laet (NL) De Nys (NL)	1:				
46:30 46:42	17						
47:49	20	De Clerck (AVKS)	1:	19	9 :	1	0
47:53	22						
47:59	23	Knaepkens (Apso)	1:	9	υ:	3	0
48:05	26	De Haes (Apso)	1:				
48:26) 48:42	27	Poclman (Apso)	3 .	-	4	4	
49:09							
49:14		May, 1974					
49:17	Wau	idrez-Clerfayt – 6.6Km					
49:24	1	MONEGID /p w \		2	1:	4	R
49:33	1 2	MONSEUR (B.W.) Van de Wattyne (Assa)			1:		
49:48 50:03	3	Cailliau (Assa)			3:		
50:03	4	Van Leven (SC Clarleroi)		2	3:	2	4
50:12	5	Sotteau (B.W.)			3:		
50:23	6	Poulain (B.W.)			4:		
50:26	7	Plasqui (USA)			4: 4:		
50:30	8	Serruys (Brugge) Verly (B.W.)			4: 4:		
50:44 50:45	10	Van Beneden (USSA)			5:		
51:00	11	Malhay (USA)		2	5	3	4
51:22	12	Desmet (Vilvoorde)		2	5:	3	1
51:31	(32	finished)					
51 :45	0.1	Inna					
52:00		June ci-International Marathon					
	Vet	Monsaur (CARW)	2:	. 2	4	. 2	37
	12	Monseur (CABW) Michaut (Chatillon)	2				
:05:22	22	Wouters (Mechclen)			1		
:06:10	32	Smets (Vilvoorde)	2	:4	5	:0	3
:06:15	43	Poulin (CABW)					4
:07:20	50	Gillis (Vilvoorde)					35
:07:36	54	Dejean (Haute Senne)					10 10
:08:20	55 56	Lousberg (Moha) Somville (Exells)					14
:08:40 1:09:40	58	Leroek (Aalst)					34
:11:10	61	Verkindere (Mouseron)	3	:0	9	:2	29
	1 70	December /II-II-A	D	٠1	c	. 1	0

3:16:18

3:17:38

Having hardly recovered his breath from the Paris Marathon, where he took a party of some 32 British veterans, JACK FITZGERALD was heading back across the Channel on June 8th with another party to tackle the Bruges Half Marathon. It was a worthwhile journey and has already established a strong link between Belgian and British Veterans.

Bruges Half Marathon

We were met at Brugge Station by Jaques Serruys, Freddy Vande Casteele, (the Co-organisers) and lone wolf Ron Gibson who had arrived earlier in the day, and were transported to our Hotel to meet our host. another Anglophile, Charles Vanhove.

As a warm up for the race, timed for 2.30 p.m. on Sunday, we climbed up the 366 steps of the belfry Tower to obtain a panoramic view of this really beautiful old-world town, which still retains its 15th century atmosphere. My only regret was that I had forgotten to take my camera, and to repeat the climb was a bit much on the morning of the race.

After changing at the St Andries Sports Stadium, we were transported back to the Market Square at Brugge, where nearly 300 runners were involved in a mass start which resulted in a few collisions.

The course consisted of a straight run through to St Andries of 3,700 Metres, then 3 right hand laps of 6,000 Metres. Although dead flat, the road surfaces were good with only short stretches of cobblestones at the end of each lap.

I was told that I was 5th Class 2 Vet (48-59) at the halfway stage, and was happy to pass Theo Stober (a sub 17 minute 5,000 Metres man) and another German. 49 year old Paul Fost, in the penultimate lap. With about 2 miles to go, I was surprised by another 49 year old, Omer Denie of Belgium. Determined to regain that covetted 3rd place, I stuck to within 20 yards of Omer, and made a final successful effort down the cobblestoned finishing straight.

by Jack Fitzgerald

Afterwards I learned that the race had been won by 40 year old Willy Roggenbach of Germany by one second from his better known team mate Herman Muller, Third was Bernard Compere of France,

Muller was back to his old self after his disappointing marathon in Paris where he faded from 3rd to 41st in the late stages. Van Alpen of the Netherlands showed that his 8th place in Paris was no fluke by finishing a good 4th in this race. Nine of the next eleven finishers were Belgian, including those fine runners Vergison, de Meyer and Monseur, but the real stars of this group were former international Eddy Goossens (49) and Jules Limbourg (56). Taking first two places in the class 2 result, they more than held their own with the class 1 runners.

Derek Funnell made a welcome return to form, leading the English runners home in 11th place.

At the presentation each finisher was given a magnificent prize, and I do mean magnificent, which was chosen according to finishing position in each class. My choice was a reproduction of Manet's "Music in the Tuillery Gardens', to remind me both of this trip and our recent visit to Paris. In addition the English team were presented with a special set of medals to commomorate their first official Vets race in Belgium. The race was one of the best organised in my experience, and everywere we went in Brugge we were accorded V.I.P. treatment. We left promising to return next year with a larger contingent, I for one don't intend to

Cinco 4

	CI	ass 1							
	ι	W. Roggenbach (40) GER	1:13:04	26	R. Logiste REL	1:23:53	51	J. Hoeksma NED	1:28:43
	2	H. Muller (42) GER	1:13:05	27	A. De Gloedt BEL	1:23:59	52	W. Van Damme BEL	1:28:58
	3	B. Corpere (42) FRA	1:13:15	28	R. Wacyacrt BEL	1:24:09	53	C. Branders BEL	1:28:59
	4	P. Van Alpen (44) NED	1:13:21	29	A. Byers (42) ENG	1:24:13	54	L. Smcts BEL	1:29:00
	5	M. Gadisseur (41) Bl.L	1:14:51	30	F. Beckers GER	1:2/1:13	55	Herbst GER	1:29:00
	6	W. Vergison (43) BEL	1:14:58	31	G. Schlabitz GER	1:24:52	56	O. Schmidt GER	1:29:00
1	7	F. Van Derhoeven (46) Bel	1:16:15	32	A. Van Herreweghe BEL.	1:24:52	57	L. Boffe BEL	1:29:10
	- 8	F. Kail (46) LUX	1:18:15	33	H. Simons BEL	1:24:52	58	G. Vanhie BEL	1:29:15
	9	E. Demeyer (45) BEL	1:19:03	34	H. De Hoef BEL	1:24:52	59	J. Senesael BEL	1:29:35
3	10	R. Monseur (43) BEL	1:20:02	35	J. Kuypers NED	1:24:52	60	W. Van Rymenant BEL	1:29:35
1	11	D. Funnell (46) ENG	1:20:24	36	J. Kerremans BEL	1:25:04	61	A. Verly BEL	1:29:58
1	12	G. Terras (40) BEL	1:20:42	37	J. H. Janssen NED	1:26:07	62	J. Moyaerts BEL	1:29:58
î	13	J. Moerman BEL,	1:20:50	38	G. Duchaullour FRA	1:26:10	63	G. Wittevrongel BEL	1:30:08
i	14	R. Blanchard FRA	1:20:55	.39	R. Sotteau BEL	1:26:30	64	Van Santenjan NED	1:30:09
1	15	K. Brundt GER	1:21:06	40	C. Acrts BEL	1:26:30	65	P. Jakobs GER	1:30:09
į	Hi	P. Duthye BEL	1:21:18	41	G. Janssens BEL	1:26:47	66	E. Lczy BEL	1:30:09
ı	17	P. Raes BEL	1:21:45	42	J. D'Hoe BEL	1:26:53	67	R. Berth BEL	1:30:12
Į	18	H. Hendriks NED	1:21:58	43	A. Arnouts BEL	1:26:59	68	H. Schwardt GER	1:30:18
1	19	R. Callinu BEL	1:22:12	44	J. Paget (44) ENG	1:27:06	69	F. Cresis BEL	1:30:18
	20	A. Martins POR	1:22:54	45	G. Raspa GER	1:27:06	70	R. Lauwers BEL	1:30:45
	21	P. Vansteenkiste BEL	1:23:04	-46	G. Goossens BEL	1:27:10	71	A. Clement BEL	1:31:13
	22	P. Burcau FRA	1:23:05	47	A. De Haes BEL	1:27:11	72	R. Gihson (42) ENG	1:31:18
1	23	S. Gootardo FRA	1:23:18	4.8	W. Daems BEL	1:27:35	73	P. Boeynaems BEL	1:31:48
	2-1	J. De Bij NED	1:23:37	49	R. Fockedey BEL	1:27:37	74	F. Hoppe GER	1:31:48
ŀ	25	E. Hefford (47) ENG	1:23:39	50	J. Leuridan BEL	1:28:16	75	K. Mosingen GER	1:31:50

			1:32:10	127	L. Van de Brul BEL	1:45:00	27	K. Woller GER	1:34:44
1		D, Vauper o	1:32:10	128	H. De Bokx NED	1:46:22	28	M. De Saeger BEL	1:35:42
1		J. D		129	A. Vanden Broeke BEL	1:46:28	29	A. Delmeiren BEL	1:37:57
1			1:32:55			1:49:03	30	G. Van Wittenberghe BEL	
П		II. William Gritt	1:33:10	130	A. R. Gregoir BEL	1:49:29	31	P. Cardon FRA	1:39:42
1	80	*** * *********************************	1:33:19	131	A. Googebeur BEL K. Ressler BEL	1:49:29	32	H. Messine BEL	1:40:13
ł	81	G. Santoni FRA	1:33:40	132		1:50:14	33		1:40:13
1		C. Letour FRA	1:33:42	133 134	N. Poissoneua FRA	1:50:25	34	T. Sneyers FRA A. Betteridge ENG	1:40:58
1	83	G. Demuynck BEL	1:33:45		L. Descamps BEL		35	F. Van Tricht BEL	1:41:52
1	84	L. Tunders NED	1:34:06	135	P. Storms BEL	1:50:53	36	R. Collin BEL	1:42:00
1	85	F. Michiels BEL	1:34:12	136	G. De Wit BEL	1:52:12	37	I. De Bruin BEL	1:42:38
1	86	A. Durinck BEL	1:34:32	137 138	A. Kerger BEL A. Bonnet FRA	1:53:00	38	H, Auby FRA	1:42:50
1	87	A. Verbaan NED	1:34:40		R. De Blieck BEL	1:55:43	39	R. Jacobs BEL	1:42:30
1	88	M. Vanderhoeven BEL	1:34:47	139 140	N. Gruwet BEL	1:55:47	40	W. Proost BEL	1:44:15
1	89	G. Dhaenens BEL	1:35:07		G. Paweloik Glik	1:58:14	41	G, Hermans BEL	1:44:19
1	90	A. Belkacem FRA	1:35:08	141		1:58:14	42		
1	91	M. De Smedt BEL	1:35:08	142 143	A. Tinel BEL	1:58:54	43	W. Brachten GER	1:45:02
d	92	A. Delmotre BEL	1:35:08	144		2:01:16	44	A. De Beurme BEL	1:48:22
1	93	F, Kaak BEL	1:35:17			2:07:34	45	J. Boulard BEL	
1	94	P. Burm BEL	1:35:20	145	J. Herbiniat BEL	2:07:54	46	C. Van Lyschetten BEL R. Vermaut BEL	1:50:53
1	95	A. Kimber (40) ENG	1:36:14	140	M. Peperstracte BEL	2:06:05	47		1:51:15
ı	96	A. Denker ĞER	1:36:15	Tean				H. Van Kuyk BEL.	1:51:24
1	97	H. Plasqui BEL	1:36:17	1	LAC Krefield	1	48	W. Richter GER	1:52:41
1	98	H. Renn GER	1:36:25			1	49	L. Bienvenue BEL	1:54:34
1	99	R. Hols GER	1:36:44	Cla	ISS 2 (49-58)		50	R. Poets BEL	1:56:32
1	100	G. Valcke BEL	1:36:52	٠.٠	100 = (15 00)		51	A, Pieters BEL	2:04:35
				,		1 1 5 50			
П	101	M. Biernaux BEL	1:37:10	1	E. Goossens (49) BEL	1:15:50	Tean	1	
	101 102	M. Biernaux BEL A. Windey BEL	1:37:10	2	J. Limbourg (56) BEL	1:20:25	Tean		
		A. Windey BEL				1:20:25 1:24:53		U.S.A. Belgium 37 points	
	102		1:37:10	2 3 4	J. Limbourg (56) BEL	1:20:25 1:24:53 1:24:59	1	U.S.A. Belgium 37 points	
	102 103	A. Windey BEL A. Kerger BEL	1:37:10 1:38:07	2 3 4 5	J. Limbourg (56) BEL J. Fitzgerald (51) ENG	1:20:25 1:24:53 1:24:59 1:25:14	1	U.S.A. Belgium 37 points 188 3 (59+)	
	102 103 104	A. Windey BEL A. Kerger BEL A. Libert BEL	1:37:10 1:38:07 1:38:40	2 3 4 5 6	J. Limbourg (56) BEL J. Fitzgerald (51) ENG O. Dnie (49) BEL	1:20:25 1:24:53 1:24:59 1:25:14 1:25:32	I Cla	U.S.A. Belgium 37 points	1:31:34
	102 103 104 105	A. Windey BEL A. Kerger BEL A. Libert BEL F. Kvückel GER	1:37:10 1:38:07 1:38:40 1:39:04	2 3 4 5	J. Limbourg (56) BEL J. Fitzgerald (51) ENG O. Dnie (49) BFB T. Stober (55) SUI	1:20:25 1:24:53 1:24:59 1:25:14	Cla	U.S.A. Belgium 37 points 188 3 (59+)	1:35:42
	102 103 104 105 106	A. Windey BEL A. Kerger BEL A. Libert BEL F. Kviickel GER Mory BEL	1:37:10 1:38:07 1:38:40 1:39:04 1:39:04	2 3 4 5 6	J. Limbourg (56) BEL J. Fitzgerald (51) ENG O. Dnie (49) BEL T. Stober (55) SUI P. Fost (49) GER	1:20:25 1:24:53 1:24:59 1:25:14 1:25:32 1:27:27 1:27:45	I Cla	U.S.A. Belgium 37 points ISS 3 (59+) T. Van Asch (60) NED J. Berg (65) GER A. Rudnick (66) GER	1:35:42 1:36:50
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Postbag Cont'd

Dear Editor

Many thanks for your first year's issues of VETERIS. They have all contained articles and detailed results of much interest—all of which makes me want to be 40 or so years younger so that I would be able to get amongst these 'youngsters' and produce some better results.

May your good work continue. Wishing you every success.

Yours sineerely Charlie Speechley (87) 27 Boundary Road Eastcote, Pinner, Middx. Dear Editor,

I have just read VETERIS and really think you have got a fantastic review.

I was most pleased to see the Bruges half marathon listed amongst your fixtures and hope to see an increasing number of British entries.

For the information of your readers, Belgian organisers

for Flanders: Jacques Serruys, Engelendalclaan 25,8310 Bruges.

(Editor of Dutch "Fit-Veteraan") for the Walloon country: Alex Audiart, Ave Albert I,

7130 Binche. (Editor of French "Vieilles Pointes")

With best wishes from Bruges' Veteran long distance runners.

Yours sincerely,
Freddy Van de Casteele
Secretary, Bruges Veterans
Ronsaertbekestraat 61,
Bruges, Belgium

POSTBAG

In April's VETERIS we printed a letter which was written in open form by Jack Pennington (Aus) and directed at David Pain (USA). The following reply has been received.

"Dear Tack:

I enjoyed your pointed response to my well-intentioned, but apparently misunderstood comments regarding professionalism. Some, but not all of your contentions were well taken.

For your benefit, the only competition we U.S. Masters get is club oriented, just as is yours. The schools and universities contribute little, if anything, to our Masters program, other than including a Masters event or two in some of their meets.

You are quite correct that the Victorian AAA put on a fine meet for us and I have expressed my appreciation to them through Wal Sheppard. The meet and venue were excellent and did rival the Crystal Palace.

You touch on the conflict between Australian amateur athletics and its professional counterpart which exists "only for the betting"...and where... "athletes are regarded as dogs." This may all be well and true, but is doesn't answer my argument that in Veteran athletics, we couldn't care less if a runner, now 40, was once a professional. If you'd read the IAAF rules so slavishly adhered to by your AAA, you would see that they were adopted in a prior era for open athletes. You mention Ron Clarke and Herb Elliot are no longer eligible "because of advertising". So what!!! Ron happens to make his living selling athletic shoes. What if he sold ordinary street shoes! We all have to make a living, and I see nothing wrong in an athlete cashing in on his athletic fame.

Perhaps my comments were a case of the pot calling the kettle black if we look at the overall U.S. amateur scene, for we have many unresolved problems at home. However, for your benefit, I repeat the crux of what I stated to the group in Melbourne and that is that in our AAU any 40-year old can compete as a Master. We have no rules regarding professionalism, yet we have had no problems whatsoever as a result, and many people who make their living directly or indirectly through sport who would otherwise be ineligible, can enjoy the pleasure of competition.

Your emerging Veterans program has come up logically through your AAU with its rules. We were merely trying to bring into focus the fact that the existing rules were never considered or adopted to cover the Veteran situation. It is time they be reviewed in that light and the people to bring that up are your Veterans, who certainly have the capacity to influence and control your AAA should they assume an aggressive posture. My reference to our presence bringing about your 1st Championships was correct in that it grew out of a discussion between Wal Sheppard and myself, in which I told him in Cologne that I would bring my team to Australia. I am sure you would have had championships sooner or later, but our visit was the catalyst.

You readily agree that Rule 53 should be amended as in orienteering and ask why have I not in my "great wisdom seen to it?" Since you ascribe to me the attributes of an oracle, you should be advised that letters have been written to our IAAF representative, Dan Ferris, and to the IAAF itself, and I have asked permission to appear and present argument in an effort to resolve this matter prior to 1975.

We plan a fine meeting in Toronto and trust that any man over 40 can compete in a friendly way with us all, and trust that no one will raise the ugly sceptre of who is and who isn't an 'amateur'."

Yours in sport

David H. R. Pain 1160 Via Espana, La Jolla, California 92**0**37

Dear Editor

I was puzzled by Tony Weeks-Pearson's article, "Hooked on Running" in the last issue.

I was misled from the outset by the introduction, "Tony Weeks-Pearson takes a light-hearted look at the phenomenon of compulsive running" to what is quite obviously a profound, allegorical treatise on a subject very dear to the author.

"What is he getting at?" I asked myself repeatedly.

"Is he getting at anything?" I asked myself occasionally.

"Is he doing a Picasso, or a Henry Moore, or a Stravinsky on us—turning on the thing he loved, to revolt the uninitiated?"

"Is it that he cannot bear to see running becoming the pastime of those who could never appreciate it as he does—must he decry it to preserve its exclusiveness?"
"Or has he some guilt complex—does he feel that a hobby which brings such pleasurable rewards must be

sinful?"
One thing which afforded me considerable relief was the total absence of any reference to competition.

To what insidious lengths might his agile invective have gone, if he had not had the restraint to leave this fearful subject alone! Just think how he might have derided our dedicated aims to beat all comers as diabolically egoistical and morally untenable!

He would have robbed us of the joy of victory. He would have lashed with scorn those runners who might be tempted, as those in other sports have been tempted (and succumbed), to endeavour to enlist the help of the Almighty in their shamful desire to demonstrate their superiority over their fellows.

I repeat, I am relieved and grateful to Tony that he contented himself with dealing with the vulgarity trend of R.——G and I hope he will never attempt to undermine my delightfully sinful determination to lick the other fellow, even if he is my best friend.

Yours semi-sincerely, Len Rolls 64 Queens Road, Ashford, Kent.

WALKING

Walkers should note that the 1st World Masters Track and Field Championships will be staging a 25Km road walk over a course closed to traffic, on Toronto Islands. A 5,000m walk will also be staged for the over 70's. For particulars, and to join the British tour party, contact Jack Fitzgerald (address p.3).

Three men have hit the headlines recently, Gerd Weidner (W. Germany), Robert Pinchard (Belgium) and Roy Thorpe (Gt. Britain).

Weidner set a new World record for 20 miles (is he the first Vet. to do so?) in the recent West Germany v Gt. Britain match held over the Whitsun weekend. To give us all encouragement it is interesting to note that Weidner was last in the 1965 Lugano Cup 50 Kms Final! (but, of course, he was only 32 then!)

Pinchard repeated his last year's victory in the world's longest annual foot race, the famous Strasbourg-Paris, this year totaling 525 Kms. He set a new world's best at 500 Kms, and triumphed after a hard and long struggle with the irrepressible Josy Simon of Luxembourg.

Thorpe set a new UK 30 Kms, record in the match against W. Germany just pipping clubmate, John Warhurst for the honour. Roy went on to complete 20 miles also inside the existing record but by this time Warhurst had passed him. A few weeks later Roy had a glorious run in the National 20 miles. Competing in a heatwave the Sheffielder dominated the event finishing well ahead of Bob Dobson and John Warhurst.

Winner of the First AAA Junior mile walk championship back in 1946, Ken Harding showed he is still very much of a force to be reckoned with by his well judged race in the Bradford 50 Kms on Whit Monday.

Charly Fogg celebrated his entry into the Veteran tanks by winning his 14th Police "Barking to Southend" and later by finishing an outstanding 5th in the National 20 miles

Finishing second to Shaul Ladany (Israel) in the Tour de Var 180 Kms, two day, Charly Sowa (Luxembourg) showed his versatility, usually associated with the Olympic distances, when he proved he is amongst the World's very best at 100 Kms.

COLIN YOUNG

An ever increasing challenge and opportunity is offered to veteran walkers at the longer distances.

In the match with W. GERMANY, Thorpe set a U.K. record for 30 kilos of 2:24:18.2 and G. Weidner a world record for 20 miles of 2:30:38.6.

The following cross-section of events shows what can be achieved.

15 Kilos	;			
Class 1	70-28	K. Harding (43)	S'port	23.2.74
Class 2	81-30	D. McMullen (51)	C. Pal	24.8.72
Class 3	83-05	R. Horsley (61)	Perth	1.9.73
Class 4	87-54	A. Roberts (70)	C. Pal	24.8.72
20 Kilos	:			
Class 1	88-57	G. Weidner (40)	H'over	28.10.73
Class 2	112-30	A. Poole (59)	W. Ger	1973
Class 3		R. Horsley (61)	Perth	29.7.73
Class 4	119-59	A. Roberts (70)	B'sea	1972
50 Kilos				
Class 1	4-0-27	G. Weidner (40)	W. Ger	1973
Class 2	5-11-53	T. L. Johnson (59		n 8.8.59
Class 3	5-55-12	L. O'Neill (65)	U.S.A.	1973
T	4 D:	E 9 Mil		
		on 53 Miles		1955
Class 1		V. Stone (44)	/KA\	1953
Class 2		A. D. McSweency	(50)	1971
		G. Hallifax (60)		1970
Class 4	11-20-31	E. McNeir (70)		1970
Some in	teresting 1	0 Mile times		
	84-40	D. McMullen (52)	Wim'don	23.2.74

FRED NICKOLLS

R. Horsley (61) Perth 1.9.73

A. Røberts (71) GLC10 10.2.73

West Australia's DICK HORSLEY (61) goes from strength to strength. The impressive list of marks which we printed in the December 1973 issue of VETERIS has already been improved upon. This Class 3 World Champion has produced the following marks during the last 13 months.

EVENT	TIME	PLACE AND DATE
1500m	7:23	PERTH 9/3/74
3000m	15:28.2	PERTH 27/2/74 WAA Walkers
		Club event
5000m	27:12	PERTH 28/11/73 "
10000m	54:24.6	HAMBURG WEST GERMANY
		Winning time World Champs.
15000m	83:05	PERTH 1/9/73 WAA Walkers
		Club event
20000m	116:43	PERTH 29/7/73 WAAAA State
		Championship
MILES		•
1 Mile	7:56	MELBOURNE 15/4/73
		(See 1500m above)
2 Miles	16:55	PERTH 23/1/74 WA Walkers
		Club event
3 Miles	26:16	PERTH 28/11/73 (See 5000m)
5 Miles	43:37	PERTH 23/6/73 WA Walkers
·		Club event
6 Miles	52:34	PERTH 9/6/73 "
10 Miles	89:08	PERTH 1/9/73 "
TO MILES	22100	

ACCOLADE "8"

An international eight-hour track walking race, called the Accolade '8', is to be held on Sunday, September 29, 1974. The race starts at 9.30 a.m. on the allweather tartan track at the New River Sports Centre, White Hart Lane, Wood Green, London, N.22.

The last such event to be held was in 1935, when Harold Whitlock M.B.E. (Gold medallist in the 1936 Berlin Olympic Games) set world records at White City Stadium over six hours, 40 miles, seven hours, 50 miles and eight hours.

These world records, which still stand, are as follows:

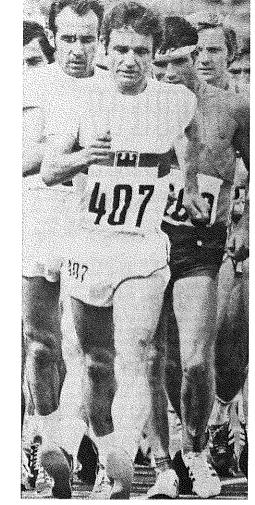
6 hours 39 miles 473 yards
40 miles 6 hours, 7 mins., 7 secs.
45 miles, 803 yards
50 miles 7 hours, 44mins., 47.2 secs.
8 hours 51 miles, 1043 yards

It is proposed that the field of walkers will comprise 12 British plus three or four Continental ultra long distance stars. This field will include Olympic, European and Commonwealth Games walkers and other current British internationals.

The event is being organized by the Race Walking Association and sponsored by Nicholas International, the makers of Accolade—the energy drink for active people. Last year, Nicholas sponsored the Accolade 24, when the world record for running over 24 hours was broken by Ron Bentley at the Walton & Hersham track.

The Race Walking Association anticipate that, given good weather conditions and the continually improving standards of today's walkers, any one, or all, of Harold Whitlock's records could fall.

DICK HORSLEY, winner of the over 60 division of the World Veterans Walking titles held in Hamburg, West Germany, continues to produce world class times. On 23.1.74 at Perry Lakes Stadium, Perth, he walked 2 miles in 15:55, and on 27.2.74 3000m in 15:28.2. Then on 9.3.74 he completed a 1500m in 7:23.



GERHARD WEIDNER

Resi				4th	June 1974	
Hera 1.	s 10,000m P. Worth	54-41	10.4.74		S AC '5' Road Walk Champi	onship
Che	shire 15K			1	F. Turner (Brighton)	39:08
1.	K. Harding	70-28	23.2.74	2	D. Maynard (Camb. H)	39:50
				3	K. Easlea (Enfield)	40:28
5 mi	le Road Walk B	attersea		4	R. McMullen (Belgrave)50+	40:38
7-5-	74			-5	L. Evans (Belgrave)	42:53
Vets	A.C.			6	P. Worth (Verlea)	42:54
1.	J. F. Turner		39-05	7	F. Nickolls (55+)	45:58
2.	L. K. Evans		42-27	8	A. Roberts (Highgate) (72)	46:35
3.	P. Worth		42-45	9.	R. Rudd	48-41
4.	F. Butler		45-17	10.	E. Winn	50-10
5.	R. Rudd		45-54	11.	W. Garratt	51-44
6.	F. G. Nickolls		47-01	12.	A. East	52-04
7.	A. Roberts (a)	ge 72)	47-06	13.	A. Flavell	55-52
8,	W. Garratt		50-45	14.	C. Speechley (Age 86)	43-48
9.	A. East		51-46	ĺ	(3 f mls only)	
10.	W. Morris		56-27	Over	55 championship	
11.	C. Speechley (age 86)	73-04	1.	F. G. Nickolls	45-58

1973 U.S. Best

1	12 All 2 All 2	
П		
Ш	20 Kilometr	es
Ш	1:41:05	John Kelly (43)
11	1:43:58	Rudy Haluza (41)
Ш	1:49:37	Bob Mimm (40+)
П	1:55:21	John Markon (40+)
	1:56:36	Don Johnson (50+)
	1:59:19	Elliott Denman (40+)
Н		
П	50 Kilometr	es
Н	4:58:16	John Kelly (43)
П	5:55:12	Larry O'Neill (65)
П		· · · · · · · · · · · · · · · · · · ·

For the Over 70's

VINTAGE BEVIEW

by JACK FITZGERALD

25 years in succession may or may not constitute a record for consecutive appearances in Veterans races, but this is what Ron "Chalky" White has achieved in Veteran A.C. 10 mile Road Championships.

Chalky was cruising it in this year's race held on May 10th, as he was saving it for the 10,000 Meters in Draveil the following week. In the domestic over-70's race there, he gave Walter Fellows the fright of his life, with Bob Goodman not too far behind the pair of them.

Much interest was simulated among the more mature athletes, by the appearance of Ted Exley, photographer for "YOURS", who was a most welcome addition to the party from the South of England. For the benefit of the uninitiated, "YOURS" is a Monthly Paper with a circulation of over a million, which is distributed free to our Senior Citizens. All profits go to the "Help the Aged" fund, and they are covering the Draveil races on their front page, with an emphasis on Class 4 runners.

Once again I marvelled at the durability of Fredrick Tempel that fantastic Class 4 runner in Paris.

Watching him getting a leg massage from one of the supporters in the first aid tent after the race I couldn't help ruefully noticing that he looked in better shape than myself after one of the most gruelling Marathons ever. His time of 3:48:12 may seem modest in comparison to his 3:19:25 at Cologne, but it was probably worth almost as much when compared with younger competitors' differentials and he was no less than 25 mins in front of the next over 70. As at Cologne, I have no hesitation in nominating him for the best performance in the race.

Full result of Class 4 runners. Marathon

1	F. Tempel	(GER)	3:48:12
2	W. Roscher	, ,	4:13:51
3	K. O'Shima	(JAP)	4:22:20
4	G. Vang	(NOR)	4:26:57
5	R. Fischer	(GER)	N.T.T.
6	A. Nuchel (over 80)		
7	V. Willers		
8	A. Frey (over 80)	CZECH)	
9	J. Jensen	(GER)	
	1	0,000 metres	
1	A Dubuy	(FRA)	44:19
2	L. Charbonneau	` ,	46:07
3	M. Grumemath	(GER)	48:24
4	S. Jarnmyr	(SWE)	49:23
5	P. Wiese	(COL)	50:16

Still able to cover 6¼ miles in the hour, Bob Roberts (73) must be able to hold his own with any walker in the World in the over-70 age group. In the VETERANS A.C. 5 Miles at Battersea Park on May 7th Bob finished 8th with a time of 47:06. And in the same race Charlie Speechley (86) clocked 73:04; he may not be able to hold Duncan Maclean over the running sprints these days but he surely has the edge when it comes to staminal

SOUTH LONDON HARRIERS

32nd. Open **30 miles** Road Race

(Under A.A.A. Laws)

2.30 pm, Saturday 7th. September, 1974 at Old Coulsdon, Surrey.

Medals to first VETERAN, first three to finish and first three teams (scoring 3).

Prizes to first VETERAN, first six to finish

and first three teams.

Time Gertificate, with Marathon time, to every finisher.

Entries (35p each plus 35p per team) to

M. P. Laker, 11 Woodmansterne Road, Coulsdon,
Surrey CR3 2DG.

CLOSING DATE 27th. AUGUST 1974

HIGHGATE HARRIERS

VETERANS 3×2½ MILES CROSS-COUNTRY RELAY at Parliament Hill Fields

Saturday, September 28" '74

1st Team-Shield and Medals 2nd Team-Medals 3rd Team-Medals

Three fastest times – Medals Fastest over 50-Medal Fastest over 60-Medal

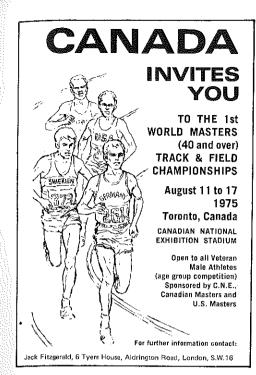
ine SCVAAA CC Relay Champ.

RACE ENTRY FEES; 50p PER TEAM (all classes combine) 25pEACH OTHER TEAM

Entries Close September 14th.

ENTRIES TO G. HARRISON 75 GALLOWS HILL LANE, ABBOTS LANGLEY, HERTS.

Kines Landen 63317



HIGHGATE HARRIERS

London Warathon

Saturday September 14th at 1.30

Coptall Stadium Hendon

First Man

Trophy and Prize

Medals

Next Two

Certificates

All Finishers

Entry Fee: 30p + S.A.E.

To: G. Harrison, 75 Gallows Hill Lane, Abbots Langley, Herts.

Entries Close August 31st 1974.

SOUTHERN COUNTIES VETERANS A.A.A.

4th Annual

VETERANS' NATIONAL TRACK & FIELD CHAMPS.

(Under A.A.A. Laws)

Sunday, August 11th, at 1 p.m.

COPTHALL STADIUM, HENDON

All Track events (incl. 3,000m Walk)

Classes 1, 2 and 3

All Field events (entries permitting)

Glasses 1, 2 ann 5

Medals to winners, Certificates to all competitors

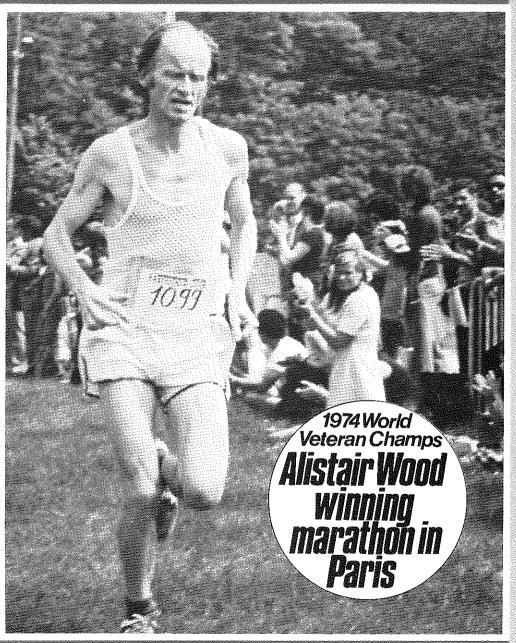
Entries to: G. Harrison, 75 Gallows Hill Lane, Abbots Langley, HERTS. (Tel: Kings Langley 63317)

25p + s.a.e.

Entries Close First Post 5th. August - NO LATE ENTRIES ACCEPTED

Velen





THE MAGAZINE OF THE Association of Veteran Athletes

JULY 1974 30p